

Volunteers ...

Main Spring

OF

SUMMER
1969

OAKLAND - SOUTH ALAMEDA COUNTY CHAPTER, AMERICAN RED CROSS



HELP
WANTED

" VOLUNTEERSEARN THE HIGHEST PAY IN THE WORLD !!!
In fact, you can't get this kind of pay ANY OTHER WAY....
LEARNING...Making New Friends....The Joy of doing for others...
Satisfaction, Respect....Happiness...I could go on ..and on.. "

DRIVERS

For Motor Service. You are eligible if you have a valid driver's license and are of legal age.

OFFICE AIDES

Several departments have openings. Try to give one day per month.

Call the chapter at 533-2321 Mon-thru-Friday.

CLERICAL

Help needed in each department. Work consists of typing, filing, learning the switchboard and routine office work.

... NURSING INSTRUCTORS ...

* TEACHING CLASSES AT HEADQUARTERS, OAKLAND, AND IN SOUTH COUNTY AREAS *
* * * * *

HOSPITAL

SERVICES - a new specialized service of shopping for Convalescents could use any number of adult volunteers to replace the students when they go back to school. Call Mary Leuci at Chapter.

SOCIAL WELFARE AIDES

in Service to Military Families department and in Disaster operations

MESSAGE FROM BARBARA PECK, CHAIRMAN OF VOLUNTEERS:

CALLING ALL "COOKIES"

i.e. all who like to bake cookies!

Call Lillian Klawans, 834-4341 if you can manage to whip up a batch for the Red Cross Lounge at Oak Knoll. The need is great since the Lounge has been reactivated after a year. All kinds of cookies.

"WE HAVE MANY REQUESTS FOR PERSONS TO VISIT "SHUT-INS", TO CALL THEM ON THE PHONE, TO ACCOMPANY THEM ON WALKS, TO READ, ETC. THIS IS THE "FRIENDLY VISITOR" PROGRAM. WE DO NOT WANT TO UNDERTAKE THIS PROGRAM UNLESS WE CAN FIND ENOUGH VOLUNTEERS."

ARE YOU WEARING YOUR UNIFORM PROPERLY?

In our nervous nuclear world - with everyone oriented toward space and the gigantic strides we are taking - who knows when more than just mere earthlings will be looking over the uniformed Red Cross volunteers. They just could be hoping to start a program of their own - and wouldn't you like to be selected to help.

Now is high time to take stock of ourselves and look over regulations and ask ourself the lead question? Am I wearing my uniform properly? Here are the rules:

Hats and short white gloves are worn on all official and/or formal occasions. The hat should not be worn with the crown cut out. The edges are to be tucked in making a neat and complete job. Check Community Relations if; you are in doubt.

JEWELRY? Only your watch and wedding rings are appropriate.

HEMLINE - should NOT BE ABOVE MID-KNEE.

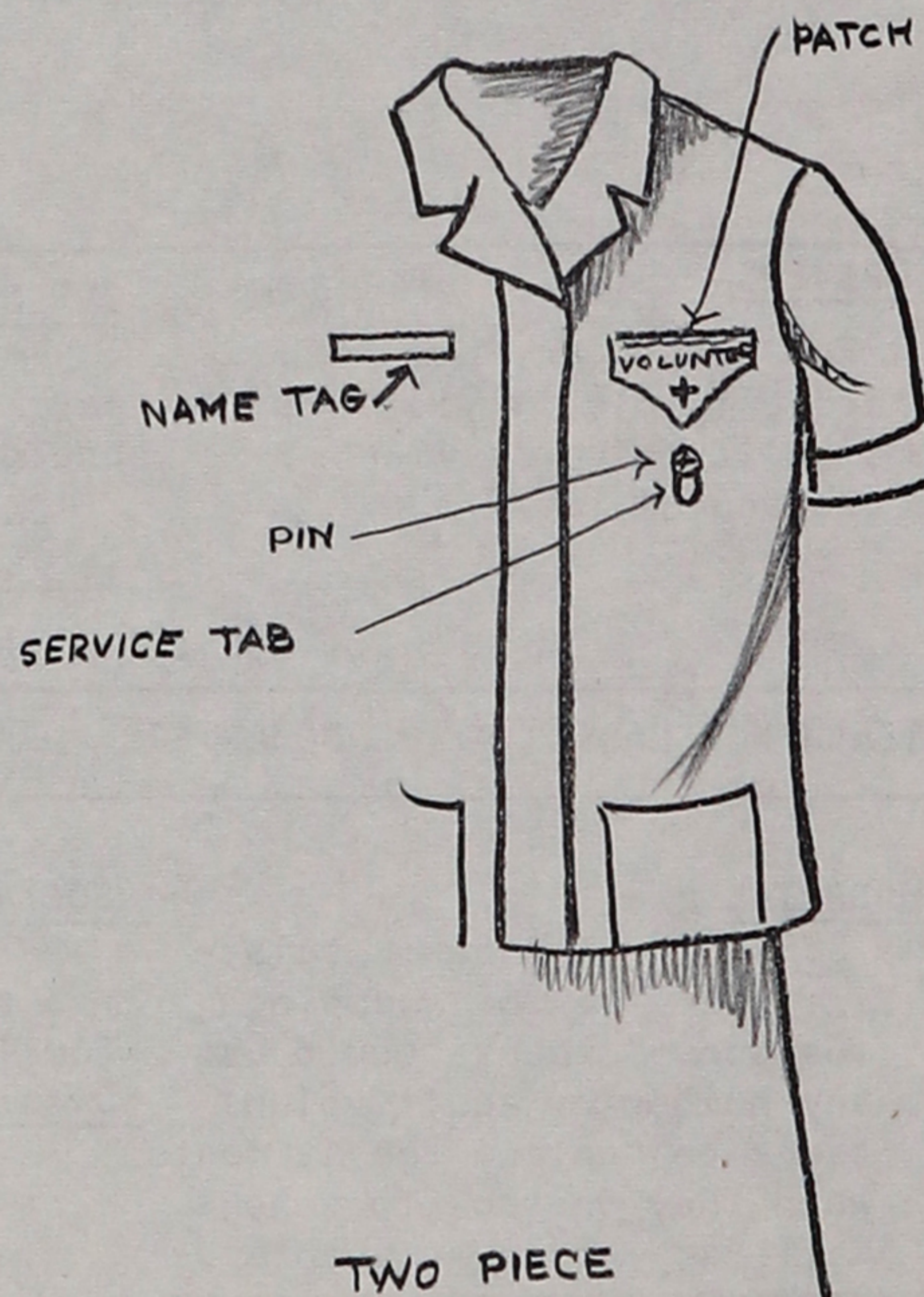
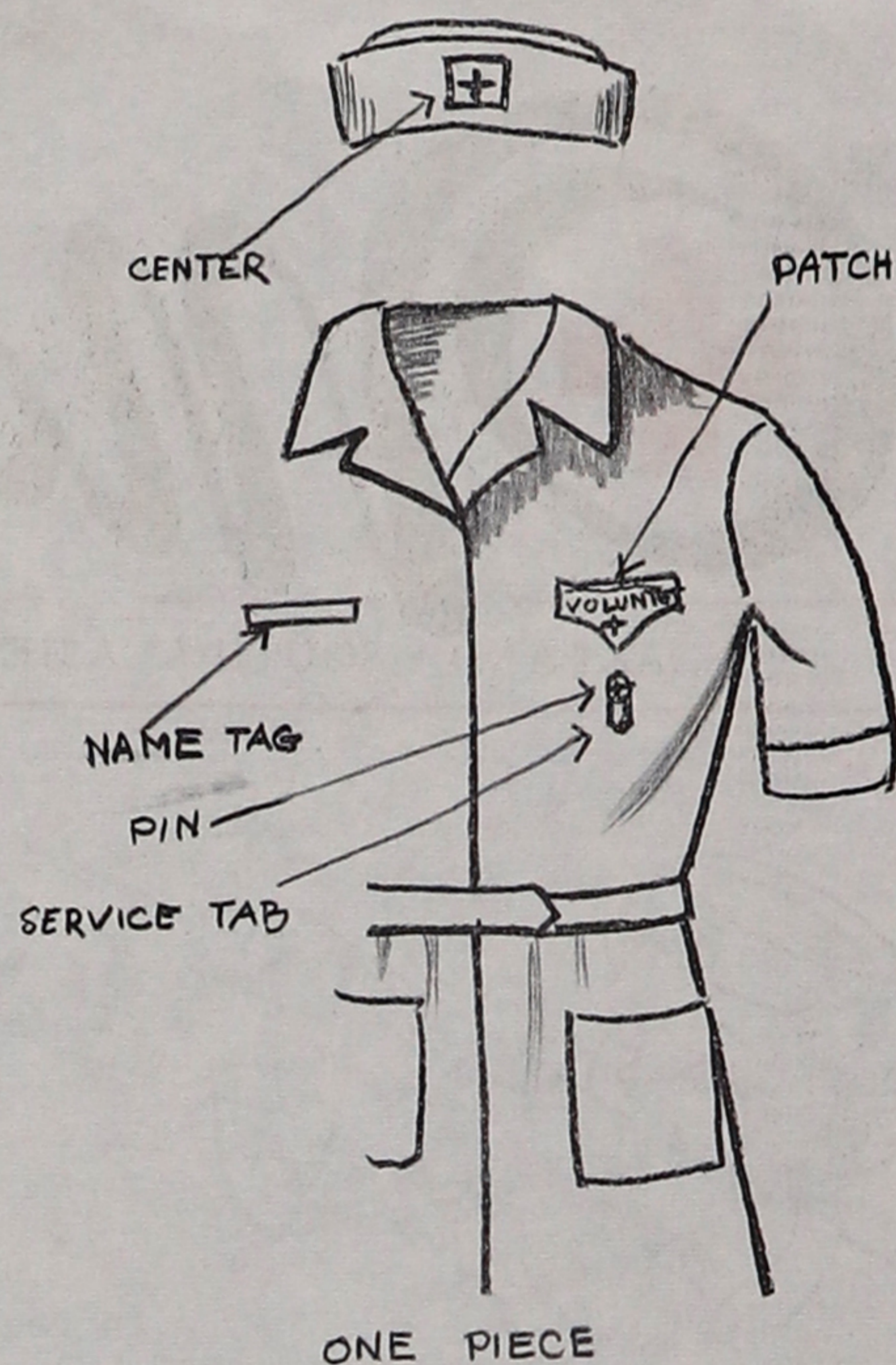
SHOES - Plain black or white leather pumps or oxfords, with no ornamentation; low or medium heel, with CLOSED TOE AND HEEL. Black shoes can be worn with summer suit.

REMEMBER ALSO that the new small button for service is worn on the LEFT side 1/4 inch below the Red Cross insignia with the proper 2, 3, or 4 year tab. This small button takes the place of ALL OTHER volunteer pins. NAME TAG is worn on the right side, opposite your service button, if you wear a name tag.

NEW - The one-piece uniform is blue and white dacron-cotton narrow stripe cord is now AUTHORIZED for VOLUNTEERS, as well as STAFF, for which it was formerly authorized. The wide-stripe cord material is now discontinued.

EMBLEMS for this one-piece dress must be ordered from the regulation supply channels through the chapter.

SMOCKS and PINAFORE and pinafore caps are not available from any authorized manufacturer and must be made by the individual from approved pattern and the material can be purchased through the chapter.



The theme for World Red Cross Day, 1969, was "IN A CHANGING WORLD RED CROSS STANDS FOR TOMORROW."

TODAY, member nations of World Red Cross do not dwell on the past, but focus their attention and humanitarian efforts on the present in order to lay a foundation for building of a better tomorrow.

WORLD RED CROSS day this year celebrated the 141st anniversary of Henri Dunant, Red Cross founder; and the 50th anniversary of the League of Red Cross societies- formed May 5, 1919.

The 111 members of the League include the American Red Cross and 96 countries which adopted the symbol of their organization, a red cross on white background - the reverse colors of the flag of Switzerland, native land of Dunant, and headquarters of the League.

RED CRESCENT societies are located in 13 Moslem countries; and in Iran, the RED LION and SUN, and all are symbols of humanity.

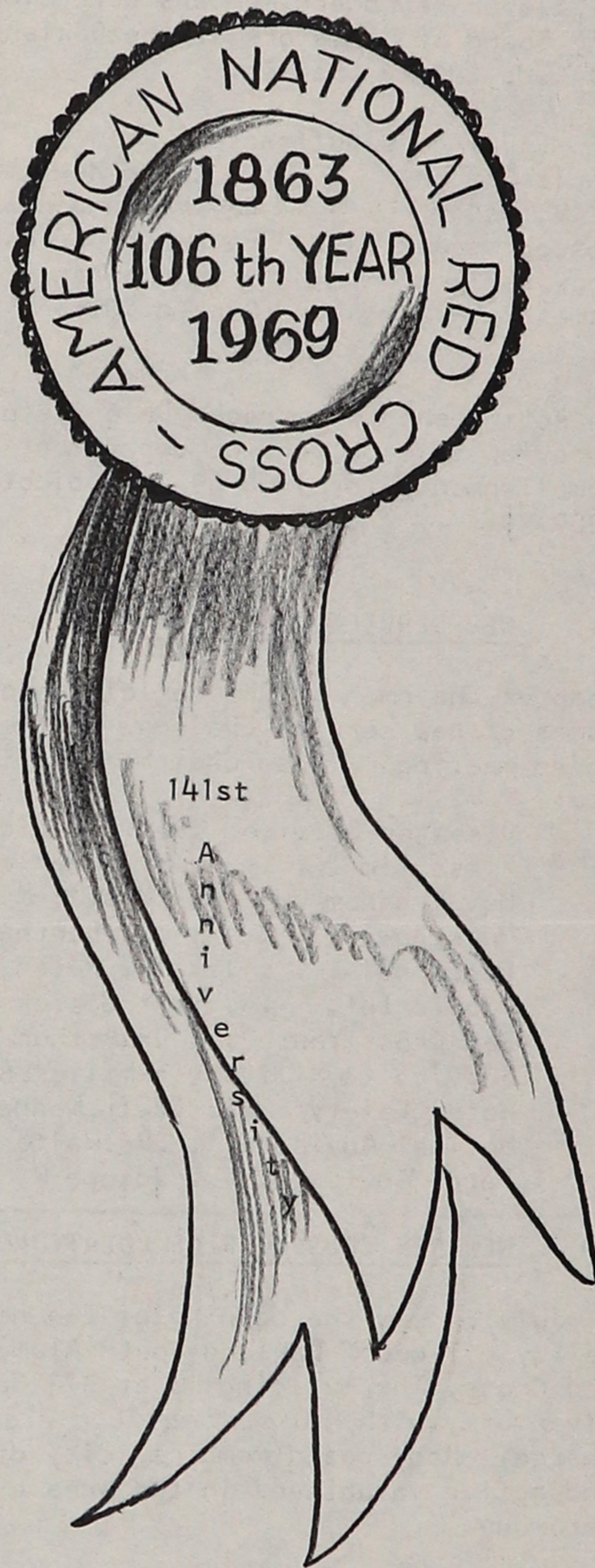
RELIEF FOR SOUTH AMERICAN COUNTRIES

American National Red Cross is extending relief to both sides of the conflict between El Salvador and Honduras.

One hundred fifty units of serum albumen were rushed to Honduras in response to an appeal from the Honduras Red Cross society. Plasma is to care for civilian victims of bombing raids.

Red Cross sent \$4,000 for food purchases, \$1,000 of which came from the Red Cross Youth Service fund, to help care for refugees from the strife torn areas. These refugees were mostly Salvadorian agricultural workers who fled their homeland when the fighting erupted. In addition American National Red Cross is airlifting 3,400 pounds of clothing and 2,000 pounds of assorted medical supplies to El Salvador.

Red Cross Youths working in both of these Central American countries, two of whom are from California, have been evacuated and re-assigned to other Central American centers. A corps of these young people have been working in these countries each summer teaching First Aid, Swimming and Nursing, as well as Mother-and-Baby-Care classes.



OF THE BIRTH OF HENRI DUNANT, RED CROSS FOUNDER.

NEW BOARD MEMBERS

Eleven new board members were elected to the Board of Directors of the Oakland-South Alameda County Chapter:

- | | |
|---------------------|-----------------------|
| Dr. Reed Buffington | |
| Boris Gregory | Don Hewlett |
| E. V. McCoy | Rev. Alex Jackson |
| Joseph W. Jay, Jr. | Father Bruce Pardella |
| Rock LaFleche | Arthur Moran |
| James P. Riley | Gerald Smith |

Acting chapter manager Dale Roe presented a review of each service department's accomplishments for 1968-69 and objectives for 1969-70.

NEW SERVICE CHAIRMEN

Chapter Chairman Loy Chamberlain announced the names of new service chairmen at the June 20 board meeting. These chairmen for 1969-70 are:

- | | |
|--|----------------------|
| Disaster Service | Tom Varela |
| First Aid | Charles Friedman |
| Hq. Program | Mrs. J. M. Dickinson |
| Nursing | Bertha Cunliff |
| Personnel | Peter Kristich |
| Public Inf. | Frederick Monteagle |
| Red Cross Youth | Dr. Arthur Larson |
| Service to Military Families, Allan Peck | |
| Water Safety/Small Craft, Kenneth Grayam | |
| Medical Advisor | Dr. Walter Byers |
| Legal Advisor | Joseph W. Jay, Jr. |

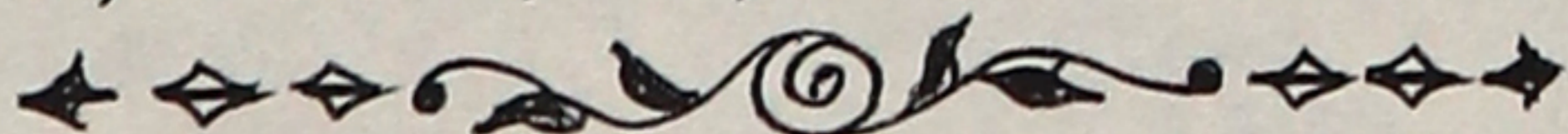
NEW RED CROSS OFFICE LOCATIONS

July 24 saw the opening of the new Twin Valley office of Oakland-South Alameda County Red Cross. The building is at 373 North L. Street, Livermore, with new staffer Ruth Pierce now in charge. Many board members, city dignitaries and active volunteers in the area attended the ceremony.

July 15, the Washington Township office in Fremont moved to more commodious quarters at 43000 Sumter Avenue, near Delaware. Mary Delcour, administrative assistant, can now turn around without going outside.

staff *** Recognition

Chapter chairman presented 35-year service pins to Dale Roe and Stanley Wyatt; 25-year pins to Maida Henderson, Delphine Ohman, Grace Kane and Violet Unland; and 20-year pins to Madelyn Beattie, Mary Belle Doub and Elaine Gray.



The annual Red Cross Leadership Development Conference is holding its week-long session at this writing, and will end July 26. Thirty two delegates from the Oakland-South Alameda County chapter are attending, according to Youth Chairman, Dr. Arthur Larson. Youth Director, Miss Katharine Spencer is in charge, assisted by Miss Patricia "Trisha" Miller.

The workshop will again be held in the Valley of the Moon. Delegates will participate in a diversified curriculum covering many methods of material presentation.

The aim of the Red Cross Youth program, in the words of chairman Larson, is "to acquaint youthful members of our society with the need of the communities in which they live. And, secondly, getting them personally involved in helping others."

QUARTERLY RECORDS

For the quarter ending June 30, 640 hours were spent by 41 volunteers in the Youth program... in addition to 419 hours service to patients in convalescent hospitals.

A stepped up program has begun now that school is out for the summer and youth groups are expected to be placed at some 21 convalescent hospitals, homes for the aged, sanitarium, Children's Fairyland, Knowland State Park, Cerebral Palsy Center, U. S. Naval Hospital, Veterans Administration Hospital, schools for the handicapped and retarded, and others upon request.

It has been pointed out by experts that by 1970 approximately HALF THE POPULATION of our United States will be 25 or younger. The Red Cross, realizing that emerging leadership must come from those now approaching adulthood, is doing its part. The Leadership Development Conference is one example. There are many more on record.

QUARTERLY SUMMARY, VOLUNTEERS Period ending 6-30-69

Oakland-South Alameda County chapter records reveal the total figure of 23,085 hours of service put in by 422 volunteers during the quarter. A big upswing is usual during the summer and the figures will be reported in the Autumn Mainspring.

MILITARY AND VETERANS HOSPITALS

Combining the records of the Chairman of Hospital Services, Mary Leuci, Unit Chairman of the VA Hospital, Mary Margaret Sims and U.S. Naval Hospital Unit Chairman Lillian Klawans, we find 108 regular volunteers gave 5,788 hours time.

SURGICAL DRESSINGS

The dependable team of "surgies", as they are fondly called by A.R.C. members, produced dressings and rolled for 1131 hours for U.S. Naval Hospital at Oak Knoll.

Welfare Aides Service to Military Families

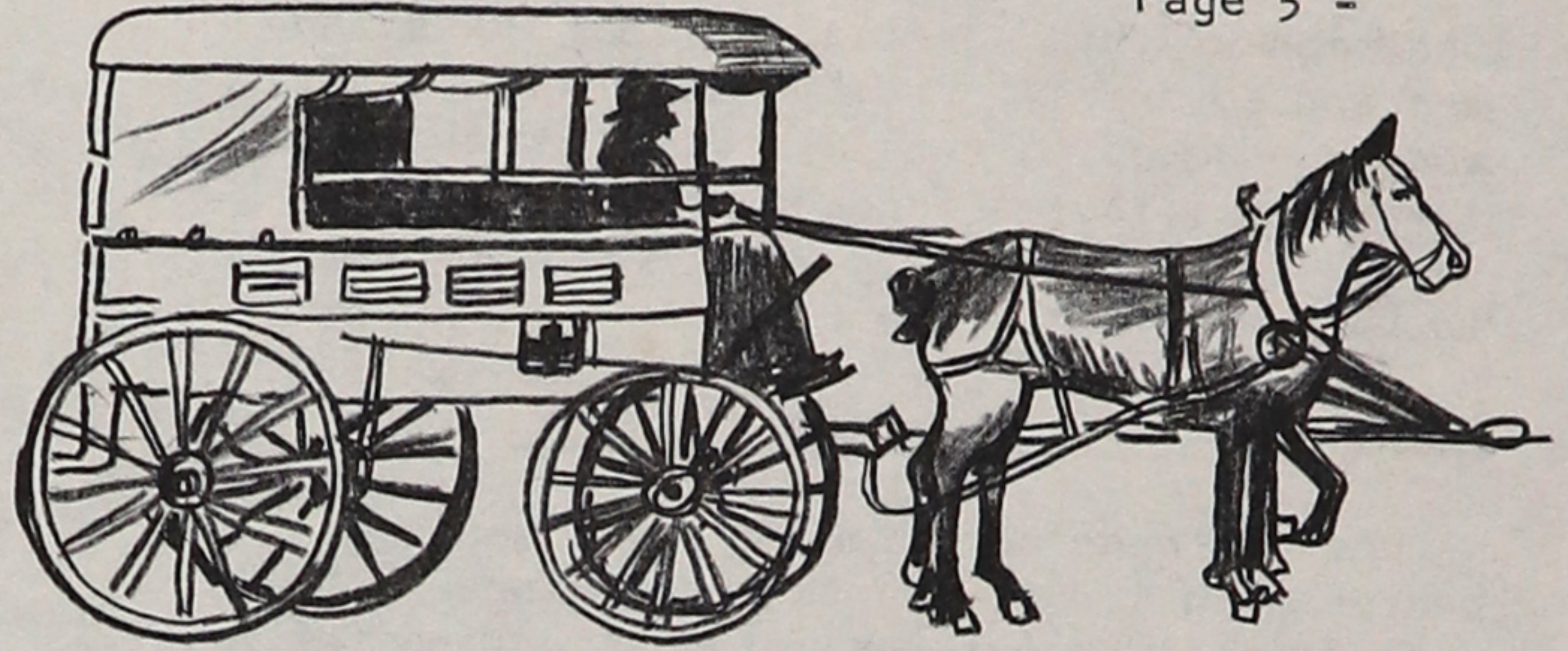
Eighteen volunteers accounted for an awful lot of detail work - 997 hours to be exact - the last three months. This time was needed to give the required service to military families in the area.

Office Aides Supporting Red Cross Programs

Chairman of Volunteers, Barbara K. Peck, announces a record of 31 volunteers for the quarter who gave 1,810 hours time to support Red Cross programs. Office aides are sometimes the "unsung heroines" - to the public at large, and praised constantly by the chairmen and general staff who could not get along without them.

PUBLIC INFORMATION

Combining community services with disseminating information to the public, the four volunteers during the quarter period put in 48 hours time.



TRANSPORTATION SERVICES

The above cartoon is a replica of vehicles at Red Cross disposal in the Clara Barton era (when she founded Red Cross in the USA).

Our modern station wagons are a far cry from such cumbersome methods of transportation - and looking to the space age possibilities - who knows what inventors may come up with in which to transport people. Chairman of Transportation Service, Harry Mertell, hopes a better method or vehicle will come into use shortly, but until that time he could use more drivers to man the existing fleet of cars.

During the quarter 37 drivers logged 3,178 hours driving time. This ratio of hours to volunteers is high, pointing out the need for additional drivers, especially during the summer when vacations interrupt the volunteer routine.

PRODUCTION SERVICE QUARTERLY

Chairman Jo Dornenburg of Production has taken over a big part of the special service project of Christmas Gift bags to servicemen to relieve Barbara Peck, but still finds time to supervise the home sewing and knitting program.

Knitted afghans, toe socks, crutch pads and hospital slippers are done by women in the home, with thread obtained through the chapter. These items as well as hospital bags and cloth slippers are for military hospitals. Layettes are also made on home sewing machines by another crew of volunteers.

15 volunteers gave 682 hours to this particularly vital service.

FIRST AID

Charles Friedman

Chairman of this service/reported 104 standard and advanced First Aid training classes were conducted in the last three months with 1,493 certificates issued. He is proud of the 47 volunteers who gave 3,185 hours time to this vital service.

Water Safety and small Craft

One hundred forty four classes were conducted with 1,066 volunteers earning certificates in water safety, according to the chairman, Kenneth Grayam. This also includes swimming and life saving under the overall "water safety" label.

Twenty six volunteers gave 3,865 hours time in support of the program.

NURSING SERVICES

Classes were conducted in Mother and Baby Care, Care of the Sick and Injured and Baby Sitting courses given this quarter according to chairman Bertha Cunliff. 73 classes enrolled 969 persons with 885 earning certificates.

Nursing programs and classes required 26 volunteers to put in 394 hours service.

ORIENTATIONTraining of Volunteers

According to chairman Mignon Spiegelman eight volunteers gave 59 hours in support of volunteer training. She was assisted by Gertrude Whitman, former Chairman of the Office of Volunteers, etc.etc. - you name it and she has chaired it -- and another versatile volunteer Anne Haslet.

BLOOD BANK

Serving as aides for the last quarter period two loyal volunteers gave 56 hours time to this life-sustaining program.

INDUCTION CENTER

Three volunteers were required to give 44 hours service to serving coffee and cookies to incoming inductees from northern California and Nevada. Known formally as the Armed Forces Examining and Entrance Station.

HEADQUARTERS SERVICES

Chairman of this program, Mrs. J. M. Dickinson, reports two volunteers gave 150 hours service during March and April. She also coordinates the Military Wives program which is reported in detail on the Personalities in Red Cross Spot Light page, #7.

DISASTER RELIEF SERVICE

Twelve families totaling 70 persons were involved in fires during the past quarter, according to chairman Tom Varela. Red Cross assistance was requested and emergency food, housing and clothing needs accounted for the expenditure of \$1,679.00.

Volunteers numbered 19 for the quarter with 180 time donated.

OFFICE OF VOLUNTEERS

In order to administer the Office of Volunteers one person was on the job 47 hours.

ADMINISTER THE CHAPTER

Chapter affairs are handled by the Board Members who meet once a month and, according to the Chapter Chairman Loy Chamberlain, business affairs required 221 hours time given by an average of 37 members.

OPERATION "SHOP EARLY" a special project for ditty bags for servicemen, was supported by three volunteers 225 hours.

A CERTIFICATE OF APPRECIATION "for meritorious service" was presented to Mrs. Natalie Griffin, a twenty year volunteer with the chapter, at the Armed Forces Examining and Entrance Station (induction center) in Oakland July 16. Presented by Major King, the award reads in part "Mrs. Griffin's actions materially contributed to the overall morale of countless enlistees and inductees." Natalie coordinates the coffee and cookie service of Bay Area Red Cross chapters to incoming inductees from Northern California and Nevada.

SAFETY SERVICES Director, Stan Wyatt, participated in the ARC Small Craft School at the University of Washington in June. Six Western states were represented by 36 young people and 97 instructor certificates were issued.

SUZANNE STEBBINS, daughter of Administrative volunteer secretary Mrs. Irving Stebbins, is currently on a six weeks study course through six European countries.

GERVAIS (Gerry) FERNANDEZ, president of the Toronto-North York Br. of the Canadian Red Cross, visited here over the week end. A special visitor to the chapter, he exchanged views with chapter directors, community relations staff and chairman Loy Chamberlain.

"President" in their service is the equivalent of Chapter chairman in ours.

MILITARY WIVES they were and still are, but according to the chairman of this service out of SMF, Mrs. J.M. Dickinson, the regular group meeting each Tuesday at headquarters between ten and eleven a.m. have decided to call the club "WAITING WIVES". While waiting, these young women meet once a week, bring their children - sometimes there are 3 baby sitters on hand for free to care for the wee ones - and while they are being watched over - listen to a variety of programs designed for personal betterment, make new friends, plan outside activities like a camping trip to Brighton Beach in the near future and generally pass the time pleasantly with others who share a common interest. They have had a lecture on SAFETY from Mr. Richard Schulder of Fire Department, Oakland, #23 Engine, a charm course from the Patricia Stevens School of Charm and a demonstration by Mary Ross of Pennyrich International.

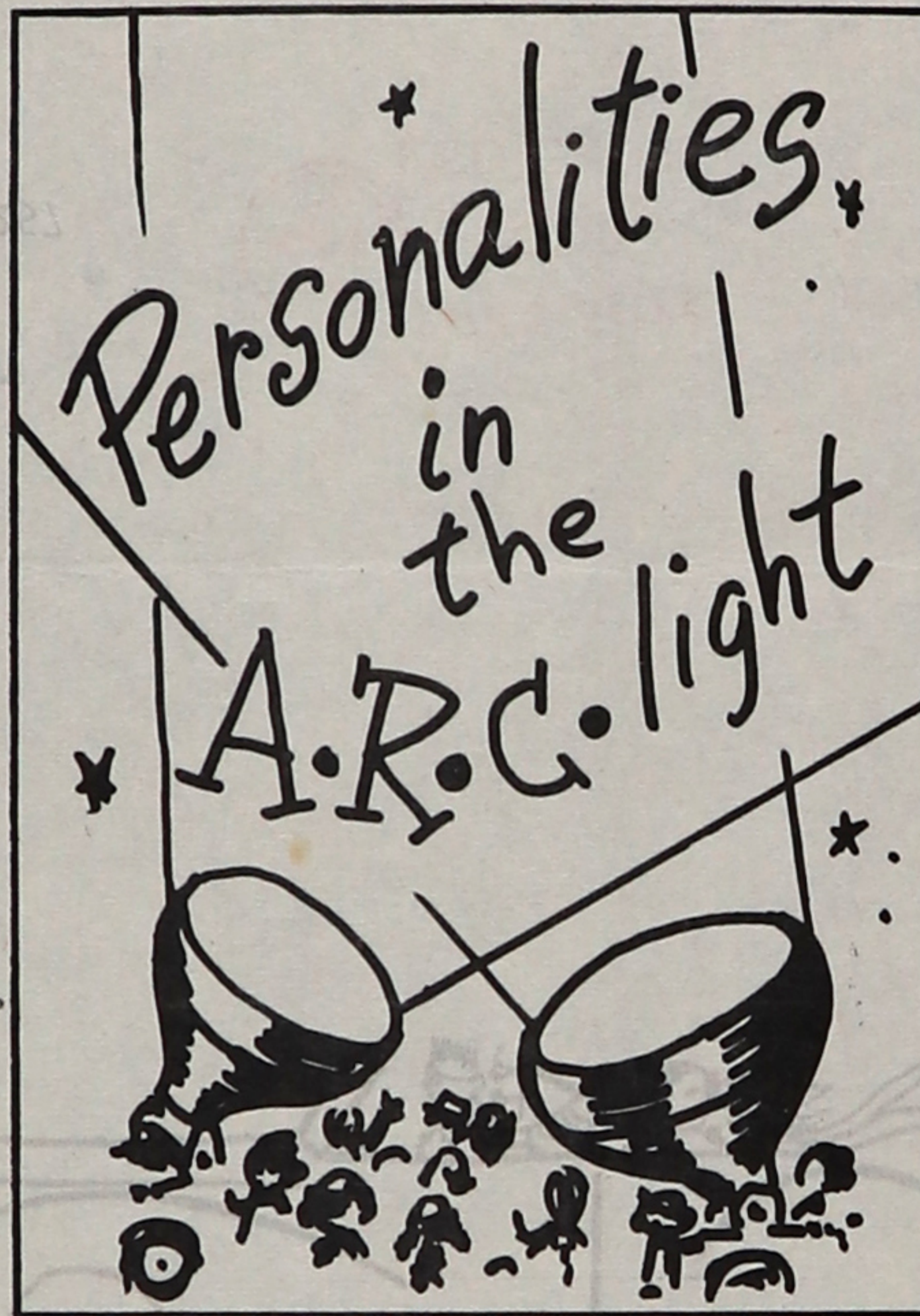
Leaders in the group are Mmes. Marilyn James, Cathy Davis, Yvonne Dees, Sharon Quigley, Paula Overholzer, Caroline Jackson, Judy Willburn, Jimmy Caldwell, Verna Harshman and Vera Mitchell. The wife of any serviceman is urged to join them each Tuesday and enjoy a few hours of fun and learning.

RED CROSS YOUTH - Patricia "Trisha" Miller, a junior at the University of California at Santa Cruz (a psychology major in child psychology) will be serving with the chapter as college assistant for Red Cross Youth during the summer. She comes to the chapter with experience of two years volunteer service on the staff Leadership Development Conference, a council chairman in 1966-67 and college volunteer. Trisha will be handling the coordinating of volunteers, college activities and assisting high school leaders in setting up programs.

RECORDS Department Helen VanDyke will sorely be missed from her desk while she is on a trip to India and the orient. She will be visiting friends and checking the progress they are making at the orphanage there where she spent a lot of effort and energy some years ago. Then on to Hong Kong.

AFTER 19 years AVA SCHMIDT of SMF will be a H.H.W. come September one. Since 1950 she has done outstanding work but will retire to becoming once again a happy housewife and devote herself to "Operation Home Front."

CLIFF HADLEY (Red Cross Jack-of-all-trades in R.C. work) who so nobly carried on in the capacity of Asst. Manager from February to July 15 - has returned to the United Crusade. We are loath to see him go, but having been here a few months we hope he will be inspired to help carry the United Campaign fund ball over the goal line this fall.

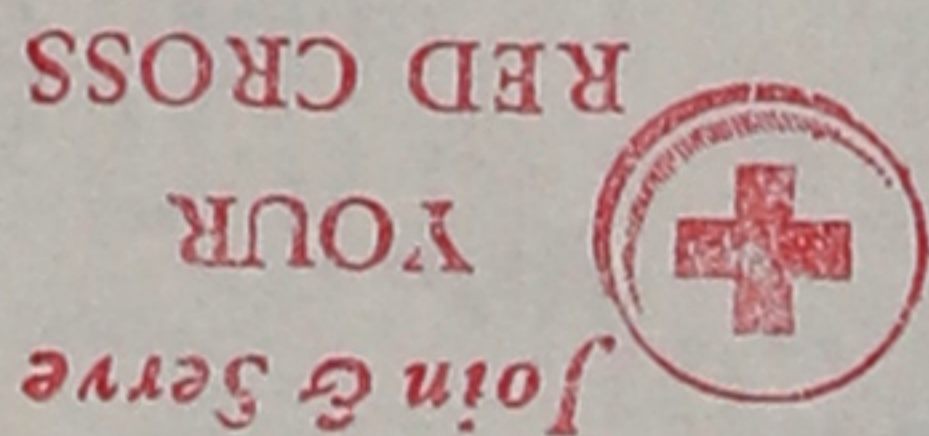


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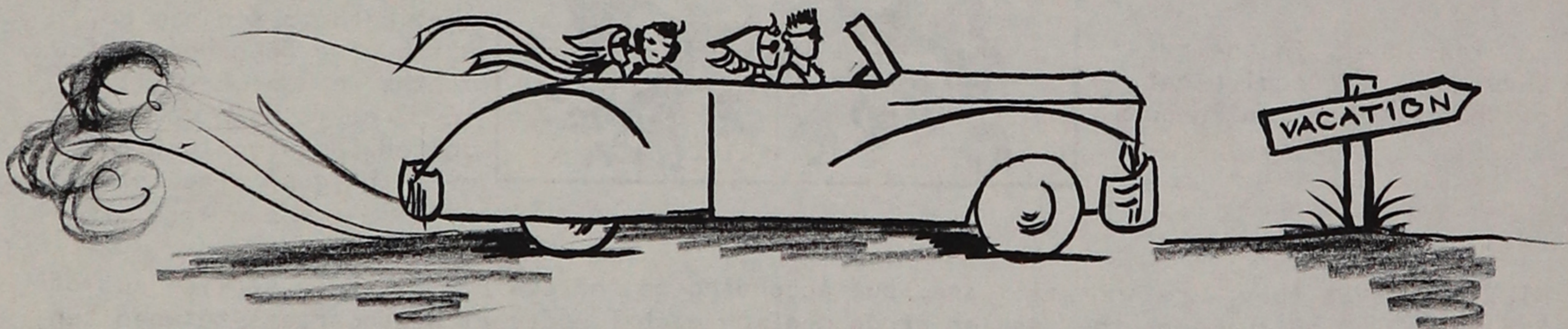
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