

ARMY SERVICE FORCES  
Headquarters Seventh Service Command  
Omaha 2, Nebraska

ARBCL  
B-10

A AND R BRANCH CIRCULAR LETTER  
NO. B-10

18 January 1945

WAC PHYSICAL FITNESS CONTEST

1. Reference A and R Branch Circular Letters B-6 and B-9 — WAC Physical Fitness Contests.

2. The second quarterly phase of the WAC Physical Fitness Contest will be from 1-15 February 1945 as directed in War Department Training Circular #40, 16 June 1944.

3. Attention is invited to the above references for directions for the conduct of the competition in WAC Physical Fitness in the Seventh Service Command, and to letter, this headquarters, SPKTD 353 Tng (WAC) (17 Oct 44), subject: "Report of Physical Fitness Tests", for the procedure of reporting the WAC Physical Fitness Tests to this headquarters. Special attention is directed to line (b) (average of physical fitness rating scores), paragraph 6 (Test Results). This number should be carried to the third decimal place for purposes of administration.

4. In order to prevent the accumulation of medals by a few highly skilled individuals during the remainder of the contest, the following rules will prevail:

a. Medal winners will not be eligible for the same medal again, nor will they be eligible for medals of lesser value in succeeding phases of the contest.

b. At the conclusion of each quarterly phase of the contest, medals will be awarded to the three individuals in the service command having the highest scores for the phase, excluding previous medal winners in each of the three places.

c. WAC Physical Fitness Rating Report (Control Approval Symbol SPKTD-8-VC-13) should show the name and score of the enlisted woman eligible for an award, i.e., the winner of the Unit Contest who is eligible for service command award. All previous medal winners, names, and current scores should be shown on the reverse side of the afore-mentioned form.

5. A travelling trophy is to be awarded at the conclusion of this quarterly phase of the WAC Physical Fitness Contest, as well as in all the remaining phases, to the WAC Detachment showing the most improvement in the scores reported for the previous phase.

6. The information contained herein should be distributed to all WAC personnel.

BY COMMAND OF MAJOR GENERAL DANIELSON:

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