

32nd Annual
LAKE SEQUOIA RETREAT
AUGUST 14-20
1977

Hey there...

Once again it's time for the 32nd annual Lake Sequoia Retreat. (Funded in part by the NCJCCF) Below is all the information you'll need to register for Camp Redwood, so read on!!

PLEASE NOTE that LSR is one day shorter than usual. Contrary to the posters we sent out, LSR will begin Sunday, August 14, rather than Saturday, the 13th. Soaring costs have forced us to shorten our week.

Our theme this year is, " If you dare to reach out... " We'll be talking about some of the insecurities we all share. Explore them and try to learn to deal with them. We hope that thru our discussions, LSR will be a place where you can reach out to almost anyone. And after camp, perhaps you'll carry these ideas with you.

Our speaker will be announced at a later date.

-----VERY GENERAL SCHEDULE-----

A usual day at Camp Redwood goes like this....Wake up, Morning Watch, Breakfast & Clean up, Speaker's talk, Discussion Groups, Lunch and Clean up, Interest Groups, Organized Recreation, Freetime, Dinner & Clean up, Evening Activity, and Lights out.

*****WHAT TO BRING/WHAT WE DO*****

It can get very cold at night, and sometimes, just as cold in the mornings. The afternoons are usually sunny and warm, just what you'd expect on a beautiful summer day (Last year notwithstanding). We suggest informal grubby clothes for one week of dirt, heat and cold.

Our activities include lots of volleyball, swimming, and boating. There are two short hikes, basketball, a dance, and plenty of dust.

Remember, you're gonna be at camp for seven days, so pack accordingly. Don't forget:

Bug Spray	Holy Bible	Fishing Gear
Sleeping Bag	Letters & Stamps	Swim wear
Flash lite & Batteries	Camera & Film	Soap, Shampoo,
Musical instruments of any kind		Towels, etc..

Also, bring extra bucks for the camp picture (around 2.50) camp store, (Dry goods, snacks, etc). We DON'T RECOMMEND expensive jewelry or sound equipment. LSR and/or the YMCA cannot be responsible for lost or stolen items.

*****REGISTRATION INFORMATION*****

Price for entire week of camp is 81.00. We must receive your COMPLETED FORM by postmark of August 8. Price for part time is 13.50 per day (a flat rate that applies no matter when you come or when you leave. Price includes all meals, whether you eat or not.). We absolutely must have your completed registration form and medical release by postmark of August 8. Any forms postmarked Aug 9 will be returned. Any forms brought to camp will be turned away.

Any INCOMPLETE form will be returned immediately.

We prefer that you send us a check (no cash thru the mail please) rather than bring it up to camp. We feel this is safer for us and for you, since we don't like to keep all of your hard earned bucks at camp unprotected. Please try to cooperate with us on this point. MAKE ALL CHECKS PAYABLE TO LAKE SEQUOIA RETREAT.

If you are unsure if you can come to LSR because of a job, other prior commitments, mark the 'Possible' spot on the reg form. See the reg form itself for more details.

-----MORE REGISTRATION INFORMATION-----

If you are 18 yrs. old or younger, we MUST have the signature of your parent or guardian. We also REQUIRE that a NCJCCF (Northern California Japanese Christian Church Federation) affiliated minister or a minister approved of by the LSR Cabinet sign your form, NO MATTER what your age. Don't forget to put your own John Hancock on the form, too.... Should we receive your form without the proper signatures, it will be returned immediately.

Much more, turn over...

LAKE SEQUOIA RETREAT
C/o Emi Takizawa -Registrar
Fresno, Calif 93710

This information for:

1977

REGISTRATION INFO cont'

If you are not a member of a NCJCCF church (though you probably are, whether you know it or not.) we request that you have a NCJCCF or LSR Cabinet approved minister sign your form in the space- ' MINISTER SIGNATURE-MANDATORY' If you heard about us from a friend, chances are that his church is NCJCCF affiliated and his minister can sign for you.

If you can't find a NCJCCF church in your area, contact one of the names below for info.

IF YOU LIVE IN OR NEAR LOS ANGELES-We have made special arrangements for you. Please contact Jeri Endo at 827 E. Chevy Chase, Glendale 91205 (213)

Remember... even if your minister is on vacation, or sick, we must have your reg form signed.

*****THE BUS*****

Back by popular demand. Our bus will leave the JAPANESE CONGRE-GATIONAL CHURCH at 11:00 am Sunday, August 14. Cost is 6.00 round trip and 4.00 one way. This fee is seperate from the registration fee. You must mark the proper space on the reg form in order to secure a place on the bus. Don't forget a sack lunch. Our first meal at camp will be dinner. The church is at ' 806 Collins (at Inyo) Fresno, Ca (209) 264-6735. See the map on the page with the rules. Don't lose that map!

Send reg form & medical release to:

Emi Takizawa
LSR Registrar
Fresno. Ca 93710

In Bakersfield:
Susan Murotani

For special problems call our main man:

Steve Shiozaki
Chairperson
San Jose. Ca 95112

In Seaside:
Rev, Nick Iyoya

For general info in Stockton:

Ann Shimakawa
Communications
Stockton. Ca 95204

In San Francisco:
Dale Sakai