

30th ANNUAL LAKE SEQUOIA RETREAT

WHEN: August 9 to August 16, 1975

WHERE: Kings Canyon National Parks
Camp Redwood, Lake Sequoia
Miramonte, Calif. 93633

WHY: To cultivate Christian leadership,
and to forward the realization of
deeper Christian living.

THEME: In God We Trust?

SPEAKER: Rev. Nobu Imaizumi

Hey gang, would you like to get away for awhile to think, to communicate with other people and to have some fun? Would you like to see some of your old friends again and make some new ones? Would you like to spend a beautiful week in the mountains, enjoying clean, fresh air and warm sunshine? Then you're ready for the 30th Annual Lake Sequoia Retreat!!!!!!

Yes sir, it's that time again and you can be part of it! Cost? Only 58 bucks! Or, if you can't stay for the whole week, \$8.50 per day. To get in on this fabulous deal fill out the attached registration form and mail before July 28th. If you don't send the reg. form before July 28th then it'll cost ya an extra \$7.00 (that's \$65.00). The last day we can accept late registrations is August 6th (postmark). Any forms coming after that will be turned away. Send your reg. form, medical info form and all fees (reg. fee, bus fee, etc.) to the following address. Make checks payable to Lake Sequoia Retreat. If you have any questions, don't hesitate to write or call (ask for Carol Sanbongi). We're here to help!

Lake Sequoia Retreat
3706 North 7th
Fresno, Calif. 93726
(209) 222-3956

Bus Info:

The bus from Fresno will leave Saturday, August 9th at 1:30 in the afternoon from the Japanese Congregational Church, 806 Collins (at the corner of Collins and Inyo) (209) 264-6735. Cost is \$5.00 round trip or \$4.00 one way to Camp Redwood. This is a separate fee and must be included with the reg. form and fee to secure a place on the bus.

What to bring:

The nights and mornings can get very cold and the afternoons can get very warm. Remember, you will be at camp for eight days. Among the activities will be hiking, swimming, volleyball, dancing, etc., so dress accordingly. Be sure to bring along a flashlight, Bible and some extra money (for the camp picture and stuff from the camp store). And don't forget your soap, toothbrush, shampoo and whatever,

ATTENTION

ALL CONFEREES UNDER 18 MUST HAVE PARENTAL SIGNATURE. FAILURE TO COMPLY WILL RESULT IN THE RETURN OF THE INCOMPLETE FORM WITH THREAT OF LATE REGISTRATION FEE. This is to insure you in case of accident and to protect us from liability. All groups must bring a responsible advisor from their respective areas. ALL FORMS (FULL AND PART-TIME) MUST BE SENT IN. YOU MUST SEND IN A REG. FORM BEFORE AUGUST 6th OR YOU WILL BE TURNED AWAY. WE WILL NOT ACCEPT ANY FORMS DURING THE WEEK OF CAMP! Conferees staying at camp must board in cabins.

CAMP RULES

- 1) Campers will make full settlements for damages before leaving.
- 2) " will see that camp is left as clean as it was upon arrival.
- 3) " will keep their cabins clean at all times.
- 4) " will not leave camp w/o clearance from an advisor.
- 5) " will park all motor vehicles in designated areas.
- 6) " will not deface camp property.
- 7) " will cooperate w/ cabinet in all activities and functions that must be carried through.
- 8) No boating or swimming except at scheduled times w/ lifeguard on duty.
- 9) Camp Redwood boats will not be landed at other docks.
- 10) Standing or tipping of boats is prohibited.
- 11) Life jackets will be worn while boating.
- 12) No firecrackers, (against U.S. Forestry Regulations) and smoking allowed only in designated areas!
- 13) Decisions concerning discipline of campers unable to abide by camp rules will be brought to the cabinet for possible dismissal from camp!!

CAMP RULES - Con't.

- 14) No alcoholic beverages or drugs of any kind allowed at camp. If you are found in possession of, or if you have consumed alcohol or drugs in any amount or any form, not limited to (a) any amount (one gulp, sip, hit, etc.) and (b) any form (beer, whiskey, grass, etc.) you will be brought before the cabinet for immediate expulsion from camp. There will be no refund of camp fees and you will not be allowed to return to camp the following year. LSR will provide transportation down to Fresno in the event you are expelled from camp. After you have left YMCA property we are no longer liable. Letters will be sent to parents & to your church's minister.

General schedule:

COCK-A-DOODLE-DOO, That for the day, Quiet time, BREAKFAST, Clean-up, Morning Talk, Communication group, CHOW TIME, Clean-up, Interest groups, Organized recreation, Free time, GOHAN!! , Clean-up, Fellowship, Evening Vesper, SNOORE.....ZZZZZZZZZZ

We are pre-assigning interest groups. Please select from the following list and mark your choice on the registration card in order of preference.

A. CRAFTS

Project info will be available at a later date, but be sure to bring along an extra \$5.00 to cover any expenses.

B. FOLKSINGING

This is a chance for all you budding Jim Croces and Carol Kings to get together to sing for fun and services. We urge you to bring along your guitar, flute, harmonica, kazoo, etc.

C. NATURE STUDY/SPORTS AND GAMES

Short afternoon hikes to unknown points of interest surrounding the vast Lake Sequoia. Sports and games include badminton, horse-shoes, volleyball, ping-pong and others.

D. BIBLE STUDY

This will take a deeper look into the how and why of the Bible. Make sure you bring along a Bible for this one.

E. JAPANESE & CALLIGRAPHY

If you would like to get to know the art of speaking and writing the Japanese language a little better, this is the interest group for you.

REMINDER: YOU MUST INCLUDE YOUR SIGNATURE ON THE REGISTRATION FORM. ALSO YOU MUST HAVE YOUR PARENTS SIGNATURE IF UNDER 18 AND YOUR MINISTER'S SIGNATURE. ALL ARE ABSOLUTELY MANDATORY. REMEMBER THE REGISTRATION DEADLINE IS AUGUST 6th. FAILURE TO COMPLY WILL RESULT IN THE RETURN OF FORM.

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Fresno, Ca. 93703

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 - 4) Will not leave camp w/o clearance from an advisor.
 - 5) Will park all motor vehicles in designated areas.
 - 6) Will not deface camp property.
 - 7) Will cooperate w/ cabinet in all activities and functions that must be carried through.
 - 8) No posting or swimming except at scheduled times w/ lifeguard on duty.
 - 9) Fresno, Calif. 93706
 - 10) 806 Collins
 - 11) c/o Japanese Congregational Church
 - 12) Lake Sequoia Retreat (against U.S. Forestry Regulations)
 - 13) Decisions concerning discipline of campers made by committee will be brought to the cabinet for possible dismissal from camp!
- NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
PERMIT NO. 122
FRESNO, CALIFORNIA

1975 LAKE SEQUOIA RETREAT PRE-REG. FORM

NAME _____ AGE _____ GRADE _____ BIRTHDATE ____/____/____

ADDRESS _____ CITY _____ ZIP _____ PHONE _____

ATTENDANCE: FULL TIME _____ BUS _____ TO LSR _____
 (\$58) FROM LSR _____
 PART TIME _____ ROUND TRIP _____
 (\$8.50 per day)

check days attending:

Sat ☐ Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

TOTAL FEES _____
 (including bus fee, late reg fee, etc.)

NAME OF YOUR HOME CHURCH _____ CITY _____

NAME OF CABINMATE (cannot promise) _____
 (please no funny business, only one name)

DO NOT WRITE BELOW THIS LINE; REGISTRARS USE ONLY

PAID IN FULL _____ NOT ENCLOSED _____ AMOUNT DUE _____

CABIN NUMBER _____ BUS (TRANSPORTATION) STATUS _____

I am aware that in order to insure the success of the Retreat for myself and for others I must abide by all LSR and YMCA rules and that I should strive to apply myself in a constructive manner throughout my stay at Camp redwood, Lake Sequoia Retreat.

Furthermore: I realize that if I am found having consumed or found in possession of alcoholic beverages or drugs not limited to: A) any amount (1gulp, sip, hit, etc.) B) any form (beer, whiskey, marijuana, etc.) I will be brought before the LSR Cabinet to immediate expulsion from the camp, with no fees refunded. If caught in violation of any of the stated rules I understand that a letter will be sent to my parents, home church and my minister. I also understand that I will not be allowed to return to LSR the following year. If needed, transportation will be provided by the Cabinet back to Fresno. I realize that the sponsoring organizations will not assume responsibility of actions taken upon departure from YMCA property.

IMPORTANT:

Pre-registration deadline is July 28, 1975. A late fee will be charged if postmarked later than that date.

(Signature of conferee--MANDATORY)

(Signature of parent if under 18)

Forms will not be accepted past August 6, 1975

(Signature of Minister-MANDATORY)

NOTICE PLEASE READ ALL ENCLOSED AND PRINTED INFORMATION BEFORE SIGNING