

REGISTRATION FORM

NAME _____ AGE _____ BIRTHDAY _____
last first

ADDRESS _____ CITY _____ ZIP _____

PHONE (____) _____
area code

In case of emergency, is there any other phone number we should know?

CHURCH _____ MINISTER _____

Attendance: FULL TIME _____
PART TIME _____
POSSIBLE* _____

VAN: TO LSR ONLY _____
FROM LSR ONLY _____
ROUND TRIP _____

***VERY IMPORTANT!!** If you aren't sure if you can come to LSR or not, READ THIS!

Even if there is only a chance that you can make it to LSR this year, send us your completed form with medical release, just in case. This way, your form is in our hands before the absolute deadline of AUGUST 1, and you can attend camp whether you are actually able to or not. If you are unable to attend, any fees paid to LSR will be returned immediately. If you check the 'Possible' line, we still need to know if you are full or part time, and we still need all of the proper signatures.

If PART TIME, check the days attending:

SUN MON TUE WED THUR FRI SAT

Name of one cabinmate (We CANNOT PROMISE) _____

Name of Interest Group 1st Choice _____

2nd Choice _____

Do not write below, for LSR Registrar's use ONLY!

PAID IN FULL _____ NOT ENCLOSED _____ AMT DUE _____

CABIN # _____ BUS STATUS _____

WORK GROUP _____ INTEREST GROUP _____

MISCELLANEOUS.....

7771

CAMP FEE _____ (85.00 fulltime/14.25 part time)

I will pay now _____

We prefer that you pay us now rather than at camp. Make checks payable to LAKE SEQUOIA RETREAT.

I will pay at camp _____

I am aware that in order to insure the success of the retreat for myself and for others, I must abide by all YMCA and LSR rules. I will strive to apply myself in a constructive manner throughout my stay at Camp Redwood, Lake Sequoia Retreat.

_____ FROM LSR ONLY
_____ ROUND TRIP

Attendance: FULL TIME _____
PART TIME _____
POSSIBLE* _____

Signature of conferee-MANDATORY

Signature of Minister

Signature of parent if conferee is under 18 yrs. old.

We cannot be responsible for reg or medical forms sent to Fresno area churches. PLEASE SEND ALL FORMS TO:

MARGIE YEMOTO
LSR REGISTRAR

SAT W TUE MON SUN

Fresno. Ca 93728

If you have questions about registration, write or call Margie.

Most people will be up at the lake by around noon Sunday. Activity will begin around 1:00pm...See ya then!!

PS--If you come up early, be sure to bring a lunch. Dinner will be the first meal served.

AMT DUE

NOT ENCLOSED

PAID IN FULL

BUS STATUS

INTEREST GROUP

WORK GROUP

.....

INTEREST GROUPS

Each of the following groups will meet once a day. Choose one, plus an alternate & mark it on the registration form. If you don't make the choice, we'll have to do it for you.....

a. Canoeing/Rowing. What better way to spend a lazy afternoon than by learning to row correctly? This group may be limited in size, so hurry and send in your form. Glenn Osaki and Cary Matsumura will set you straight.

b. Nature Study. Becoming more and more popular each year, Linda Yemoto will lead you on short hikes to the various flora and fauna near the lake.

c. Folksinging/Music Workshop. Once again, Peter Horikoshi and Mike Okagaki will be on hand at LSE to do some plucking & strummin'. Anyone interested in singing or playing their instrument is welcome.

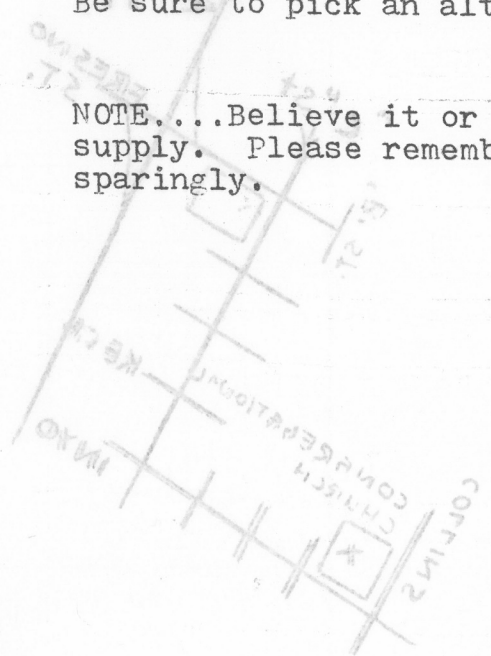
d. Lifesaving. If you are seriously interested in watersports, this may be for you. Dave Uriu will lead.

e. Basketweaving. Rev. Norio Ozaki is back again, to teach a favorite. Bring a few bucks to cover cost. Well worth the time and effort.

f. Volleyball. For those of you interested in learning some fundamentals, the Sequoiadome courts will be available. Raunchy volleyballs needed. (I hope they float! jk, jk...)

g. Archery. Bending your bow will be Wayne Yoshitomi. Enrollment and equipment may be limited here, also. Be sure to pick an alternate.

NOTE....Believe it or not, water is still in short supply. Please remember to use the precious stuff sparingly.



South on 99-Take Fresno St. exit. Turn right at the top of the ramp. Left at the first stoplight, you should be on "C" St. Turn right on Iyo St. (About the 4th street down. Pass a few blind intersections and the church is on the right.

Church Address: 808 Collins Fresno, CA 93708 (209)264-6735

leaves at 11:00am!

RULES!

READ WITH CARE!!

1. No alcoholic beverages or drugs of any kind allowed at Camp Redwood, Lake Sequoia Retreat. If you are found in possession of, or if you have consumed alcohol or drugs in any amount or form, not limited to 1. Any amount-One hit, gulp, etc. and 2. any form-beer, grass, wine, hash, etc, you will be brought before the cabinet for discussion of probable and immediate expulsion from LSR. There will be no refund of any fees, and you will not be allowed to attend Camp Redwood, Lake Sequoia Retreat the following year. (You may attend in two years) LSR will supply transportation to Fresno should you require it. LSR is not responsible for your actions once you leave YMCA property. Letters will be sent to your parents and minister, informing them of the situation.
2. Campers will make full settlements before leaving YMCA property.
3. Campers will see that camp is as clean as it was upon arrival.
4. Campers will keep cabins clean at all times
5. Campers will not deface YMCA property.
6. No boating or swimming at unscheduled times. Water sports allowed only with life guard on duty.
7. Camp Redwood boats will not be landed at other docks.
8. Standing or tipping of boats is prohibited.
9. No firecrackers or fireworks. Against U.S. Forestry rules.
10. SMOKING allowed only in designated areas.
11. No CABIN SWITCHING without cabinet consent.
12. Campers will not leave Camp Redwood boundries without clearance from the cabinet.
13. Campers will cooperate with the cabinet in all activities that must be carried thru to operate camp.
14. Decisions concerning campers unable to abide by rules will be brought before the cabinet for possible dismissal from camp.

MAP to FRESNO JAPANESE CONGREGATIONAL CHURCH

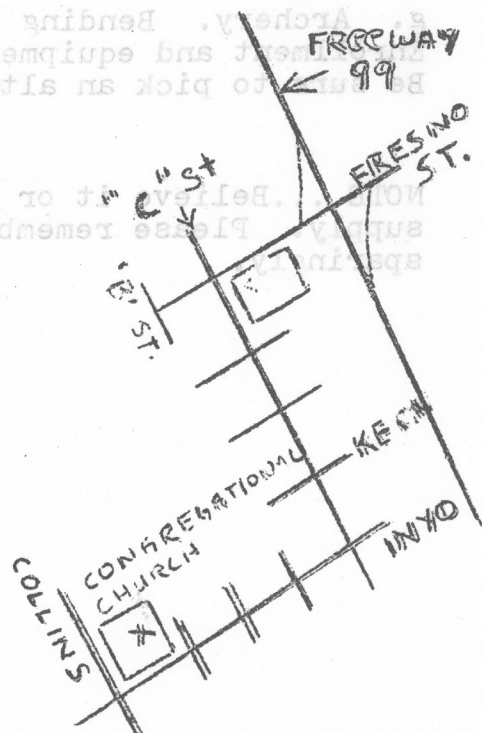
North on 99-Take Fresno St. Exit.
 Turn left at the top of the off-ramp. Turn left at the 2nd stop-light, and you should be on "C" St. Turn right on Inyo St. (About the 4th street down) Pass a few blind intersections and the church is on the right.

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 Turn right at the top of the offramp. Left at the first stoplight, you should be on "C" St. Turn right on Inyo St. (About the 4th street down. Pass a few bling intersections and the church is on the right.

Church Address:
 806 Collins
 Fresno, CA 93706
 (209)264-6735

leaves at 11:00am!

VAN



HEALTH CLEARANCE/MEDICAL FORM

NAME _____ BIRTH _____ mo/day/yr _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

EMERGENCY PHONE #'s _____

MALE _____ FEMALE _____

Health info is confidential and accessible only to camp medical staff

| DISEASE | CHRONIC OR RECURRING ILLNESS | | ALLERGIES | | | |
|-----------------|------------------------------|-----|---------------|-----|----------|-----|
| | YES | NO | YES | NO | | |
| Chicken pox | ___ | ___ | Ear Infect. | ___ | Hayfever | ___ |
| Measles | ___ | ___ | Heart Disease | ___ | Asthma | ___ |
| Ger. Measles | ___ | ___ | Convulsion | ___ | Drugs | ___ |
| Mumps | ___ | ___ | Diabetes | ___ | Insects | ___ |
| Rheumatic Fever | ___ | ___ | Behavior Dis. | ___ | Oak | ___ |
| Scarlet Fever | ___ | ___ | | | Foods | ___ |
| | | | | | Other | ___ |

RECURRING CONDITIONS

| | YES | NO |
|---------------|-----|-----|
| Fainting | ___ | ___ |
| Nose Bleed | ___ | ___ |
| Stomach upset | ___ | ___ |
| Sleepwalk | ___ | ___ |

CURRENT IMMUNIZATIONS

| | |
|---------------------------|----|
| D.P.T. SERIES | 19 |
| D.P.T. BOOSTER | 19 |
| Tetanus boost | 19 |
| (Must be within 10 yrs) | |
| POLIO SERIES | 19 |
| POLIO BOOST | 19 |
| MUMPS | 19 |
| MEASLES | 19 |
| GER. MEASLES | 19 |

Serious injuries or recent operations

Other diseases or details of the above

Any history of Epilepsy _____ yes _____ no

Do you know of any factor that makes it advisable for your child to follow a limited program of physical activity at altitudes of 5,000 ft? YES _____ NO _____

EXPLAIN IF YES

Has camper been exposed to any communicable disease within the last 2 weeks?

Is camper bringing medicine to camp? If yes, explain on back

Please list Health/Accident insurance policy and number

Parents are responsible for such expenses should they occur

Treatment Authorization:

In case of sickness or accident, the YMCA has my authorization to obtain at my expense, such medical attention as deemed necessary, if unable to contact me immediately. As parent/guardian, I also authorize my child to take part in any and all regular camp activities as limited above.

DATE _____

PARENT/GUARDIAN _____