7/05
to 3/06

OMNI®

ASSIGNMENT BOOK
LIBRETA DE ASIGNATURAS
CARNET DE LEÇONS

QUIET

TAG

DATE

DATE

DATE

3/22/35 Thurs

Ray - left 2 notes for SE symphony took Ray to Home Depot for plants for his Cody

Sat 3/23 Ray was up at 6 took me back to plant town, corn zucchini, He thanks me again for helping

Emily was digusting even if it was supposed to be a thank you and acknowledgment acknowledgment of the gift card ($75 from Nordstrom) and the praise of a dinner at Masseros. She wrote that Ray was very gracious about the water spilled on him. Actually he didn't say anything. Just let all of us handle things. Scotty was smart in having him put a napkin between Ray's wet shirt and his underskirt

I need to write a lot of "shit" so I won't feel need to keep it in my mind. It pass my mind for the immediate →

DATE

Carol is a jerk telling me that Shaun doesn't have any friends either when I told her Ray doesn't have friends so it's difficult to keep him busy and entertained. I said I'd let her that Shaun has an everyday job but wait until he returns and has no daily activity to keep his mind attention going. Well he is 30 years younger than Ray.

Erica is more of damnes. I guess it means very well by getting us things every year and we truly appreciate it. Now she gave me a beautiful copy of The DaVinci Code which I haven't started yet. She Sent us flannel sheets etc but we can't pay back. She knows does unkind things when she knows it or not

DATE

DATE

DATE

DATE

7/14/05

My notebooks are getting mixed up - so I'll try again for this week

Monday

7/11/05 - To Dr Seab. Said he couldn't understand Ray's fatigue. Had a blood test taken and CAT scan. Need to call in for the appt on Wednesday.

Joyce Hagner got me into the library and talked to me while the Dr examined Ray more thoroughly. Got names of day care centers locally for Ray - but I need transportation for him if possible. Sit & Fit class - Ray was woozy all afternoon. Too much exercise and he should have quit like me after 1/2 hour

7/12/05 - TO Eva called said we need to make plans for Ray's birthday party. I said it should be held here, sushi platter ordered from the Japan restaurant in Pleasanton. Scott will pick up Jean on Sunday at the airport in San Jose. Suggested they go to the Mt View Buddhist Fest afterwards and come over later. Will be at church in the morning and be back until 1 or 1:30 PM

DATE

Asked Evon to talk to Jean.

7/13 Jean called again saying she's coming on the 17th and left pacing her up. I told her ~~7/14 to stay to me~~ I'm doing Spring cleaning that I didn't do properly because I don't need her to snoop around as I suspect she is dying to do. She must be told that Ray and I have been married for 28 years and our life is ours. We don't need a Mother Superior. She has her own step children. I wonder why she has to keep distancing away from them.

I'm so tired from cleaning up and there's too much to do. I know Jean is full of it when she says she wants to help. Her nosy nature is very hard for me to take and I have enough with taking care of Ray who is slowly slowing down. Ray

DATE

was reading some lines from the news-
paper to me and he was his own old self.

I told Jean I may be away for a few
days & all Suzie. She sounded delighted
but is still anxious as to her mother.
I told her I needed my car so she'll
need to make arrangements for moving
with her brothers. I told Ray
about this and he said this is
supposed to be a vacation for her
and she should pay for her own
expenses, not us. Thank
goodness this came out of his mouth.

7/14/05 - Thurs. Ray went to Rose Park
to harvest the beans + zucchini (as
much he said. Then we went to
get his CAT scan. Had to wait 4
hours (from 3-7 pm). The technician
said he can't for us many times

DATE

DATE

and that wasn't them true. I went to
the desk about 5 times to
ask what the ~~test~~ hold up was about.
They called the lab and were told it would take
about 15 minutes the first time. That was at
4 p.m. I went to the clerk several times
after and was told they'd call us.
Finally around 6:45 I caught the attention
of a lab person who came out to speak
to a person getting an X ray. When he
asked what time our appt was and I
said 3 p.m. He went in and the CAT
scan operator came out saying he
called many times but we didn't
answer. Saying he took the CAT
scan and brought Ray back. Dr Seab
will get the result on Monday.

Picked up chinese food but Ray said
he wants to wait in the car. He seems
to be tired all tiring easily all the

TO DO

DATE

Stevie

July 16, '05 Sat Still cleaning up so Jean won't be working & may call around or I'm sure that what's she came for, I'm so tired tired mentally & physically.

July 17 - Sunday - To church. first Eva & Kathy

Jean came in to San Jose airport. Scott picked her up. She has already tried to take over without knowing Ray needs. She gabs so much, it's more than we both can stand I had to tell her to let Ray sleep this a.m. She kept grabbing away and Ray needs his sleep and he was already lying on his mat on the floor in his office. I wish she'd had children then she couldn't be such a busy body, and I don't think I would mind at all. I've told her several times that Ray will throw the

NAME

DATE

best care that can be provided and I intend to see that happen.

Jean said Ray seems to understand everything & very well and answers coherently. Ray knows what's going on and Jean is now aware of that I hope.

God why does Jean have to come for 3 weeks - that's just too long for me and Ray. We are used to a quiet life with no one probing. We can manage okay.

July 18, '05. Jean made a zucchini bread for me to take to my Lunch Bunch. It looks so good and tastes great

DATE

I went to Sil + Fil with Jean Then AM and walked around the City Duck Pond after. great!

July 19, 2005 - Kays birthday. The whole family was together. So very lively + great. Also Scott got lights in our outside lamps. Stuart worked on the garage door opener wires but looked like it would cause a fire soon. Thankfully Les is so smart. We really need someone like him around. Karen's father came over too. We were visiting out Les to see Les new grandson. Kay got lots of nice gifts - Greenleaf monogramed shirts + cap, a fishing box - Lauren made a great cake, from Robert + family. Lauren is reading the red Harry Potter book today.

Eva, Scott + Jean were great help. Of course I was stuck with dishes washing but that was expected. Eva brought the Japanese food in her cooler + table and chairs..

Stu + family will be off to Idaho in the morning for awhile hiking + camping

DATE

All the grandaughters are so beautiful and growing up so fast.

Wed
7/20/15 Lunch bunch - a wonderful time
with the Lunch group at Betty Spurr's home.
such a beautiful home and fine art works
all over.. So sad she'll be leaving in October for
Redmond WA She's been such a wonderful
friend and will continue to be.
Lois Peach said her husband won't go to
Alaska on a cruise that has been planned.
So sad. Lois has such wonderful
sense of humor. Leon & I need to
take a day trip soon. We talked about it
Jean took Kay for his walk this A.M.
He got tired & slept snoozed when he got
back. And I went off to Lunch Bunch,
a meeting at the Historical Society at 4 PM
on their proposed plan to set up ~~to set up~~
a program in the Evanston D.A.R. for

DATE

Project re spring 2007

this area. I want them to do a good job and we need good help. Chezik Dayton would be great, I think. John is okay but I doubt his ability, really.

Picked up Rays Prozac at Kaiser today Cost generic and we charged $8.50 unbelievable

Dr Seth prescribed the Prozac this AM a the telephone (via Sue).

Looks like Jan mopped the kitchen floor

7/21/05 Thurs; Jim Ph. Office called this AM.

Ron Heath dropped by from Encinitas. We charged the investment from ? to 40-60?. Actually, I hope to let him go sometime this year.

Jean is nosy but don't ask me what Rose's visit was about but I'm sure she heard everything since she was in the house and nearby all the while. It was after noon when Ron left and when I went to the kitchen Jean & Ray were sitting

DATE

DATE

and reading, so I said "Let's get lunch".
I can't feel sorry for Jen at all. She seems to
have come here to take over and doesn't realize
or care that Ray is the owner of this house
and deserve respect. Ray keeps quiet
but he knows what is going on.

We visited the St Peters Day Care
in San Leandro. Very depressing and sad
though there seems to be lots of activity. Some
people look quite helpless.

I drove ~~but~~ but Jen keyboard that did
look at the maps on the computer and she
could drive. So what does she do but run
copies of the maps and directions of the printer.
It was disgusting that I drove and Ray
helped me with the ~~locate~~ street ~~location~~ location which
was Broadmoor in San Leandro. Jen is
such a control freak. Could she not go.

Ray was saying after we left

Sister Kan after the veil to St Peters. Hotel
been there for some time. And he should have
come by for awhile. It made me feel badly
but I will try to do better hereafter.

the facility that he was sorry he was putting
me to so much. Then I said don't worry. Then
Jean shook her mouth off about why we were
not visiting etc and I told her to knock it
off by waving my hands at her. She was
sitting in the back seat. She's a sick
52 year old woman.

My God she wrecked our meal tonight
when I told her she saved by using our
new George Foreman. The meat overdone and
vegetables burned. I told her we liked <u>under</u>done
vegetables and last nite she said the same
about her desire for undercooked veggies.

Of course she left the George Foreman
dirty and I cleaned it up before the
stuff stuck hard.

Jean ordered some books for me on Amazon
I'm sorry I asked her. Now I wonder
what she'll charge me. I need to
ask Eva about this stuff since Eva

DATE

ordered a lot.

Dad DJ'd so disgusted with Jean I need to write all of this down so I won't be ruining my head. I need to keep strong God mentally alert for Ray for as long as I can. Ray is so good and such a nice guy.

Robert, Glen Ann, called and said he'd like to have us over Sunday. That'll work out but I'd actually like to see the children again.

~~July 21 - Ray Heard~~

July 22. Got my hair cut today from John at Sears Roebuck ~~Ba~~ Beauty Salon. Got back around 12:20 p.m. and Jean had fried lunch for Ray. Made me so mad. She was at the computer like she's here.

Went to Costco & Mays this p.m.

Was a good visit - Jean came along

DATE

I used the Keyi Freeman grill to bake tonight. Turned out so badly. Jean first shrai with the spinach I bought and cooked. Was good.

Jean is one person who just can't seem to understand her place in relationships. When Terry called tonight she went to Page Jean's cell phone (yes) I told her to take the patch phone from the kitchen and go into the living room Etc. Boy would be getting undressed in her room or I wanted to use the computer which I did. Wonder how long there is to go on with her. I did ask her how her step children behave in her home. Also had to ask her to put the newspaper back in each section starting with page 1 after she sees the paper. Why does one have to tell anyone this - esp if they're already reached age 52 —

TAG

DATE

Sat
7/23/05. Three of us went to the church Hawaiian Luau 11:30 to 2:30. Very nice affair. Jean met old friends which was good for her. The whole program was very nice though a bit tiresome for me. It's amazing how the members pull together to make these events so successful. I especially enjoyed the Japanese hymns. They made me think of mama so much

I feel better these days. I can't afford to let my brain decline. Right now it seems like I'm getting stronger. I have to for Ray. I just wish he wouldn't get so tired. Then we could go see some plays or musicals in S.F. Well maybe the Prozac will help him. We started taking it from July 21st

DATE

7/24/05 - Church, then to Roberts for a movie and dinner (Gombei take out). Nice time. The weather cooled down a bit. Saw and ate chocolate factory. Very good, I shot. Others had mixed feelings. Maya enjoyed it.

Gombei dinner was fun. Watched "Whale Watcher" movie on TV after we got back.

Karen

7/25/05 monday Lance Armstrong won 7th

Visited the Oak Creek Ag. Family in Carb Valley where Dwayne (Mango) Heath is staying. It is fun up East CV Blvd. Nice place but too far to get to for me. Seems like lots of activity & mental stimulation. Would be ideal but too far

Dinner with Tom & Heidi, Barbara & Frank & Jean at Raja Sushi in Boyd & We had to pay our own check was okay. Very nice dinner, Tom is now eating food but still taking liquid through a tube in his stomach

DATE

DATE

Tuesday - Jean walked Ray for 40 minutes

7/26/05 - Visited Boston House in Hayward on Boston Rd

off Hampton Rd, opposite Dean Mack Estate. Kimberly

was very nice and patiently answered questions

12 people here. Quiet and not hyped up atmosphere.

To the Kaiser Care giver meeting 6-7:30 pm

Jean listened and asked a lot of questions Lots

of promises til I directed attention to the lady

who came in late who was glad to be able to

talk about her husband. The others all expressed

their problems freely.

Sally afterwards we drove all the way to Boston

Market in Fremont for a roasted chicken. Was okay but

had Sally to go so far with gas prices so

high now $2.49 per gallon

7/27 Jean walked Ray for 35 or 40 min this AM

I went to WAHS - 11-4 pm shift. Was tiring

today. Many people came in and were very friendly

A lady with a great walker came in and

I asked her son about where he got in

Doug FRANZ

[redacted]

Dublin

DATE

His mother is at St Gregory in Castro Valley and
he likes it so much - nice ~~people~~ people and the grounds
are kept up, lots of activity. He called in the
evening to tell us when he got the walker

Dr Leonard Health Care catalog
100 Nixon Lane
POBx 7821
Edison, NJ 08818-7847
1800 785-0880

was 149.00 - get the one with a good seat

Deluxe Rollator # 94362

St Gregory Cert # 300190.
Cecelia Seidel adm.
22428 Charlen Way
CV 945-46
510 889-1300

mother uses Seroquil (or Seraquil)
that seem to be helping her. Sounds like an
anti depressant

DATE

7/28/05 - Jean & Ray went to Rose Garden to harvest the vegetables with Dreg Dutenia, Ray's partner. Jean pruned our climbing Rose which was very tired & her. She went to Seattle for the night and it's nice and quiet here at home. How she does gab-gab-gab. Gives me a headache I tried to get a vacuum cleaner at Sears today Found an ideal one but the sales ladies - 2 of them couldn't understand the attachments so I left - It was already 5 PM. Will try tomorrow elsewhere - maybe Sears Southland Been looking at Alz - St. Residence and care options - eye around here. Must find somewhere around here that Ray might be comfortable in. For day care that is. Will also need to see Millar

-7

DATE

7/29/05 Dod almighty Jean was home at little before noon when I was quickly getting ready for lunch and preparing to go to the Lunch Bunch. It interested me to see her home so soon. So after I got back from lunch and buying a vacuum cleaner Jean was getting ready to go outside & finish her gardening. Of course she has to go so I gladly told her to help bring the vacuum into the house (from Kenmore Sears Roebuck).

We had dinner at Ron Barber as guests of Tom & Heidi for having helped at their 60th anniversary party. May had Justin with her. Ted and he look alike, nice party, great cake and Martha Made cupcakes too. We went to Barbara, Frankie after to see their new flooring. I think their Pergo is nicer, really. Coming back Jean has to remind me about getting a parking permit. I proudly told her to

DATE

shut up. She such a pain ass a control freak and I'll have to tell her that if I feel it necessary.

Spent all the rest of the nite until 2 AM looking on the internet about PROZAC Prozac which they has been taking since July 31. Seems a likely side effect can be their leg weariness and his fatigue. Also checked on ARICEPT and Also ALZ. So much appears on the internet on ALZ lately. Also it appears somehow that PROZAC can help when fatigue is a factor.

July 30. 05 Asked Jean Chesser what she would tell patients with muscle fatigue what to do since she was an occupational R N P. All she said was that she would rec. something like Advil or something like that. No prescription drugs since only the doctors did that.

TAG

DATE

I just need to have her get off my back; She tries to be controlling and I'm doing as much as I can for Ray whom I dearly love and he loves me, too, very much.

We went to see Kathryn swim in a meet today, and later Eva who swam with the other directors. This is the only time we've seen ~~her~~ Kathryn swim this year and the season is just about over, like next week. Went to Eva's South for sandwich lunch then came on to Jean could go visit her cousin in Santa Clara. It was nice to cook a simple dinner for me and Ray, tonight which he said was so good - and to have peace & quiet. We watched "The Last Samurai" until after midnight when Jean came home. Our mail was on the table and she nosied through it asking me where Renée's baby picture was. I didn't know what made her ask but I told her the pic on the photo

DATE

DATE

shelf and she could read the message which she would anyway, I know = It infuriated me that she rifles through our mail and I told her I resented that because its personal. I don't think her step children do that. She couldn't apologize ~~out~~ out went up to the loft. She gave the place a thorough clean for me. ~~Karen~~ Karen called this love to invite me to dinner and I said I couldn't make it and told her of my problems. She laughed in a wonderful way which made me feel better - until Jean came home and went through the mail. Will she'll be gone this next Sunday. I feel sorry for her though she doesn't need that kind of sympathy She's 52 years old and has figured her life out very well and she'll others. I'm afraid.

DATE

DATE

July 31/05 - Jan came down to see Mum and to apologise about the mail and the card that's the end. I was surprised to think she felt she could dismiss Chris so easily I told her about her opening a letter from Robert addressed to Roy + me when we were living in Brighton. She said at the time that it was for Robert and I told her the letter was not addressed to her, She doesn't remember she says but I certainly do.
We went to church. Brian Tetsworth's sermon certainly was meant for me and I do thanked him.

DATE

DATE

Aug 1, 2005 – Robert Jean take us to the Oakland Zoo. Nicki Jay and Ray really seemed to enjoy it. Debit seem to get too tired and was interested in all the animals. We was disappointed we didn't see any bears. We also took the train ride – 10 minutes or so but great

Fare to Zoo was $5.50 + $5.50 + $7.00 = $20.00

The train ride was $6 for the 3 of us

Jean bought the hot dogs and hung on to her cheetos. We came home and Ray slept. Jean went to pick up Robert at San Jose airport (7:15 pm)

Terry called and said that Jean's mom well a That Terri making the Japanese Garden for her in their back yard.

We ~~don't~~ said thanks for letting Jean stay to be with her father. The Dean will know she can be a pain

DATE

DATE

in her special way, Her put on sweetness
in a pan, Maybe it's the Jehovah Witness
in her. Very bad.. She & Terry are a well
matched couple. He's got too much street
smarts for anyone and I'm too dumb to
be able to see through it.

Jean came back and asked if I wanted
to S & G La Selva Beach tomorrow. I said I
wasn't sure. She asked Ray (~~Ed~~ email her
her asking him since I was at the
computer) if he would like to go. He
booked off.

8/24/05. Jean left for La Selva Beach this AM
about 9:30. Didn't ask Ray or me whether
we'd like to go along to see Steve & family.
Thank God she has Roberta' van. C
Ray & I went walking at Lake Elizabeth.
Lovely morning walk with the trees providing

DATE

DATE

nice phone. It was around 10 30 AM.

Ray had lunch. I went upstairs to the loft to get something from the chest of drawers and dressed & came down to Ray by me on the top of the cabinets. I know I never left them there. How did I get them I need to comfort her. Called back & leave the evidence there or remove them. Decided to leave them until she comes back tonight.

Of all damn things I thought she'd stay at ~~her~~ Stuarts for dinner but no, she got back at 7:45. She has called and Ray said she said she'd be home around 7. & now she has to eat. The light would could have eaten somewhere before returning home

She got the "what's happening to

DATE

Grandpa by Marie Shriver which she ordered for me. = by Fed Ex.

She's talking so long on the telephone tonight - right now but I need to comfort her about those cards to Ray which I want

I did call Jean into the living room and asked her about the cards. She said they were some books that Ray gave her and she took them out. I asked for them though I'm sure she read them very personal notes I wrote to Ray during our hard years together

It seems that Jean spoke to Stuart about ~~S~~ Ray and Stuart met that one-to-one they had good conversation. She took Ray to the greenhouse the last time we were there and they had a good time. I know that Ray has talked to Jean about his college years and his hitch hiking back to Washington to see his parents before coming to the Bay Area. I told Jean that Ray

TEAM

DATE

was broke but she wouldn't accept that.
We were all poor at that time esp.

Wed day 2 ~~We cleaned the garage. Jean a big~~
~~Jean drove me to the Oakland Zoo~~
help. Eve went to movie w Wilpitas cousins 10
-Dexter. Also went to see Kari at Mon-
mon. The seems okay but sure needs
stimulation mentally.

Thurs 8/4/05. Ray + Jean went to Rose Garden & still dog Outlook
pick the vegetables (cucs, zucchini, tomatoes) done
for the community kitchens in Fremont.
Jean pruned the in front of the house
Put clippings into yard waste container.
We all went to the Japan Garden in
Playground. Ray liked the peaceful

TIME | DATE

feeling and sat down for awhile on a bench
in one of the observation or viewing stations
Lots of beautiful koi a carp were there in
the ponds. Beautiful and I'm so happy she
May enjoyed it though he was too tired to
go shopping with us at COSCO - Hayward
Jean got her bra for Mark's party Saturday
Jean.

I told Jean we haven't planned anything
for tonight. Gabe will not be to entertain her.
She talks so much, much of it inane. Best
to be quiet. So I worked in the garden
after dinner and the dishes I put into
the dish washer and washed pans. She
helped I put some tofu with pork. So
I got stuck with clean up when I did
most of the preparation. Oh well she'll
be gone this Sunday. She being a bitch. I pruned back
the hydrangea which was over grown
in the new yard. Hope to day: got

DATE

DATE

Dark as Dean in. Debbie does up the clipping
The Clematis needs water and clipping and
trimming.

8/5/05 - Friday - Went to see the play I DO, I DO at
Centerbrook Theater in Carter Valley. Was
pretty good, only 2 characters who sang and spoke
steadily ~~all~~ on stage all the time. Saw
Rochelle Schmit, Denie, Marty & Cindy,
Pat Davis, John Bennett and Loretta who
were great friends of Kari's Gay and don't
Kari's Boy
live all ~~them~~ anymore. Its nice to see old
friends around.

Told Jen to go to the cemetery this
aft and she got back at 4 - around
dinner time. Guess she went shopping
but didn't eat dinner before returning
so had her eat what we had which wasn't
much.

DATE

8/6/05. To Mark's for 1 pm lunch (pot luck)
Jean fixed her ham so nicely. Tom eats so
well. Not too much family as others had
their plans for the weekend but that was okay.
Was a nice day. Robert came late - (his family
was returning today from Boston) and he was
biking a smidge with friends.

Jean talked to Ray a long time. I was
sleeping on the couch but was wakened and
listened. Ray was very talkative and Jean
pumped him for questions like his last request
for life and his will. I heard her thank him
We talked after Ray went to bed. She was doing
her laundry - a lot of it, it seems. She must
have taught her own fabric snap as she used
all of mine up. She could have at least left me
some. This sneaky ~~it~~ behaviors are
more than I care to put up with

She left a bill for my purchase of books

DATE

DATE

which she played with Amazon. Com. Expensive, it seems to me and I doubt even ark for the 2nd book by Allende. She forgot the check. Wonder she didn't steal it. She is nosey about everything in sight. Really damn nosey + rude. Wonder why her mother didn't bring her up right + or only daughter. Oh well she's finally leaving tomorrow. Thank God!!

8/7 Made a pancake breakfast + lounge for breakfast. Thought Jean would return as she's having lunch with Robert's family when returning Karen's car.

Jean has a 2:30 or 3 pm flight out of San Jose. Good to see her return to her husband who needs her as much as she needs him.

We Ray + I went to church, Bright Kingdom Korner donuts since this is the day for coffee time. Ray + I relaxed this aft + Peace + quiet

DATE

8/8/05. Cancelled appt with Dr Tarsha - called for a morning
~~on afternoon~~ appt since if my eyes are dilated
its too hard to see well enough to drive home.
Got appt for tomorrow at 9:30 a.m.
Returned Vacuum to Store

8/9 Dr Tarsha says my eyes are okay but a
floater is pretty obvious in left eye but not
bad enough to remove. My puffy eyes are due
to age - fat accumulation - will live with it I
guess. Need appt for peripheral vision and
another lens eye exam.

8/10 To Hayd Dolphin Creek animal shelter
with Ray. Treat setting for the few birds
and coyote they have outside cages
Also stocks inside & smoker, tools etc.
Went to Hayd Smithbilt Sr Center to check
on activities there. So tired that Ray &

DATE

slept a lot this aft.

8/11/05 – To Hayward Smithland Sr Center to see
skaters & upcoming tours (2006). Ray wanted
to come home right after. Had lunch and
off to bed again. Had a call from Dr Seale's assistant
who said to have Ray take the Prozac
in the evening (write time) instead of AM. and
try this for awhile. Also the handicap
parking tag —

Laundered tights – Of course you left the
dryer with the wrong settings for me. Sheer
so concerned and rude. She lives in
another world

8/13/05 – Saw Rail. Very good movie
about POW. Rescue in the Philippines.

DATE

8/14/05. Church - saw Dennis Ann Katzyan and kids at church - so nice to see them. They brought their oldest son back to USC. Was going to ask Mrs. Nakamura to ask Alvin to be sure to greet Ray thereafter. But lord behold if he didn't come up to us after service today. Its so nice. that Ray not feel isolated in his world. The Az lost against Minnesota today 2-1

Wonder on wonders Jean called this eve. Told her she must be very happy to be back home again. Terry had her car washed, waxed, got her roses etc. Was a smart cookie. She had a nice chat with Ray, too. Tom & Katzyan

Robert got an Christmas party changed to 3rd Sat in Dec instead of the usual 2nd, since Maya is in the Nutcracker on the 2nd weekend. which I hope Ray & I can be invited to see. She is such a very good ballet dancer and I'm glad Karen keeps her with it.

My new vacuum from Sears is just fine. Of a small tank one and its great for its purpose

DATE

8/16/05 - To pitch fit at Ruggieri's in Center & Gave a work out for ½ hr but really great - Rayneta ate slept a lot. His legs are tired. Jen wrote a note on E mail. I let Kendall her for Leipzig and she says I'm welcome. To tell with that mother Superior attitude of hers. She couldn't even apologize for her wild behavior toward me yesterday. Just said she hoped we could build together as a family. She's a geek as far as I'm concerned. not a kilogram. Her superior attitude is more than I care to put up with. Acts like everything here is hers and it is not. She's Taurus and like all Tyre she's very controlling and I don't want to think she can get the best of me. She has street smarts like Terry only more crafty. Jen should be helping Terry's mother. That's her family now as far as I'm concerned and

DATE

Terry has 3 children and 1 grandchild. All grown now. Terry sent an Evite inviting us to a surprise anniversary party Lei giving for Jan. I answered with a Sorry we can't attend - will be thinking of them.

8/21/05 - Church again. Gas prices going up to $2.67 a gallon. Doesn't look like it will stop

5/22 Sandi & Robert took Ray out to breakfast which was good since Ray was staying he doesn't want to be abandoned this A.M. Dawn mentioned day care for him and I guess that might have worked here. Jill used to start soon so he'll get used to it and Jill also used to have someone come in for lunch and to keep Ray company. I can't be around all the time
- worked stuff signed off to Jim Phillips this afternoon

5/23 - took Ray to see shoes at a medical supply house in Fremont. Inside & equipment. Will get one

8/23/05 - to the Kaiser and given results where Dr Seal spoke about latest reductions

DATE

DATE

It's a shame more people don't come. Ray is still very tired. Maybe the Prozac will help.

Wpl
8/24/05 - We went to the UC Japanese Alumni luncheon in Berkely at the . Nice to see everyone again; Ray did well and we sat opposite Bill Hirose Takeko graciously invited us to go with her George Nakamoto was picked up too. Her ex lonely weekend Kenji who passed away 5 months ago. He certainly is a refined person. Lots of fun. Makes me feel clumsy.

8/25 - Ray to Rose Garden. Came home very tired. Had appt with optometrist Dr Barbara Chen at Kaiser. Will help him next week-
Ray had appt with Patti ___ pacemaker technician at Kaiser. Ray still doesn't need a new battery. ~~The pacemaker~~ Yes, but only needs the pacemaker less than half the time about 45-47% of the time

DATE

DATE

afterward went to see movie" The 40 year Virgin
which Ray wanted to see. It was funny but
much too long - at least 2 hrs

Am trying to catch up on the housework
and pay bills etc. Have need to get ready
for meeting w J. Phillips next Tuesday. Would
like to see Kari

Arlene Jones called this aft. She must
have felt lonely. Talked so long about all sorts
of things. She's such a dear friend.

Don't know what's wrong with me
but I'm sleepy too. Nap every afternoon.
Even dozed a bit before the movie Thursday. Maybe
I passed out for a minute, but saw the 40 yr
old Virgin" which actually Ray wanted to see. It
was very funny.

8/26/05. Went to Lunch Bunch. Sure is
crazy - walking Ray, getting his lunch,
running a load in between and Tracy

DATE

Dashing off to Lunch. Sat next to Tillie of the Scholarship Dec. She said about 2,500 came in from Japanese sweeping report. Well I was happy to ~~have~~ hear Jessie & Mattie Kennelly didn't show. Received review from Aileen That Kathy, Scott & Eva over for dinner at the Rose Garden. A work & lunch to school week. Got her a dotty boy & brother cap a boy & mixed which she seemed excited about. I wanted her to select the dinner menu. Out of course her mother took charge. ~~She~~ Sat worked on the quarter and it worked while I was here. Now it's off again.

8/17/05 To memorial service for Elenor Schenck at the United Church of Christ in Hoyt. Very lovely service but, a little long. Was nice to see Barbara Cerutti ____ who spoke

DATE

She remembered that I did her wedding flo. That was a huge job for me. But it turned out fine. Also so Annie Phillips, Margo Heath whose mother talk to - Elenor gave me her phone # [redacted]

One speaker mentioned names of some great teachers at Hayd Hgh and it was nice to hear Liz Lee Rose, Bill Thornton and several others whom I was privelged to know. Didn't know Elenor was active with the Dennison Assoc and alot activities. She was a great Church leader.

Must get Ray to buy a new sport coat. The ones he has are so shabby and so old. He was noticed tonight. The only ate the cake at the reception. I ate a bit of everything.

Elenor focused her attention on the heart a the inner core of people and not their outward behavior - esp when working with students and in her relationship with people. She really had faith in people. Her daughter Connie ran to the door as we were leaving and she said

DATE

DATE

Ok Kent Fujii! SL must have heard about
me for Eleanor and I told how much I was
sorry I hadn't gone to see Eleanor at Bayview
Court. (Emil died 7 years ago) It's wonderful
the Connie was there for Eleanor ~~not~~ most the time
I must keep her address on file.

Sunday
8/28/05 - Church was fine today Rev spoke
and was very challenging. Was going to go to Niles
Antique Fair afterwards but decided against it.
Too hot and parking isn't easy and Ray really
can't walk much though he wanted to today
okay.

Jon called and I told her our life is
getting back in order. She sounded miffed and
said something about being a help. What she
meant I don't know. I asked her
professional opinion of Ray's present manner.
She said he was slow, couldn't garden as
much and she helped prune stuff like the

DATE

Rozen and ____ in front. I wish she could have done more but I didn't ask her. She also said (after I ~~said~~ asked if she would have Ray placed into a nursing home for she once told me she would do when we still lived in Brighton) that I am Ray's wife or Ray is my husband and what we choose to do is my concern, not hers. She is in Denver and can't do anything for him. I can't have Ray in a nursing home. He needs to be in his own home as long as possible and I'll need to work on a nice arrangement for him. He said he didn't want to be abandoned and I assured him he would not be. My biggest concern is that I may not outlive him and then what would happen to him. Jean is so greedy she will want to make sure she gets a big handful of his funds and do not want to help with his care at all. What a pitty pity I guess Jehovah

Rod wishes he could remember what Ray called it. Something possibly

DATE

DATE

Witnesses don't believe in Lebzig Glen families.
who are not ~~Mormon~~ members. The Holmes Church
members do pray for their family members who
are not ~~Mormon~~ believers and they ask the
congregation to pray for them.

Terry had a big blow out weekend for
Jean for their anniversary (9th). Big dinner on
Friday, big surprise party at a hotel in
Cherry Creek where Dr's Glad our relatives living
in Colorado attended. ~ 22 guests in all,
Jean said. Jean said loads of food,
lots of Japanese food too, ~ buffet style.
They had a lazy sexy day today I guess. I
guess Terry paid for all the expenses this
weekend but he'll get it back. She is
generous with him. She's very tight
when Ray & I are concerned though she
paid her way (~~Round~~ trip). That was
her idea, not ours.

She must have come to check on the care
for giving and she was no help. She'll criticize poor

DATE

I spent the late afternoon reviewing Ray's
my Estate plans - Wills - Powers of attorney
agreements etc. Will be meeting with J.P. this
Tuesday in Hayward.. Gosh I wish all could
be simplified. Should telephone JP tomorrow to
get the papers reviewed.

I wish I could stop hating Jean. Thank
God Terry is good to her or she'd be charging
into me. Both are masters at being
street smart plus feeling so good about being
Jehovahs where they are worming their way
around into the good graces of everyone.

Exercise with Ray - especially his legs.

8/29/05 Walked this AM around the Swimming Pool at
the high school and to the Heritage development
and back - about 40 min. Ray walked well.

TIME | DATE

8/30/05 Met with J.P. Hayward from the war very, very kind and supportive knowing Dr undergoing a lot of stress which is so obvious will be reviewing with our own treats etc.. I feel so much better after her gentle handling of our situation. Can't thank Marion enough. She's watching over me from up there..

Saw Julie Clay afternoons and she's getting set to give us some advice by making stuff for us. Frankly I wonder if I want to continue their phase for Ray.

Spoke to Wendi tonight. She hasn't had her operation yet, due to her high blood pressure reading as taking an ace inhibitor Lyzenopril - a double dose (40 mg) the great available and she says its helping ~~lower~~ lower the b.p.. Told her of my high bp reading last week by the Wash Hospital, maybe it's due to stress golf Dr sure had plenty of stress with

DATE

DATE

Glen being here for 3 weeks. Finally I think we're back to what we call normal.

Robert Lee invited us over for Labor Day weekend - Out afternoon. It will be very nice. I'm going to baby sit Maya on Sept 6 since Karen will be at teacher work day - no school, however

Jamie
9/3/10 Stuart, Scott and Ryan had a nice Sat BBQ at Roberts - Very pleasant. But somehow Jamie & let the others know that a little help and Ray would be appreciated - especially at eating time. Everyone down in and Ray putters after his food way to get food. Jamie been helping him but the others need to know they should help Eva could be a great help but she can't seem to really care or to give a damn SL got herself the cheese noodles from the kitchen and it would have been nice if she

DATE

volunteered to get Lem some tv. Instead I got it for Lem.

Robert picked us up and Scott brought us back. Just spent a Kathryn and we chatted. Eva sat in the rear listening (2 Hard) to Lem CD. Oh well, she does have Lem good moments

Labor Day
9/5 attended Tom Kathryn Family outing at Lake Elizabeth. Tom invited us at church. Was a beautiful day and Ray did fine. He does try to be social but people can't hear him speak. He is so sad and will make him withdraw all the more. We walked afterwards around the lake for a short distance.

Saw the show on the TV about Thurman Fabian devastation via LA, Miss Eye. Then Thursday show is on a Rock upstairs Lyon But they won't be able to get in for weeks yet. Son Harold Jan. 000 manager

That Glen would call tonight pain it

DATE

about 2 weeks since he last call. Maybe she won't call anymore and that shouldn't be of concern Actually she called Aug 28 a day after the fabulous party Terry threw for her. She's due Sept 10 or 11. It's gotten such a bad feeling about her and everyday bad thoughts swarm over me - how she is so spacey, shrewd She & Terry are a good couple. She understands her and really appreciates her and that's lucky I don't think Ray ever appreciated what she does since he thinks he's infallible. though now his tired legs are such a problem to him and esp. to me since all he does is sleep & watch TV

9/6 Maya & Dana were here from 9 AM to 4:30 PM since Karen is having teacher conf and the kids no school. The girls made pancakes for Grandpa's breakfast, made a cake for

81

DATE

Kaiser which Dr April we ended up taking
ourselves Dgave them $\frac{3}{4}$ to take Tom
We walked "Spirited Away" by Miyazaki. So
good. Was so nice to have the girls Lou
Ray enjoyed them too so much.

9/7/05 Took Ray to Dr Coggiola, although at
Kaiser. Ray's eye pressure is better but needs to
continue medication; Needs more Repat Ophthalmic
exp in his left eye. Needs Lumigan trop
rite.

Getting ready for my day trip with ODMA
Build tomorrow

9/9 Ray not bothering all day yesterday.
Got to see Dr. Chang at Kaiser. Urine sample
showed an infection. Prescribed a Sulpha drug.
and had the lab do further testing.

TAG

DATE

called Jean in the afternoon. Told her that we were just leaving for the ski appt. She is such a screwed and controlling person. Glad Terry is taking care of her

Sat.
9/10/05 Saw movie The Constant Gardener - to collect Jean called this eve Told her what do, had to say. She hasn't got a forget.

I was wanted to see the Tibetan art exhibit at the Asian Art Museum in SF. Tomorrow is the last day. Dad & had paid for the JACL Barbeque tonight but completely forgot. Wrote it on calendar but ~~Comput~~ depot check.

9/11 - To church and prestent Chd Heidi & Tom forgot about the JACL BBQ also. Boy are we getting lost.

9/12 - Ray & I did Kleenex on TV this AM - pretty good, & that. Rather tiring I that also. Had to rest this aft. Ray sleeping on the bed in CL aft now. That's better.

Dr Wu called back to say the tests for Ray were that he has an infection and that he should continue the medication. If blood shows again, call in. Ray said the blood seemed

DATE

have
to stop on Sat afternoon. His first pill was
taken yesterday aft. He needs to take 2 per day.
12 hr interval

9/12 We invited Tom + Heidi (payback time for
their rides) Takako Shinoda and Guy Conner
for dinner at Raj's Sushi in Hayward. Was
very nice & that + Everyone congenial, Much love
some people over as soon as I caught Jim Phillips
caught up to date

9/13/03 - Shrink at Chabot Center. Need to start
getting ready for our overnight stay at Stuarts
for his birthday. Carol called Sunday about
the plans this coming Sat after the shareholder
meeting. It won't be a surprise party afterall.
Stuart wants to know what's going on. It
will be fun

Went to Shakespeare Class today. The de
movie (French) about Joan of Arc
was fascinating. We could read the Fr.
subtitles but the pictures were upsetting and

DATE

more than enough to appreciate the following.

Have asked Ann Lipt and Lorraine at Lowe.

- Called Sara Robalico to thank her for Dr Weil articles.

9/15 - Balance class at Ring St Center. Excellent

Bry was 2 tired. Ry didn't want to come - but

Dennis with Bd members + Heidi drove us. Nice

meeting the people again.

9/16/05 - Getting ready to go to the Stockholders meeting

and to stay overnight at Stuarts: must remember

- that Keith said that I have to see Ken the

next time we go: It is so hard to plan ahead.

Bry is taking Prozac - 2 pills in morning. It

seems to make him tired + sleepy more so.

Spoke to Dr Sloth-Nielsen + Carol in his

office; He said to try for several weeks

for results

DATE

DATE

Monday
9/19/05 Jean called actually asked how I
was doing. Amazing. I still don't trust
her motives. Ted shrug
for but soon. She + Ray had a long chat

Sunday.
9/18/05. Last nite we stayed at Stuart.
The bed wasn't made up for us and since
Ray was getting tired in the afternoon
after all the exciting + celebration I let
him & just sleep on the couch in the gym
hoping the couch would be opened up for
us. There were chairs in the office.
I went for a walk to get the Sunday paper
which wasn't available. So when I got
back everyone was going to the County Fair
They, Carol + Lauren told me the sheets
& blankets were under the couch - by the
I went out and they getting ready to
go to the Fair. When I got back the

DATE

doors were locked and Carol said they'd be open. I opened the back gate and saw that Robert & Stacie were watching a video and Robert opened the back door.

I couldn't open up the couch and Robert opened it for me. Made the bed up for Ray. Then Robert helped me phone clean up for the family as Di started with washing dishes while he put all the food away, and there was plenty of it & plenty I could spread.

Ray & I needed dinner so we packed on the Tex Mexican food.

Of course no one thanked me for cleaning up.

Next morning (9/18) no one bothered to fix Ray food. And I had to scrounge around for bread. They want any art, either I asked. Carol told Stuart to deposit some ~~package~~ of English muffins. The rest of the family was sleeping or food

DATE

Ray & I are not used to poking around
other cupboards

I went for a walk on the Beach. It
was beautiful. Got back at 11:30 when
the girl Ray was eating lunch (about 11:30 AM)
No one bothered to invite Ray to pick
at the food left over from yesterdays party.
So I immediately grabbed a plate and
dug what was available at it for Ray.
By the time I was going to get some
everything was practically gone with
Carol not even suggesting anything
like depositing some of that meat she
had frozen from the party. All I can
say is that I'm certainly not going
to break my back for the kids.
Well the Carol did mention that I
must have been the one who brought
the mom cookies.
It's a different world out there and

DATE

Carol & Karen never learned to say thank you to anything. If they just don't want me to do anything which is fine only I want raised that well. Dee has raised to be hospitable & generous. At least Robert is a good host and actually Karen can be when she puts her mind to it. But I still can not stay at my Carol & Stuart or their girls can't be helpful to Ray. I guess they don't care cause understood boy old and having alzheimers. I'll need to write everyone a letter and send them the book by Marie Shriver where father now has alzheimers.

Ray needs people to talk to him and Janet to tell the others that. They see each other

DATE

DATE

a lot and they could at least
spend some time with their father
and talk to him - not between themselves
in his presence -

Robert drove us home from Stuarts.
Eva + Scott drove us to La Salsa Bed
on ~~Friday~~ Saturday. Picked us up at 7 PM
Eva drove and had me sit in the front
with her. What a painful trip. I wish I
could be human like Ray; I don't
think Scott uttered a word to Ray.
Maybe he was thinking of his promotion
at the Shackleton Mutiny - talking
about hurricane Katrina and of
course, our theology professor. I
guess. He is so wrapped up in
his self importance it is pathetic
but I can't tell Robert that

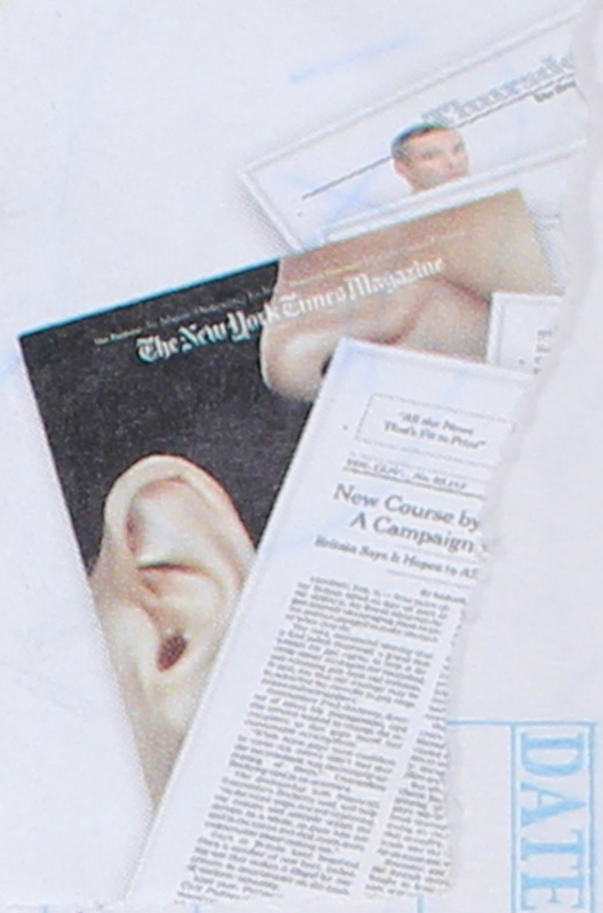
ork Times

Home delivery is early, convenient and s

$2.90

ayama

y, CA 94587-4357



DATE

y I Kitayama,

DATE

DATE

a lot
spent
and talk
in Lei

FX1 Chemin

2 ① Robert

②

IFN

Re
Eva
on
Eva d
will
Cond
Then
May
at-
abo
Con

9/15
Kathleen

gu
his self importance it is pathetic
but I can't tell Robert that

DATE

9/19/05 –
Ray called (dialed himself as always)
Stuart and thanked him for a nice weekend
and then asked if someone turned in his
knife. Stuart hasn't seen it but will be
on look out for it.

9/20 – no Shakespeare class for me today. Went
to work Hospital discuss on heart & stroke
attacks. Very informative as usual. Seen
I have atrial fibrillation I asked about
treatment and was told that only Coumadin
will help. Was hoping there would be
some supplement I could take.

9/21 Leona, Lori Neal & I had lunch
at Olive Art in Menlo Park. Very nice
lunch and we had a great time
even if the others couldn't make it
for various reasons. Beautiful day, too

DATE

a lot and they could at least spend some time with their father and talk to him - not between themselves in his presence -

Robert drove us home from Stuart. Eva + Scott drove us to La Selva Bch on ~~Friday~~ Saturday. Picked us up at 7AM Eva drove and had me sit in the front. Will have what a painful trip. I wish I could be human like Ken; I don't think Scott uttered a word to Ray. Maybe he was thinking of his parents at the Shareholder Meeting - talking about hurricane Katrina and of course, our Thanksgiving performance. I guess. He is so wrapped up in his self importance it is pathetic but I can't tell Robert that

DATE

9/19/05
Ray called (dialed himself as always)
Stuart and thanked him for a nice weekend
and then asked diff someone turned in his
knife. Stuart hasn't seen it but will be
on look out for it.

9/20 - no Shakespeare class for me today. Was
to work Hospital discuss on heart & stroke
attacks. Very informative as usual. Seen
I have atrial fibrillation I asked about
treatment and was told that only Coumadin
will help. Was hoping there would be
some supplement I could take.

9/21 Leona, Lori Pearl & I had lunch
at Allen Art in Menlo Park. Very nice
lunches and we had a great time
even if the others couldn't make it
for various reasons. Beautiful day, too

DATE

And the garden was lovely. Hated to have Ray home alone all day. He did okay but I should have asked Robert to take him out for lunch and to talk to him

Sat
9/24. Saw movie Lord of War. We both thot it
vy good. Ray surely enjoyed the Sushi Boat
Restaurant sushi. It was good to see him
eat well.
9/25 - exercised for ½ hr at home. tiring.
9/26/05 We walked for 40 min this A M
We were both tired when we got back. Jimmy
Leyva was supposed to take me to a
tile place at noon but wasn't able to make
it. Tomorrow he says.

I called Scott to find out about
Hurricane Rita and our Houston, Tx
store. Everything okay it seems. I don't think
it going back to the New Orleans store
tomorrow.

DATE

Scott dropped by and talked with Ray for a short while, worked on the sprinkler system. Came in and he's so darn grumpy he can't try to carry on a conversation I any sort with Ray. Scott is so engrossed with himself he just can't even try to talk to Ray. even about mundane things which I need to tell him. May Kate called this aft to see how things are coming along. I told her we're fine and that Ray's lazy home doesn't wonder like her husband Henry did. She's a good person but she really reminds me of the old timers never the way she talks.

Ray tried all afternoon. I had him wake up and wait for Scotty. Scott came an hour later than I expected him to come earlier. Scott helped disconnect some of the automatic watering that he set up. Came in and talked

Spoke to Jenny Wed 9/28, 7th
said things will be in mail myself each

DATE

to Ray a little bit - then home. This
attitude seems like - so I talked to Ray
and so I did and so what else. No wonder
Ray fell asleep on him. Scotty is
so engrossed with himself that he
can't seem to want to help anybody
but himself and his family. Well,
I guess that is not easy to live
and I'll never be sorry he didn't
pay much attention to us. (Ray & me)

Trudy
9/27 - Ray & I went to Hoover at ch.
St Center. Good workout. Jenny Lepo
called and couldn't come but told me when
the Tile Co is. I checked it out. Looks
like our set up will be good for the
ball bathroom. Price seems okay.

Spoke to Margo Heidt about Dr Linford
Dwayne. She was so helpful and down to
earth. He's at Oak Lake which is far from here
to drive to. We went to Kaiser Ally Care for
meeting this morning. Good session - open discussion

DATE

Wed
9/28/05 - Asked Robert to take Ray to lunch
since Dil be at the Hoyt Historical Society
from 11-4 p.m. He was very good about it
and he asked if we'd take Maya + Grace
on Sat for awhile. + Let's just watch. Ray
& I love having them here doing things
& Ernie
need to get ready for Chris Dyan visit
tomorrow to interview Ray. Cleaning & vacuuming
can be such a chore, too. Looks getting
the lunch together

Thurs
9/29/05 - Ray off to the Rose Garden Nursery.
so he was home very early.

Ray had a very good time with Chris. Answers
all her questions so very well. He remembers
so much and was her articulate self. Made
me feel so good. Didn't get sleepy at all.
He needs stimulation, obviously which I
will I could offer more. I'll better
get him to day care for more activity
~~She~~ Chris still working on the program people.

DATE

Need to work on the Pump situation Holiday
Issue right away.

Ray is such a good person. tries to
make it easier for me by helping here and there.
Doesn't shout or run off. Understanding of me
and I do my best to help him + Did more
miss him if he needs to go to a nursing home -
I want to be a better caregiver and a more
patient person. We live from day to day

9/30/05 Robert came over with the girls Maya + Dana
and took us to see Mad Hot Ballroom about dance contest
in NY - young children boys + girls. Was at the
Elmwood Theater. Wonderful movie, so well put together.
We had dinner at the MAD PUKU across the street. Good!
The 3 had a sleepover. Slept upstairs -

10/1 - The girls made pancake breakfast for Grandpa
Dan fun. They are so clever organized. They packed
veggies, and fruit which Maya arranged so nicely
Karen came over to see granite plans with Robert.
They all had lunch here and later left.

1040 DATE

Will miss the girls when they won't come anymore -

10/4/05 - Went to exercise class (jazzercize)
very nice workout. Worked in garden pr awhile
since Walter is coming to work on the pruning
that to debat finish. last branch or so.
Sure hope our Chanukkia comes back nicely
Don't have had to prune, really.
Well Jean didn't call yesterday - its been 2 weeks
Like she said to me, "Ray is your husband, deal
with it." Hope she got herself a job.
Helped Ray at ch computer to figure out his investment
status. He did very well and the computer is so slow
10/5 - Visited Stat & Julie Choy. Very nice visit. They
are so understanding and want to help with
Ray's illness. Very sympathetic. Julie is like
a social worker
10/6. To "Fall for fitness" exercise at the
Sr Center. Quite a workout and Ray
seemed satisfied. He rested well and
worked on the computer for awhile
Dr Wark called this afternoon & left earlier this
week. He said physical therapy would help Ray tighten

DATE

To my suggestion for stopping the headaches for awhile, he said try for a couple of months to see if any change. Continue 2 Prozac pills every morning. See Dr Wu in a few months.

Gosh someone left figs for us at the Sr Center They were so good! I was surprised that they had never tasted a fig before. We shot they grew on a fruit bush Oh well

Ill be damned, Jan called working! Low we are coming along she says. Spent most of the time on her doing for a gift yet. Not Len talk to Ray which was good

Dyed can't seem to get going on Rays dog Cave set up. It seems such a pain. Also need to get his parking permit. But he needs an ID which he can get at the D.M.V.

If only I could figure out the extent of her tantrum we could plan something.

DATE

10/6/05 Saturday To Shibata Gardens for annual fundraiser
National JA Historical Society. Got tickets for Robert & family
too and they all came including Karen. They are a
lovely family. Grace a very free spirited child will be
interesting to see how she develops. Grace Shibata had
a bad fall several weeks ago. Is now wearing a
huge ankle support - was in a wheel chair for
3 weeks. Was rather cold and I sure got chilled

Walter Fujii came ~~over~~ thru SM in his full
arboreal regalia. Only trimmed the lemon - the other
trees we'll wait until Feb or ~~April~~ March next year after
leaves have all fallen - Was nice to hear what his
girls are doing, Allyson a senior in Hgh school
and Sarah a junior at Santa Cruz (UC)

10/7 - to Book Review by ~~Dot~~ Dorothy Buckley
at St Rose Hospital. Rather small attendance
but it was nice. Dorothy is marvelous

DATE

14/10/05 Columbus Day. No school so that but New Haven Thyl was in attendance all day. Saw the movie "Oliver Twist". Very good. Ray seemed to enjoy it too. I haven't been feeling very well so Don't know what's wrong.

10/11/05 - To Jazzercise class with Ray. Nice workout but I had to "cut out" early. Felt dizziness coming on. Renewed our Lo Center dues ($40 for 2 for 1 year to Nov 5, 06. Called in to DMV. Got appt for this Friday for Ray's ID and parking placard. That will be a help for him though I think what walker are good. Lucky to get this early appt.

Went to see Kar. She was so pleased to see us and always remembers our names. There was a pianist performing so we couldn't talk much. Gave him slices of Japanese pears which he really enjoyed. One of the attendant said he's 3 of Kar's friends come to see him a few days ago

DATE

One was Elmer O'Reilly and another was Laurence Cabral.
I don't recognize the name of the ~~last~~ third person.
They brought him a picture of his 2nd & 3rd grade class
at John Muir School. I felt so sad and tears rolled
down my eyes. The pianist played old tunes that I
hadn't heard in years and Ray was enjoying it too.
We stayed a full hour and Keir said "Are you leaving
now?" Made me feel so sad, again. Actually we
left at 5:00 pm which is their dinner time

Jim O'Reilly finally got our condensed Trust
Agreements together. It is still confusing somewhat and
I'll need to question him soon. Sure is hard
to get all this stuff together since our trusts
were finally drawn up on Oct 12, 1998.
Need to be sure Ray agrees with everything.
We know perfectly what is going on
It took so long to get the first one done in 1998
and at the time we thought it was fine. We
even got 2 other lawyers. Neil Horton for me
and Margaret Rivera for Ray. Bird shop!

TEAM

DATE

10/13/05 - We went to Edwards Kenai at the Community Center. Very nice. We left early to go to the Balance Exercise class but since Ray was tired we came home instead. I have so much to do, I can't seem to get started on anything

Spoke to Jean Nomura about Diego & He seems to be getting closer to me.

Actually got to TACC Bd meeting. Had to go to give report about the Holiday Dance that I'd got to get started on. Ted picked me up and gave me a ride back. Nice of him.

10/14 - Finally got to DMV to get Ray's ID and parking placard, only to find that the computers were down statewide, so we came home and I went to work to checkout bathroom stuff -

10/15 Monday - Flight Plan with Jodie Foster

Very good. Spell binding

Had peripheral eye test at Kaiser Ray & I got our flu shots. Today, the first day

TAG

DATE

10/16/05 Jenny Laycox finally came over this AM
Gave me a quote on labor of $5,000. Well, I
can't find anyone else whom I could actually
depend on to do the job. Church with those
singing ministers was actually impressive
I slept a lot this aft. Very tired. Ray slept
a lot, too. We sure love eats the albacore
sashimi that we bought yesterday at the Farmers mkt.

Monday
10/17 - To the Sr Center for health screening
cholesterol, diabetes. My readings came
out very well, last time we were there
for was Feb 2003.
Nice day still though weather report says
cold is coming in a few days.
Book Review (AAUW) met today at
Berna Neumullers. Mary Maier reviewed
the Peabody Sisters. Excellently done
Come home to see Scotty working
on our computer. I was hoping he
could get music on but not today. In a
few days he'll call Bell again. Nice of him to come

DATE

DATE

and help me even if he dislikes doing it for us.
Got 4 tickets to the Moscow Ballet at
Cabot College for Oct 28. Got them as for
Friday, the 14th. Karen, Grace Mayo me.
Robert will baby sit Ray, Karen said.

10/15/05 - Optometry test - new vision by a technician
requested by Dr. Tanaka.

~~Rainy~~ Wet
10/19 Didn't go to Lunch Branch, Hope Leon doesn't
mind too much. Had a bad back today
probably because I was ~~stretching~~ stretching & stiff and
was bending over in an awkward way
- to Hayward Sister City dinner at Numanaki
Restaurant in Hayward. The mayor & Funabashi
2 educators and 2 others - all male. Matt
Hennessy and wife were at my table and
we had a good time. Ray decided not to come
along, I guess he did too much on
Tuesday yesterday - biking and running on

DATE

the equipment at the St Center. Sure was fun
out trying to set him up to use the equipment
He said the walker is easier than walking.

10/20/05 Thursday I went to the St symphony this aft
but had to take Ray for a 2 block walk,
get his lunch together and dash off. Luckily
I found a spot to park in the 10 Hr zone. Great
Concert with music by Ravel & Gershwin. Pianist Orion Weiss. The Vaughn
William Debut Concerto. Peter Oundjian conducts.
Picked up a book for the Christmas reveal at next
book meeting AAUW - at the SF Library.
Got home in time to take Ray to the Hay Wilson's early
farewell dinner at the Mt Eden Mansion.
Ray had a great time and really socialized
so well. I was so proud. If only the
kids could see him.

Still called the other day saying he can't
do anymore with our computer. When I
asked about getting a new one, he advised

DATE

against a DELL. Get a local company like HP
I also need faster reception - Comcast might be
the answer. Scott (with Evan probably in
pure) sent its time for the wholefamily to
come over to clean up our house. Frankly
I'm not ready for such an intrusion and
I have other things first - like Lall bathroom
and work with [redacted] our legal matters.
[redacted] doesn't seem to have enough to think about
She ought to get to find a job

10/22/05 - Went to James Logan Theft Flea market
this AM. Bought a pageant naked. Sort of purple
speckled glass. Three other items with nice trades.
Evening we went to the Church annual dinner
Was very nice and food prepared by the Michigan
members. Sat with Ruth & Roy Nance,
Medora & Wojciki Mary & Bob Ogawa.
Very nice group and Roy seemed to enjoy it
a lot.

DATE

DATE

10/23/05. After church we went to Sears & took out the treadmill and ~~bicycle~~ stationary bikes. Looks like the treadmill is what Ray prefers. Now to find a place for it where we can also set up a TV which he can watch as he goes along. With his tired legs I really don't know how long a time he could walk.

Stuart called to invite us to stop over to celebrate Lauren's 13th birthday ~~on~~ Nov 5. Of course we're delighted to go.

10/25 Tuesday went to Jazzercise class at the Sr center was such a ½ hr workout that today we had to sleep for quite a while after getting home. I needed to go over our trust agreement we're seeing Jimmy tomorrow. Discussed things with Ray and he has such a fixation on certain issues that it's hard to get his attention. Her concern that Mechanics Bank might try to screw Greenbay if they are named co-trustee with me

DATE

DATE

Oct. Went to Joyce Harper - Alz support group
2 women - one from St Gregories and one for
Hayward Convalent Hospital made their presentations
Both places seem very professionally run
though St Gregory cost $3,300 per month and
the Hayward Conv. Hospital was $5,700
per month. Costly all around.

Jean called - she still hasn't a job and
still felt I absolutely advice about what to
put the treadmill if we get one. Frank she
says why don't can't he get to the Sr Center and use
their equipment. Well I can't see her going out
of her home for exercise - they have a gym in
their house - I don't think that - think it
a good idea for Ray to have his
I told her were supposed to have a
raining weeks and I don't think I should
have to drive Ray to the Sr. Center every day.
She had a nice chatty time with Ray

DATE

12/25 - Robert brought over a big bunch of flo for Mother
In Law Day (12/26) from Carol and Karen + Eva. Beautiful bouq
Gold mums, brown mums, spoons + orange lilies - gorgeous!

10/26/05

Appt with Jen Shellpi then A/J. Ray was
up to id though he was confused a bit about
the gifts of $1,000 per year to his grand children.
I think Tom talked to him about what he does. And
I think Tom has set up a 529 account
for each of his grandkids for education.
Jen seemed satisfied that Ray is still okay
though Ray did tell her that he has A/J (early)
Dave Jen memo + spoke to Jen to Melissa
who works across the street from Jen's Dayton Office.

10/27 Called Gil myself to confirm meeting this A/J. Ray
went to pick tomatoes at his Rose Garden garden
We went to balance sheet in the afternoon at
work ourselves out. Need to order the stuff for the
bathroom called Jenny who said he's still coming to
do the work

DATE

10/28/05 — Took Karen, Gracie + Maya to see the Moscow Ballet - performing the Nutcracker at Cabot College. Marvelous performance the dancers great and costuming was marvelous. We had front seats - close and so good to see the performance. Maya loved it. Had to pay $200 for the tickets but she is okay w. Ray + me. Robert stayed home with Ray - cleaned up after we left and Ray bathed. Couldn't go shopping since Ray had diarrhea today. He seems okay this evening and I enjoyed spending time with Robert and one on one Ray such a good person

Karen is a good person and I hope Lopa will become my friend

DATE

11/29/05 - Got our abdominal aortic aneurysm screening at Waukegan Hospital. Ray came out clear but I had 1.7 x 1.8 cm. Dr Jain said to watch cholesterol and blood pressure.
Kathie called and I asked her about the ectasia. Still call in a day or so.

Ray & I got his treadmill at Sears this aft. Rather expensive but this year with me. He really will need it more as the wintry weather sets in. Just couldn't get the bathroom stuff together at Home Depot; need to get Eva to help me.

Went to see movie. Good rate. Good Luck about Edward R Murrow. Excellent
COONEY
Cooney was the director.

Jimmy Lupo said let's come Tuesday 6pm to Home Depot with me to get the bathtub I'm looking for - 2 piece - no need for

DATE

Really feel Dr getting very slow in remembering things.
Ray is better than I am actually.

10/31 - Halloween Day. Sasty brought over some very delicious smoked trout and 2 fresh trout that he got at Shadow Cliffs with his neighbor & I had the smoked and Ray the fresh - Both delicious.

Got $50 credit at Sears for the treadmill An ad in the Sunday paper was $50 less than what we paid for the same one.

No trick or treaters so I had nice candy too.

Called Jan Buffkin for appt re: accounting by Thurs.

11/1/05 Dolly Ito from Sears moved to Dublin. Said she works only Tuesday in Fremont at a H & R Block. Will see us Tuesday (11/8) at 2 PM

Weather looks like rain but we did some

DATE

gardening. Was good to see Ray outside trimming again and staking up the raspberries.

Knit called. It was great that she can now pick us up at Stuart's on Sunday. Will be there Friday nite & Sat nite. So now Stuart & Carol won't have to drive us back: Robert, Karen & Spike will take us

11/3/05 - To the Asian Art museum & see Pretty nice considering she raised 8 children after her husband died in Chens. Nice paintings but I got a little tired of it after ½ hr

The SF Symphony concert was just marvelous Peter Serkin was a treat. He played Stravinsky (1924) Concerto for Piano & Winds Instruments and Movements for Piano & Orchestra (1959)

The Britten - Four Sea Interludes & Passacaglia from Peter Grimes (1945) and The Young Persons Guide to the Orchestra Opus 34 (1946) The were both great.

DATE

DATE

Conductor was Oliver Knussen, Fine!
Robert took Ray out to lunch - noodles

11/4
Took Ray to see Dr Vincent Lee at Kaiser
ophthamology to check his red eyes. Seems
he has dandruff on his eye lashes.
Dr told Ray Johnson's Baby Shampoo
and wax his eye lashes several times a
day. No medication needed.
Called Carol to say we won't be going to La Selva
this weekend. Ray has bad cold. She relieved that we won't be coming. Oh well
11/5/05 Beautiful sunny day. Worked in
the garden to clean up. That Arturo was
coming today. He is too independent
Didn't come today. Need to get some
annuals planted.
Ray has a bad cold. Have had
to watch to see that he doesn't fall.
Well he did fall getting up from
the kitchen table. Had him
take it easy and slowly turn over

DATE

On his stomach and then work his way up - on his knees. I got him a sweater vests yesterday to keep him warm I need to find warmer jackets for him Saw some at Penny's yesterday. Since hope he doesn't get pneumonia. We got our flu shots on Oct 15. The coughs so badly I'm very concerned. We were considering going to the JCC Installation dinner tonight but I said Ray cough sounds so bad people wouldn't appreciate his spreading germs around

Don't exactly know why for sure but I believe Mr Father suspicions of Stuart. He is such a greedy and selfish person. If either Ray or I go first, he'll make trouble and I hope Ray ~~can't~~ won't be made a victim of his wrath. I remember years ago when we all were at Scott's Even

DATE

DATE

in there front apt w Mel Vreu, Stuart was picking on Ray - something to do with the business that I said - "Now, that's enough" and Stuart glared at me and I glared right back. Ray is such a good guy that he doesn't ray anything.

I need to put Ray's kids, esp. Stuart on a guilt trip (like Margo Heath said) Stuart has achieved a great pickings by coming into the nursery bock in 1991 and worked over Ree to get in. I don't really think Ree wanted him in Watsonville and he actually had no place for him. Besides Stuart left KB (Atmos City) in 1975 or so eventually started up with us in Homestead and then detached us after 1 years. And after making us pay for all his car expenses including gasoline, tires,

It was the Green Sirocco

DATE

Ray worked like anything to get Kee to hire Stuart and getting Stuart to try to set up an operation for sorts in Mexico
Stuart told Di sure but he was too "green". still. But Les and Carol made some great friends there and still are in contact. 2 years and they folded up. Kathy was glad to leave Mexico "in" Water since she was trying to make a go of things after Kee died in Dec 1991 and Stuart relieved her of a lot of pressure. She very generously gave Stuart a $40,000 bonus the first year. And Di sure has been getting a good income every year. We rents half the place out so there not much for him to do actually. For all we know he may rent all of the place out. ~~Fortunately~~ Fortunately a big outside area was

DATE

DATE

laid fallow for 3 years so organic farmers could use the land right away.

Stuart & Carl are doing Excedingly well and putting everything away. That's good, But Carl will inherit a lot from his parents and Stuart already has a great income from a job that he's fallen ~~asleep~~ created for him even before he was born. Stuarts family doesn't have Cable TV but they have a new computer. The old one was probably taken to the nursery and this new one is a replacement that the nursery paid for. Well they do some Nursery work on the computer. They could easily finish up their house but are doing it themselves which is good They are so pinchy and expect us to be generous. For Ryes birthday they gave him a picture of the family

DEAD

DATE

together at La Selva Beach where they won 1st prize in the sand castle contest. A picture taken on Eileen's computer and actually put into a used frame. Carol told me they would prepare an album of family pictures for but they were all too busy I guess and didn't care anyway. I asked Eileen to make place cards for each name for the table. I then seen the occasion was Ray's birthday that she'd do something nice - No, she got scrap paper and scribbled the names on. Well, Lauren made a beautiful cake with blueberry on top & pike. Was very nice Well it was a good party for Ray's 81st. Karen's dad, Tom even came. Drove in from San Rafael where he was staying with his son - Such a nice man and he brought me Scotch and Vegetable

DATE

DATE

for Ray to make trucksman that we could use the trucksman make the Korea / Robert your Ray. I need to use this soon last they think we are ungrateful keep me never be expected to do it. Oh well

Sunday
Nov 6. Drove 50 to Christ Ray early so sick. Kris came over this evening nice to see her after so long. She thought she had to pick up Hanover thing at a yard shop in Japan town. The studio looks great. She looks like she means business with her ceramic work she got production going. She is more interested in shapes than in glazes

In so many that can't seem

DATE

1

to work on the PC Holiday Issue Ads.

Just keeping Ray completely now in a job and I am feeling so bad to see him failing in health. He has low difficulty speaking things I don't think he realizes his problem

~~Kris~~ Yoko made some good changes for Ray which Ted brought over since he was going to Tonia to do some work that Tom asked for. So nice of her.

Spent a big time just getting with Kris. She needs mental stimulation beyond her normies and tasks - all of which she excels and loves. She is a bright young lady. She working on landscapes, I've got now around her studio

Nov 7. Was sad to see Kris leave this morning somehow - "bless be the ties that bind". Had to call Jan & Holly to cancel meetings with them today & tomorrow

DATE

DATE

Renee Ray is so sick. Hate to spread this cold around. Can't it feel Dr getting it, too.

Well Jean didn't call tonight. Wonder if she got a job

Robert called this a.m. to see how Ray was and offered to help if needed

11/9/05 Shopped the nisei Col alumni luncheon today. Ray's cold is bad and he is so jittery. I think he has Parkinsons. Dr Sorg at Kaiser said to see Ray Neurologist about the Parkinsons. It really seems to me that Ray has really gone down since his initial diagnosis by Dr Wu & Dr Seab (neurologist). I wonder what to do as Ray really can't go anywhere that requires much walking. Dr Sorg prescribed Keflex for possible infection also

DATE

DATE

Ray 9226715

11/8/05

Accept
Lovastatin
Celecoxib
Baby aspirin
Lisinopril
Prozac

Robitussin
Tylenol

Fell this AM
3 days ago - fall in kitchen
2 weeks ago " " bathtub
talks in his sleep now

Dr Song 1:45
2nd floor station

and the Oak Museum

needs me to be

too.

boy called and his temp
cold that lasted 3

Nursing

St Joseph and starts

morning at 7:30 AM

contact see Ray talking

self for long. Scott's

and stayed alone

no unpleasant seeing

with cold, runny nose

ents like we have

the plague. Has had

DATE

11/9/ Wondered if I should cancel the Oak Museum day trip for tomorrow. Ray needs me to be around and I'm concerned too.

Called Jean to ask about Ray cold and his terrible cold. Jean had similar cold which lasted 3 months. She said to use Mucinex

Jean finally got a job at St Joseph and starts tomorrow.

11/10/05. Cancelled the museum trip at 7:30 AM Was not to do that but I could see Ray falling again or being by himself for long. Scott & Robert brought in lunch and stayed about 45 min. Scott seemed so unpleasant seeing Ray or he is with a terrible cold, runny nose and terrible cough, acts like we have the plague. He's bad

DATE

11/11/05. Hardly slept last nite with Ray talking in his sleep and then moving so loud. I helped him get dressed this AM

Well the boys didn't call today at all. Already the 3rd day today. Ray stayed in all day. At least I did some exercise on the patio. Ray didn't want to participate. It bothers me to see him sit in his chair all day.

DATE

11/14/ Robert called to say that Tom's Victim's baby sr died this AM - cot dead - 5 months - So sad.

11/16/05 Wednesday Ray complaining of headache back of his neck and up. Said it has bothered him some yesterday PM. Called ahead nurse who spoke to a doctor who advised going to the hospital. I called 911 and ~~Fire fighters~~ Firemen came in about 3 minutes - 4 men altogether. Also 3 people from the ambulance Co. went to Kaiser Fremont. The ambulance guys (Mark) said Hayward is very busy, Fremont not that they are slow. We went to Fremont - no one was in the waiting room - They gave Ray a good blood test + X rays of his neck + head. After 5 PM a doctor came out and said Ray was okay and he was released

DATE

Beautiful weather & Gorgeous scenery and great weather products
Fuel men were in the for another week!

I took Sid Robert was available that he was
in Water when I called Leon. I helped us Sid
Ray back home and in bed.
Ray is starting to have problems. told me tonight
that we the kid going to bed. Darling Sue has
his eyes drop tho

11/18 Sid Cops on DH & not Ray while I
went to the Laundromat Our washing machine
broke down and what a mess
Sid's Ens & Kathy came over and Nightcaps
dinner So nice of them. Tomorrow they
will go to Boston for Thanksgiving
Ray slept well and not and looked good
I got some sleep too
11/19 Sid & Carol came over. Sid to help
me buy a washer. We got a Maytag
at Lowes in Plainville & a nice selection
Carol sat with Ray and washed our
family room & kitchen floors and all the
woodwork

DATE

11/19. Carl is so cozy tho. She & Shad check the old water and we all decided it was really broken down, Shad brought the water dryer home and he & Carol installed them what a job! Sure am grateful to both of them. Carol also cleaned blinds "woodwork" & the kitchen! Ray slept a lot today Very little "brightness" coffee. Got up to the table for breakfast & dinner. I fed him at his leather chair for lunch. He has been great today. Carol said he didn't talk any and he ate what his heart will for which

11/20 He drank tea today. Went to cemetary with the ph that Shad brought yesterday. Carol said to throw the chrysanthemums away but I helped them to recover enough to take to the cemetary for Thanksgiving

Jan called tonight. Thank God she

DATE

DATE

Lora a new gal, would like to have her think she'll come here again. Sorry now her best best week and that Jean is real happy. Thank God. I wonder if it was wise to tell her what a great help Robert has been since she is still Mother Superior -

11/21 Spoke to Bob Sokar re: our taxes. To send Jon Phelps in a very short time. To print bill help if needed. -

11/22 called Jon Buffer to appt re accounting. Set up for 11/27/05 at 1:30 - met with Holly Ito at her Fremont office this will speed but Confident comment Dean met re Jon Buffer

11/23 drove to Redwood Surely for my monthly volunteer job. Told Pearl can make it today. Need to be near Ray Ray's cold still lingers

DATE

11/23 Saw Kari. He seemed in good spirits but can't feel himself now. He still silly & nutty with a smile on his face

Friday 11/24/05 Thanksgiving at Brittni's. Very nice family gathering, as usual. Ray was feeling okay and Robert & Karen picked us up. Karen has been very nice lately. Does she really appreciated my talking to Len when Len mom was very ill and when Len brother Thomi baby (5 months old) died last week Robert & Karen's kitchen is finished at last. Robert brought over his old VCR but didn't connect it

Jr still ckllogy my new washer & dryer. I got some books done

Jr Okelly called back re: an accountant in Fremont.

11/26 Ray didn't seem to be so great. I stayed home all day hoping we could go see a movie in the afternoon but we stayed home instead

11/27 Ray had a bad nite & he talks a lot but I can't understand the

DATE

DATE

words or the conversation. He really is
not doing Too well. Thank God we will be
seeing Dr Seals Dec 5

I can't understand what Ray is saying
though I pretend I do since it seems like
harmless conversation. and remarks,

Ray had an odd thing - I went to her
office and found that he had put
his shave and electric toothbrush (Braun)
and soap into his travel purse and it
in his brief case. I put them
back into his bathroom this evening
so that he won't be looking for them
anywhere

Jean called. Ray was sleepy
on her chair so I told her I
didn't want to wake him since he'd
had a busy (hard way) day. and he
does sleep a lot

Hope Raywill be okay for the

DATE

Saddled Sr Citizen day trip next Sunday.

11/30 Ray seems to have gotten over all that coughing. - Thank goodness. Slept well and spoke clearly. We walked outside and he did well. The treadmill is helping I think

Rainy day
11/29 - Went & saw Jan Brethen; accountant really confused me about Trust reporting. Had to listen to her gab about her pond for about ¾ hr. Then pen seems reasonable but I need professional help. She said she would E mail Jim.

12/1 So rainy & stormy today. Stayed in. Almost finished that good turkey I fixed just for us last Saturday.

12/2 Left Jim message - to meet next week. This accounting & trust is really for the birds. I really need to change to Bk Satan who at least is available

TIME | DATE

Saw more Pride & Prejudice. Very neat
movie which I enjoyed. Had Sushi Boat meal
afterwards which Ray loved
12/4 - Sixty to Rancho Cordova with Scribbled Seniors
Lizzy has had nice performance and Ray told a lot -
12/6/05 Kahoomu's clinic Open House.
Great event, beautiful set up. Donna with
family & close friends at the Rose Garden. We had
a great lunch and Dr Dillon & family & employee
Ray got to talk to Don. I placed him next to
Don. Ok

12/7/05. - Dr. Stub this AM. Ray was fine and
Dr said to parkinsons. Myth by Rexonda in 6
months he'd check Dr try to hold off. The
side effects can be bad - similar to the
Prozac Reglan symptoms of a few
weeks ago
Bldg Specs called for

DATE

Patti Hanson the pacemaker technician and all okay - See us in March 2006

11/8 Thursday Eva Scold, Kathy come on - bright Sunny Prepared by Eva very nice roast veg, salad, cashews, Scott, Kathy put up our Christmas tree, Scott bought our new router for iPod I think he bought for at Safeway.

11/9 - Saw movie Sylvia.

11/10 Scott, Kathy bright ok 2 hunt that city field in the AM. So need plan to share. Then we went out to see Maya dance in the Nat. Opera. Long performance.

Kent, Roberts remodel & their holiday living room is great!

12/12 meds w Dr Hall

DATE

12/12 meds w Dr Phillips Hospital appt

see note

12/11 - Twilla NP for pap smear - Dr Phillips time
2 fibs provoked afterward and was late
Sent to urgent Care!

12/8 - To Dr Le { at 5:30 AM called Kacie about the bird in my area near the
gynecologist at Kacie. My bird burst as she was cleaning it. Sent to the vet's both 4x day. No antibiotics were needed. She was young and bright but I wonder if they. She even asked if I shaved. My Gynecologist.

Called Robert so Jean & Terry won't try to pick me up. Will go to Le Salon with him late this afternoon. Mark

DATE

better anyway thought I'd check really
plan like this this way. Someone is looking
after me. So I who supposed to
pick me up after they get the rental car
this AM. They are not paying for the airfare
or the rental car anyway. The white
trash we went to Solon with Astrid. Left
here around 5:30. Cherie Dennis was
picked up by Jean & Terry and we all
ate at Stuarts. Stuart is a greedy pig. Out
to bleed us dry and to laugh over it at
our expense. Poor Ray. He doesn't say anything.
Too much distraction with so many people
around even if they are his kids and there
families. I'm so afraid they are out to
take advantage of us and my expense.
I just hope I can get him away. Their
showing signs of failing and it
scares me and tires me

TEAM

DATE

12/10/05 Friday. Ray needs the Chronicle by the AM. Called Robert and asked him to bring the paper on his way back to the house to pick up Jon + Terry. Well Robert came in and told Ray to go walk to the shop to get the paper. Well I knew to for so I went to get it. Took me over 1 hour. Good idea it was sunny and walking along the beach boardwalk reminded me of the Malecon in Havana Cuba. The walk really tired me however. Carol called and said she'd take me window shopping at Capitola and asked if I wanted to go. I said "Of course". Got Ray some lunch and then he went to sleep again, so I went off with Carol.

Next saw Terry Jon + Robert at Capitola. They had walked from Santa Cruz to that point. I told Robert

DATE

of his abusive treatment to his father about the newspaper this morning and he said "It's just a short walk". I differed with him and so did Carol. I have to walk there abusive sons for Ray Lee.

12/17/05 - Christmas Party at the Selva Beach Club House. Was fine. Lots of work but was okay. Over 40 people came. Actually Ray was ready to come home when we were getting ready to go to the Club House for the party. Ray Sr. can't get with so much noise & people.

12/18 - Stormy and raining. Cleaned up the house & debris of the Xmas Eve party. Scott drove us home to Union City. What a relief to get back home in this place & quiet.

Scott & Katherine put up our tree a few days ago & it a way I wish they hadn't but Ray seemed to like it.

TEXT

DATE

12/21/05 - (Wed) Lunch Bunch at Joan Reynolds. I took Spinach Salad which was very good and everyone enjoyed. Some of the other dishes were really not so hot, I that I didn't eat much. Joan's home is so beautifully decorated as always. Must call Peg Dennet about her husband, also need to see Peg Snider.

Kinko's Merry today.

Need to Christmas shop but can't seem to get started even now.

Ray is riding the treadmill so well, I'm glad.

12/23 - To lunch at Woodley Daywood. Was nice to be invited.

12/24/05. Sat. Took us to see the movie Memoirs of a Geisha. Too long. over 2 hrs. Then cemetery then to see Kari. He always seems fine. If only he could

DATE

DATE

hear better he would be able to converse more.
I get tired of raising my voice. Ray detest
Come with me. Donna tried. Got him
a sashimi dinner from Rhaistmas Eve
dinner.

12/25/05 Christmas at Robert + Karen's. Eva
& Seth picked us up. Left our presents. How
Why in hell did she give Ray a for
him to use when he sits and watches TV. The
bike what he is using now = a beige
blanket. He likes the weight and its comfort.
Well Karen & Robert gave him the
same - only a blue one. There were
disappointing gifts to Ray.
Yesterday Ray got Seth to take him
shopping at Target to get me gifts. So sweet of
him. I got a great navy, nifty socks
and a DVD - Chicago + Neil Simon
I bet Ray some flannel shirts and a

DATE

warm jacket that he may be doesn't
need. Maya gave Ray some pistachios
which he can't eat much less peel
I got a scarf from Karen which she
must have had for a year in a box
when Scotty gave me a bottle of Cutty
Sarke. We got meat from Stuart
+ Carol. I gave all the wives lovely
sweaters from Macys. Too nice considering
what we got back. However I cut
back & the 3 little grandkids and gave
too much to Eileen, Lauren - a DVD
& the 4 & 4 Sisterhood and $20 each
which they probably won't thank us for.
I'll need to let them know sometime.
I told Eileen about the envelopes for each of
them (Lauren + Eileen) and she said - yeh,
checks and that was all. If I
were quick enough I would have said

DATE

"You're welcome". Robert don't remember about ~~take~~ going to the Dr's may ask Ellen and the kids. I don't think so. I'll be spending too much on them which wouldn't be appreciated anyway but would be expected, I suppose. I need to go sometime however. Maybe I can go with Karen.

Robert + Karen's new kitchen is very nice and with the wall taken down and light pictures changed, the whole 1st level looks great. Robert set up a bar in the garage. Everything worked out fine. I bought Spinach salad. Karen and her father (Tom Johnston) fixed a tasty pot dish. A lot of guest hors d'oeuvres were served also. Robert mixed drinks with rum, lots of mint ~~beer~~ leaves and lime juice + ~~beer~~ rum. So good! Stuart talked to me

NAME

DATE

about the computer he's going to help me buy. Wonder why Carol felt she had to hang around as well as Eva - Miss know it all who has so much to say about computers today but won't say anything to me in our house. That girl is such a control freak and says she'll help me buy things - but I don't need her to push me around to make decisions. I know if she came with me to buy the washer & dryer she'd steer me to Sears and not let me in on the buying that stood helped me buy.

Actually I wonder if Eva would help me buy a computer. That would be dangerous, I'm afraid.

Very raining with tonight

DATE

12/26/05 Monday. Day off for everyone - a holiday. Ke
mail etc. Jean called, what was nice.
She had Dennis Katagame + family over
for Christmas Day dinner. Thats nice and
I told Len Di must let God wonderful mind.
Ray told Len he didn't know what to do
with all these blankets that Leigh
Glad that Jean enjoy Leigh got. Hope she
doesn't lose it
Di trying to figure out the rest of
this week. To see what happ -
contact KE)
Watched clip of Ronald Reagan on TV with
Ray. To be continued next week. It's quite
good. Ray is probably more interested
because Reagan had Alzheimer - I just
read in the paper about a person who
awoke had severe auto accident. The
mother had injured her head - Evidently
got Alzheimer (like Hankin)

Medication

TITLE

DATE

DATE

1/1/06 Sunday - to church - took communion with the congregation - had Ozone and good fergin food. Came home and off to Tom's. Thanks for family gathering. Scott came over earlier, had a drink with me, took down our Christmas tree and put it away. I wonder why he took Kathryn to Tom's; left her there then came over here without her. Something strange is going on; Scott and Kathryn want to make their mockin' and she did, I guess. That Scott would be leaving early, he was on the phone with Eva, I presume, got pod together to take home and didn't leave for another hour or two.

It was nice to see John & Audry Kokesh, Kara from LA, Brother Kokesh were in Colorado we were told. Josh is such a good boy and growing so fast. All of Barbara's Frankie kids were there. Robert, girls & Karen (surprise) added to the party as well as Brenda and

DATE

Clara, Ted & Yoko & kids (her b.f. had to fix his roof. Its been so rainy. Flood in Napa, Russian River area etc.

Made Mochi with Jo Kawamura great help. Robert took a lot home which I replenished ~~with~~ then one batch. Need to tell him.

Tom is beginning to show some dementia problems. Vicki is always being called for all kinds of help. She's lucky that Monica & Barbara are such great help as well as David. Monica was helping with their medicare drug (perscription plan) that goes into effect today.

Hope Karen's plan for our Dr. Advisory members will be good & with a good price.

Was nice to exchange greetings with David's girls Janelle, Cayla, Elaina & Mirael seeing Takako & Ted tonight.

It rained like hell and I hoped

DATE

Scott would help me with putting things into the
Scott is
car and with Ray. Was impossible. So self
centred, I told him earlier that Meerleaf
stockholders need dividends. He said he's gonna
have to cut back on his salary to do that.
That's okay with me.

~~But~~ I asked Robert to get Ray's food and he
was good enough to get him a place at the table
too. I had to do my workin so could help Ray.
Ray ate a lot at lunch but still had
big appetite.

1/2/06 - Called Suzi back. She tires me.
Miki called saying she'd like to come stay in
Feb. They are having a party for Waka's 96
birthday. Kathy, Donald are in Seattle
with Kimi who is interning at ~~Wash U~~ Wash U.

DATE

DATE

and drinking a New Years Day party at his apartment after being on 12 hr duty (until 3 or 4 AM)

Called Kris back, She's coming on Jan 28th to San Jose for a dinner for some honor, She'll stay overnight and will shop on Jan 29 (Friday)

Rob this morning Ray was sitting at the table, telling me he's waiting for his mocha with his cream. When I got it ready, he asked, "Where is everybody?" God almighty.

It rained all day so I couldn't get Ray's Accord. I'll be without for another nite. I'll get it tomorrow. I didn't do much today. Watched the Rose Bowl (was so rainy in Pasadena) then the football games - Wisconsin vs Auburn at Capitol Bowl in Orlando Florida. Then Ohio State vs Notre Dame at Fiesta Bowl in Tempe, Arizona Both Wisconsin & Ohio State won. Was really

DATE

Exciting finish both. Good game!

Watched the 2nd and last part of Ronald Reagan on TV tonight. Was very good, I thought. It ended with his daughter Patti having made to him telling him that she appreciated his bringing her up with values that she cherishes and having found her God and Lord and Savior.

Then there was his declaration of his Alzheimer's disease - all hand written and beautifully done.

"Must get Chazie bio of Ray back to her tomorrow if possible. It is so mixed up Ray responses are so confusing to anyone only as I heard her stories so much I know what he's trying to say

1/3/05 Robert came over to work on

TIME | DATE

Jan 4, 2006 Wed Scott came over with Sandwiches + soup and a KB agreement that is supposed to be like the Greenley. Some changes are being considered for the Greenley anyway. Scott is so slimy I'm thinking a dumb bunch would drive us to go along with the changes which I challenged as we went over it. I also said we needed the Greenley agreement by Law - not the KB. Dozer & he is running our business in such a haphazard way he needs to be retired. Only I'm not a back up as far as I can see. I don't think he knows how to show respect for people ~~as a rule~~ as a way to get his way. Those fellows on the administrative staff are using him and there are too many employed still & a cut back has been in order for a long time.

I made a big mistake in telling

DATE

Scott about Ray + my + my front truck
etc. Of course he wanted to be sure
that all the company stock goes to the
children after we pass on - Apparently
that was what the understanding was in
the 1980's (I think) among the brothers.
Well the business was still doing well
then

Scott now knows that we have a good
trust attorney - I told him since 1998 when we
set up the trusts to protect me and Ray's children.
I told him I don't relish the idea that should I
outlive Ray that I will have 8 (4 couples)
out to strip me. I sound paranoid
and I really believe I am. This actually
reminds me of when I would argue with Kari
about getting my fair share of the Fuji
nursery which eventually I never got.
Talk about being stripped by my own

flesh and blood after 30 years of quest.
However its a good thing I had a chance to
serve Hayward and make a name for myself and the
Japanese community.

Well, anyway, I wish I hadn't talked
to Scotty too much. Also you may don't
know what is going on. I think this is
something he truly understands but I can't
verbalize so well, anymore. One-to-one, he's okay
but Scotty is impossible to understand and
he is too young I think he needs a
class in How to win Friends & Influence people.
~~How to get along with people~~
- a course the Boy had his key employer
take when he was in Brighton.

Watched the Rose Bowl Game - Texas Ag
against USC. Texas won during the last few
seconds of the game. Was the hero
that he didn't get the Heisman Trophy this year

TITLE

DATE

Thursday

4/5/06 (Thursday) Got up too late to have time to take our walk a little late this A.M. Ray still gets tired but actually is doing okay, I think. Wanted to get him to a medical supply store to get the bathroom shower stool he wants, also the toilet seat raiser or whatever it is - so he can sit higher but by myself tried. Jim Allan's dad's daughter who has MS uses one ^ which toilet seat elevator she carries around. When she goes anywhere. Its so hard to grow old.

Read the book

Lessons: Ray Simmons sent it to me. It's very helpful to me now. The quotes are so sensitive and so carefully chosen by the author, , whose husband was a victim of Alzheimer's.

I truly feel I'm getting too many senior moments now - Not good. Need to keep well to help Ray and he really

DATE

DATE

it getting so he needs ~~help~~ attention. Think God he can still shower, dress, go bathroom etc. He dresses slowly and eats slowly but that's okay. At least he's trying

Had dinner at the Rose Garden. Was okay

Carol called wants to know if I'd go with Eileen + Lauren to the Dr. Seuss this Sunday. They will come Sat aft and she will help me buy a computer I don't I would need one but the computers change so much every year I should get one now and she'll help set it up for me. He's a good guy and Carol is so great. What a team!

I will have Stuart put in a phone jack to help Ray hear easily.

Carol said it's easy.

DATE

Sat

Jan 7, 2015 Raining off + on. Took Ray to see Medical supplies. He didn't like the shoes Sam + Ida tried. Not much. Will need to find one that he will like.

Shirl Carol + girls came about 2 p.m. Shirl + Ellen + I went by a computer at Best Buy. Got an E machine though Scott said I should get a Local Company like H.P. Will Shirl need to check this is a good buy for me - So we just got the computer We had a Dell printer which Shirl says is good. I hope this turns out okay

Got a lot of food - ~~Attle~~ b'd chicken cup cakes + fruit from Costco and a lot of stuff from Safeway. The girls + Carol fixed the dinner Carol took all the Chicken apart + the meat from the bones Sure was a lot of meat + Tacos, even chicken done nicely. Sometimes they are burned. Maybe reheated too many times

DATE

DATE

Worked on the computer - Stuart put it together, actually. It's actually different from my old Dell. And these speakers now work. Stuart took our old Dell computer, the speakers that I had from somewhere that he says he can use. They were actually in a box with Dell stuff and nice & big, too. He also took all the Dell disks which he said I wouldn't be using anyway. Oh well so he taked advantage of me again.

Ellen got him to buy some DVDs for me to play while I work on the computer. Very nice of her.

Big old stupid evening!

1/8/06 - We all went to the De Young Museum in SF. Very nice new bldg and I loved the way the paintings were hung. All modern though. Didn't see any Rembrants though but nice day, was somewhere. Saw the Daphnuts

DATE

(Egyptian green) architecture. Excellent! Saw a couple of large Chinese statues. That kind there (I paid $30 thing 2 them it cost a little more.

Ray was able to see a lot since we rented a wheel chair for him which Steve pushed around. It was good for both of them.

To the Legion of Honor next which they all loved. Eileen took a lot of pics. They got a great view of the Golden Gate Bridge. The building is so beautiful and the early Renaissance paintings were a relief to see + enjoy. Ray walked the galleries however he wanted to, until he got tired and said "Let's go back" (We were there about 6 galleries!

After we got back I worked on the computer and had some problems getting on. Steve helped a little as well as Carol who talks too much

DATE

DATE

anyway. They were leaving so I gave them a lot of left over chicken, all the chips that Stuart was devouring anyway, some cake & cookies.

We gave the girls $20 to buy something from the Lil Yung gift shop. Eileen got a clock and Lauren some things

I really don't feel very complete with this computer. But I'll try it for 10 days

What a pain.

Stuart put in the new shower head but I think it's too high and probably won't work for Ray — who still feels he wants a chair to sit on. That's okay with me. We saw one at a medical supply store which he didn't like in my bathroom

1/9/06 (Monday) Finally got the car serviced - It rides nicely. Also a much needed car wash.

Looks like Ray is planning to use my bathroom from now on. What a pain

DATE

DATE

He takes so long shaving and brushing his teeth,
Now the towels will all be mixed up. What a pain.
The new computer gives me the willies. Will work on it
for a few more days and check it out with Ken
Lester. I just can't help but feel that Stuart just
let me be taken. That's what I get for being so
trustworthy. We turn in a way to be helpful but
what a pain since he & her Stuart is mixed all the
time plus his family of course. It bothers me
that on Sat nite Stu & Carol said she would use
my old Dell to do book work at time & Yesterday
(Saturday) she said she couldn't work at home.
No room in the office and the girls are using
the computers that are set up already. Such
lying is not good for me to see.

Looked up Emachines on the Internet - Google.
Their whole offering are questionable - not very
consumer minded. People have difficulty getting
rebate. Got copy of the 3yr warranty off the
computer

TEAM

DATE

1/10/06 – E-mail from Carol. Nothing real about the weekend they all spent here and I sure spent a lot of money. Had them lots of food to take home. She said she'd be able to figure out the computer and feel good about it. Well she has plenty of helpers around for herself and #2 is 83 years old with no one around.

Beautiful sunny day.

1/12/06 Meeting with Jim Phillips, Mary Ann Aber at Rob Moore office. Decided the best way would be for me to have Redoman Bank handle Rapstrait acct. Jim will handle the joint acct at Morgan Stanley and his IRA which Trust manager don't touch.

Went to see Wolf Creek (movie made in Australia based on a true story. Scary & weird.

DATE

1/14/96. Very very rainy. We had tickets to the Broadway series at the Paramount Theatre in Oakland. By 5:30 we can take BART but decided against going because of the weather. Okay with me. I tried to get East Bay Para Transit on the phone but they were so busy and kept me on the line forever.. We'll try to get Para transit next time we go anywhere but it says they have a 1 hour leeway before and after.

Kathi called this AM. It's really nice to have a good relationship with the relatives. She + Kiki will be out here next month for Kathi's 96 birthday and stay here for awhile & then Dont Kami, Rally is going thru residency at Univ of Wash Med school in Seattle - 30 hour shifts. What a drag. Nice to hear she has a bf in Boston in the same field of study - neurology ——

DATE

Saw SD much football today on TV - Saints over the Red Socks
won and Denver won over the Pats

Sunny day
11/15/06 Sunday - Went to church with Ray.
Had talked to St. Symphony but that it best
to get Ray to church. Someday this will
end and I need not want to be with him now

I sure will miss him if we need to
place him in a nursing home, extended
care.

The side fence is being fixed after
the storm damage. Roger and I are sharing
the expense $700 - $350 each. Jim
getting the front part of the fence redone too.
The computer might be okay
I've got to work on it more. What a
pain but I'll need to get it going
right for me. Ray played solitaire
tonight but I had to get away or

DATE

be stuck playing for an hour. I think he need to get him started again if he can learn to get onto the computer (machine)

Robert called for Boyd from checking in around City Hall & the rents

1/16/06 - walked this AM for about 25 minutes, Ray did as well, too.

Jean called (finally) tonight. Sad she was sick. I'd let her. She was ill. No she went skiing with Robert, Scott and were bored after ½ day. R+S were here in Brighton for Thursday meeting.

Jean is very bad. When I told her I'd had problems with Tom, Jean said that Lee probably to accept when she married him - quit a smile in Jean's voice. Ugh. I know she would love Ray in a nursing home if I should die. And just leave Lee there.

TEXT

DATE

Rainy day

1/18/02 Wed. Lunch Bunch at Ilene Bolters.

I made a chicken dish with lots of thyme and

added grapes at the end. Was good, I thought.

Even Leona Richardson said it was good

and that is a compliment. I went with Denie Lester

I'm beginning to feel like I headed toward

Alzheimers. I have been experiencing too many

senior moments. Sure would like to be

living in a retirement place with

assisted living available - would be nice -

for me.

Got letter from Jim Phillips which I asked

him for after at the meeting at Rob Avons on

Jan 12. Wanted to know what he felt we

accomplished. His phone interruptions

were very distracting & frustrating to me

and I was quite upset. I don't

really think Jim knows what was

discussed. I need to get another attorney

Will talk to Bill Sahm. I left a text after the meeting

DATE

~~Feb~~

1/18/06 Spoke to Bill Lemke about our need to have our CPA closer to us since these title issues are coming up someday, maybe soon

Ray - I walked for one ½ hr this AM. He walks so fast that I need to tell him to slow down. He also rode his treadmill. He is very tired and I wonder if he needs less medication. He used the walker tonight. He was almost ready to fall this evening when he got up to put his dishes into the sink. Poor guy. We need to get him a walker with a seat and a shower stall seat.

Dr getting better at using the Computer

Robert called this AM. - invited us both for Gracie's birthday party tomorrow. We can go and I'm glad. That they might be having a party just by themselves

DATE

- am writing a letter to Jim Phillips. Really need to find a way to discharge him

1/20/06 - Scott & Eva & K drove us back from Dracie party. Robert picked us up. Rainy day today. Nice party - Carol, Steve & kids come as well as nice Dorz and Haruko & Kenji - Bob Carol pick up a Russian set of dolls for Gracie. Paid Carol $10 for them. Dracie likes the one I have and she was pleased with her own set

1/22 - Not feeling well. Threw up my dinner

1/26/06 (Thursday) wondered if it would be okay to leave Ray alone to go to the Symphony. He seemed okay. Rec AM and went to talkative in his sleep last nite. Robert was taking him out to lunch. So I left around 10:30 AM, got a parking spot at BART. Had time to grab a sandwich + tea at the St. Helena Cafe. I

DATE

was feeling a bit dizzy yet from my upset stomach
& Sunday. The food was good for me and so
I went to the Asian Art Museum to see the ~~17~~ 18th century paintings & prints. Very nice and
educational to me

Had an appt with Dr Richards yesterday since
my blood pressure was like 164/90, 193/90 when
I tested myself on Tuesday. She went over my
record and did some examing & lungs & ~~heart~~ heart.
She said to stop coffee drinking also. But my
blood pressure was 136/60 when she took it
after my ~~food~~ neighbors at home.
↑
With told me that her brother Teacher died.
Told me at the Concert (symphony.

Kris came over around 10:30 AM. She was
at an award dinner dinner in San Jose
Fairmont Hotel. She was very much so
honored - field of education. ~~Funding~~ funding
for her in Govt funds toward minority
students, I think. I gave her the
Bob Stockdale wooden bowl - beautiful -
that Charlotte Brown gave me. Dr is

related to Kris by way of Lee & husband Jim.
He married Jean Wicker's sister, Kay Schimoler
a noted endever. Kris stayed overnight
Nice to see Lee and to chat.

1/27/06. Went to shop W. Kris but the rainy weather and Ray's absence made me want to stay home with him. Must get an appointment to Dr Seals for next week. I don't think the Prozac helps him.

1/28 Sat Saw movie Brokeback Mt. I
Beautiful scenery music — that is very intensely - dealing with relationship. We forgot to go to the Buddhist Crab fest. Oh well Kathi called. Will help me when the corner in Feb. Need to get Ray up with a care person
1/29 Church today. Saw more Mardi Gras Parade - excellent.

1/30 - Finally got letter off to Jim O'Sullivan
Took me days to write it. Now to touch
this sad history on Ray which is so

DATE

poorly done. Chazz Dyson must have had a hard time working it up.

Need to call on long term insurance to cover the features of the coverage.

1/31 GE Long Term Ins is now 6
a representative will be calling tomorrow or Thursday

2/1/06 - Barry selling SBC to install DSL. So much time just to get an agent on the line - long wait. Called Stuart to get correct information to SBC
We will have DSL available on Feb 10
and will have to have Stuart connect it up
- Kathe called telling me to hurry and get care help for Ray. Need to set going

2/5 Ray is hallucinating - said there were ants on the carpet in his room and water around the base of the toilet in the hall bathroom. Just told him okay and will

DATE

DATE

I took care of the problems. Then worried

me

2/6/06 called Dr Seab office. Spoke to nurse Kim
about Ray - also his rt leg is getting weaker,
he sleeps a lot. She said she'd talk to Dr Seab and
he would call me. At 4:30 pm I called back. She spoke
to Dr Seab who said to start taking only 1 Prozac pill
in the morning and let's see if head is improved
I looked up on Google and recovery from Prozac
can be scary - maybe Ray will hallucinate
more or start wandering.

Mike called about having Karen usher
pat into the Fuji niche at chapel of the Chimes
Told her to talk to Walter. I don't think that
is a good idea. They should get a niche for
Karen & Sally - even if he was married again.
And divorced 2 times

~~Debbie~~ while I was working on the dig. stuff
the doorbell rang and a lovely box of orchids

another arrived for me from Hiroshi with a Happy Birthday card. It made me cry. The flower comforted me.

2/7/06. Well Kathy will be busy trying to help me on Friday since Dr trying to plan for it.

Beautiful day. Saw Dr Tony Wu with Ray. He told me he leaving Kaiser and moving to Taiwan his home is there. Said Ray should do what Dr Seab prescribes - as reducing the Prozac to 1 pill. He will have Ray go to therapy for his leg problem. Said Ray looks fine but ~~that~~ check her heart or lungs. Blood pressure was nice and low. Saw Trino selling flr in front of the building B at Kaiser Union Sq. He gave me a lovely bouquet of flr

Finished digging up the 4 beds in back to prepare for the vegetable plants this Spring. Weather is supposed to be nice all week so I shd ~~did~~ do it before the soil gets dry.

Spoke to Joey about asking Suzie her opinion about Randi ~~re~~ remains being put into our family niche. We agreed it would

DATE

not be such a good idea and she'd be
poor as hell. She hates the Doctor
so much. Will talk to Walter
Will Jean dare call tonight. She's
due. Last time she called was January 16.
If she loves her father she should call
but she sure will be grabby when she
time comes whether Ray dies first or
after not. She is so conscientious about
writing everything in her notebook I shot she'd
have a reminder to call every 2 weeks at
least. Ray needs the attention and she
could care less, I'm afraid.

Robert called about celebrating my
birthday. Told him this week is bad. So
maybe will do it on Valentine Day &
celebrate everybodies day.

DATE

gorgeous day

2/9/06 - Miki came in the AM. She had a long conference call from Wash DC and sat out in the warm sunshine with the daffodils blooming in the garden. It's cold in D.C. I told a good visit Walter called and told her it would be better if the Doctor had their niche at the chapel of the chimes instead of putting Kan at our family. So now Sally and Kan can be together like it should be. We'll miss her in our space. Actually the Doctor should have their own niche. They are still recognized as a well known family in Hayward

Lined up visits for 2 caregiver agencies for tomorrow and a visit to Lt. Gregg Manor in Castro Valley.

Kathi came in late to San Jose Mercy Airport. Miki picked her up at 11:30 pm. They are staying at up the street

Teri sent a Ray doesn't need distraction. Seems to agitate him.

(Denii Lester called and said Leone, she'd wanted to
be early to set up for Margaret Callaghan & the lunch
event on 2/15. Margaret is beginning to lose it)

Will is to had a bad nite last nite. Up every
½ hr getting ready to get dressed. D told him
each time that it's too early and still dark
outside. It was a rough nite for both of us

Friday
2/10/06. Kathi & I spoke to the agency for Rap
daily care. Maybe twice a week to relieve
me for shopping or whatever like going to the
Symphony or Shakespeare class
The agency over

Seems good and they said that this agency
helped Jerry Shebata for 3 years or so. Has he
had a full time live in woman (Filipina)

DATE

DATE

Mich & I went to St Regis Haven in CV. Found out they just have been taken over by the same people who own Oak Creek. Nice to hear that, since I liked Oak Creek a lot. This place will be called Willow Creek and presently have 9 openings. Cost is about $4,00 per month. Pool kept care

When we got home again I had to wake Ray up to get ready for dinner. First thing he asked was "What did you decide". I assured him that nothing was decided, and if there is a decision to be made he will have full input.

Had dinner tonight with Walt, Vic & Kathy, Kathie, Gary, Mich & Kris at the ~~Scott~~ Mayflower Seafood Restaurant. Very good. Kris & Kathie set it up but Walt & Vic paid. Was delicious. And we had a good time visiting. It was really fun to and I ~~not~~ wished Robert & Scotty were there, too.

DATE

I feel very fortunate that the Dometa Medal
can no good to me as well as Walt & Vic -
Guess I'm lucky in many respects.

Jessi Phillips called today wondering if he
could continue his services since I was re
upset with him at our last meeting on Jan 12
I told him to go ahead please. May Dan Abram
is almost ready to meet with us

Tonight was the opening of the Winter
Olympic Games in Turin, Italy. It was
beautiful and exciting and so emotional. They
honored women, and had Yoko Ono read a
poem by John Lennon - or Peace ~~Enterprise~~ to
me. But the Peace theme is so universal,

Angie & Kris stayed until they left to
pick up Jessie & Sierra at the Oakland
Airport and fly to Sacramento.

Angie does Sophia's hair
She not really kind of

DATE

2/11/06 - My Birthday 84 yrs old! Roz gave me a nice card (via Robert) and a lovely bracelet (via Scotty)

We drove to Sacramento, saw Kaiser studio which is really very nice. The yard needs landscaping and that will come she says - dealing with a designer.

Jessica & Sierra were there as well as Sarah & Kimi Dorsch Reilly (who we picked up at Oak airport and Anya. They all took me to a French Restaurant in Folsom. It is very nice but so far from town - about ½ hr ride. We came home soon thereafter in Mike's rental car with Kathie & Mike

Nice restaurant but I didn't order anything French. Sorry me, after requesting a Restaurant to dine in. We drove back in time to pick up Peter Stebbins at SF airport at 11:15 or so. Peter stayed with us this visit. Nice to see him.

2/12/06 - Dakin's birthday party at Theresa's Mom Ruzenski's grand home in Vallejo.

DATE

(Pete rented a car at Avis Int-rental for $29 - a day
So much cheaper than taking a taxi to SF airport
for 49.00)

Very nice gathering for at Wahoo party. Relatives
from Boston, Seattle & Seattle area, LA etc.
About 40 Iguess. Thanks Kuki & Kris organized
it. Incredible food, even a big roasted pig done
Filipino style (Lechon in Filipino). Nice flower
also. Wahoo looked so good

Peter, Jessie & Sierra stayed here overnight &
leave early tomorrow AM. Jessie is a lovely lady
(34 yrs old) and Sierra is a good 13 year old
tiny and very pretty

2/13/06 - Got up at 7AM which is when Peter had to
leave to catch his flight. Jessie & Sierra had to
leave at 7:15 AM. Miki came to pick them up.
Kathy went by taxi to Mineta airport at 6 AM
What a morning! Jessie & Sierra missed their

DATE

flight out of Oakland. Was hard to get on the flight since the weather is bad in Wash DC (Dulles). But Mike got on line and found a flight (Jet Blue) 5:55 AM out of Oakland, via Long Beach then to DC at 5:15 PM What a life.

I was so tired today, took it very easy and did set up an appt with _____

Scotty called - wants them to take me out for birthday. At first family will celebrate my day in March. In as future the boys are no attention yet, Will their wife Jean hasn't called in a month. So bad - and Ray thinks about her so much. He relies on me so much now. I feel like a born loser. Well, losers are useful to others

Ole Dick Cheney shot a hunting companion in Texas (quail hunting). It was kept from the newspapers for over a day. The victim has been hospitalized. Scatter shots entered his body. One near his heart

Released

DATE

2/14/06 Valentine Day. Mike left this AM around 8:45. Was nice to have her visit for a few days. Sorry we couldn't accomodate the Dr to do in their visit to put Ken in the family niche at Chapel of the Chimes. Suzy very much opposed it and it seems to me that the children should get one for their parents.

Gorgeous day today. Beautiful sun rise ~~this~~ sky is the best about 7:15 AM when I observed it.

We went to Jerry Restaurant for our Valentine Dinner.

Have been tired all day. I think I need to walk and exercise more.

Wall TEEN called about 8:15 pm or so. She hasn't called in a month. The last time was Jan 16, 2006. She should be ashamed of herself. Ray is my husband and I'm supposed to care

DATE

for him, so she told me, well, he is
her father and the Bible does say to
honor thy father + mother. Guess she
skips over those parts. Selfishness is
not a good trait, and she + Terry are two
of a kind, Terry doesn't mind his mother
living on welfare. The JW don't like
and don't vote
government, but they sponge off of it to
their advantage. Bad!

Ned to get called in ready for Lord Buck
tomorrow. Poor Margaret Callaghan is
losing it so badly. + Gene, Leone
and I are going in early to help set up.

Robert wanted to take me out to
Dennis for my birthday with his family
but we couldn't decide early March would
be better since they are going to Hawaii
from ~~Jan~~ Feb 18 to Feb 25. Too hectic
all around.

Scott + Evan want to take me

TIER

DATE

out for dinner (birthday) this weekend -
Stuart is supposed to come and help
install the DBS on SBS.

2/15/06 - Lunch Buffet today at Marquee Callaghan
She seems like she's dozing at but she was a
lovely, gracious hostess. I had a woman,
Anna, who stays with her on days - a very
nice black lady - ~~y~~ middle aged. ripe
Was a beautiful day and the ~~ride~~ to
Walnut Creek - Rossmoor was lovely
So many blossoms in bloom
Scotty took Ryan out to lunch So
good of him.

DATE

2/18 - Arlene put up our fence in front. Looks good

Sat
2/18/06. Ever Scott + Kathryn took me out for my birthday to the A St Cafe in Hayward. A nice French place - cuisine. Very good and we were all quite impressed. Played a lot of Scrabble, 300 plus points Some NY Times crossword puzzles

Had tickets to the travelogue - Thailand. Gave them to Esme as a friend of hers. Hope Ray I will be able to make it to the next one. Then using Tom's walker and biker it

Ø made cookies for Maya, Grace & Dad on their plane trip to Maui. They are leaving today for 1 week with Karen. Robert will join them but Lei also going to visit her customers. They will take me to dinner after they get back.

I'm very lucky to have the boys being so good to me + especially Scotty + the two been very kind. Stan helped with my new computer, too. He will be in Florida

DATE

(Orlando) to a WF&S-At meeting next week.

Fred not the Robert is to be the new manager of Greenleaf Apparel and still do his Grow Flood business. David Letourneau will now work part-time for Greenleaf and seek another flood venture. Good Luck to Robert.

Steve called, said he'd come tomorrow to do fixing - I have lined up the little chores like fixing the sink washer, ~~da~~ replacing a on the door sill leading to the garage. Was good of him. He said he'd take me all to dinner, but I went ahead & paid it anyway. Di'gus

Ellen tried to help me with the computer. This Yahoo.com is a lot more complicated than the AOL

DATE

DATE

another day.

2/24/06 - Went to AALW Book club at

Was very nice and Bernie Newmilla

Gave the review of

She did a nice job, as usual

Ray seems on the depressed side. We actually

walked this A.M. He with his wheel chair and

I needed the walk so badly. So we did well

that I walked 15 min longer after I brought

Ray home. He really walked so well. Now

that he knows the seat can be raised

and lowered, he may do better at walking.

My computer is hard to learn, but

and Eileen kind of "lost" some things

AOL was a lot easier it seems to me

Now I've got to have Scott help me with

FAVORITES. It's wiped out by Eileen I'm

sure though I'm sure she didn't realize that

DATE

Tuesday
2/21/06 - Finally called SBC and closed
the [redacted] phone line, called AOL and
closed it, too. They said I could come back in
30 days at $9.95 for 3 or 6 months. Have
A & R Private also
called BAC to see their new set up and
possibly Ray would like to attend a few days
per week. Will visit them tomorrow in their
new location

Naomi Johnson

Maria Mercado RN ~~from~~ representing
that represents Genworth
Came at 6:15 p.m. to give Ray and
Genworth to see if we can qualify
for our long term insurance to
cover this now. Maria is a nurse at
Kaiser Fremont and was working late
today. Asked Ray questions about medications etc.
Ray & I walked. He with the
walker but he was losing control
and I had to grab him and make him

DATE

relax. He walks too fast and doesn't seem to have control. He's pooped when he gets home.

This computer SBC Yahoo is not very I Felt better today. Maybe it's this nice warm day weather. Cold at nights.

Got mice - Dixie today. Hope I get the ones in the attic and in the garage. They are a mess and make me feel unemptied.

2/22/06 - Ray & I went to Fremont BAC's for day care. I wonder what he was thinking as we had to wait 1 hour for the dietitian who was out to pick up things. The people there were very old, of course, and were making little patterned things. They have different activities every day. They seem to have a good number of people working as assistants.

In the afternoon

came Alvis the public relations person.

DATE

Came to ask about our needs for Ray.
Actually Ray seems okay yet. And its hard
for me to understand his needs. I don't
want him to feel abandoned. He now
begining to ask me when I got home. I
must be sure to get home when I tell him
when to expect me

This seems pretty reliable.
The price was good and the co was started in
1990. Alicia has been with them since 1996
Their caregivers range in age 40 - 50 years old.

Ray told me he was so tired tonight, Judy
~~asked him~~ told me he was on the treadmill
for ½ hr which is too long for him. He
asked Jean how long he could use the
treadmill - short runs or long, She told
him long time is okay. I'm so darn mad
at Jean. She doesn't know how
poorly Ray is doing these days and to

DATE

tell him to ride as long as he wants to. It is hard on him and if he falls as he almost fell off his chair in his first night after telling me how beat he was after using the treadmill, I mean the computer. In fact he told me he was going to bed and I told him he should take off his outer clothes as he always does at nite. His memories cause him to forget things. Ray told me to discontinue the IBD but I told him it has another year to go. I think I'll just let it run so he won't feel a gradual withdrawing from life around him.

2/22 - didn't go to DAHS volunteer. Need to ask Pearl to drop me. Have asked her before but she says to come when I can. Had a meeting at BAC in Fremont and

DATE

DATE

a 2PM meeting at home with

2/23/06 - Dwight GSF Symphony band made it on time.

2/24 - The church 55+ group went to the Wyoming ~~Historical~~ Historical Society Museum today.

We didn't go since the step would include the

Japanese garden and Ray just can't walk

very much. Heard that Adrian Mingus

did the WAHS history to the church group

later. Adrian is a good friend and has

done a great job for the Historical Society

during her tenure there.

SH

2/25/06 - Quilt Fair at Eden Hospital. I wasn't feeling

pretty well or just lousy. I have AALW

letter I know all want to know how I am

feeling. Didn't get a lot, I know and it

shows. Picked up a lot of reading

material.

Didn't see this afternoon.

DATE

Very good movie which Ray enjoyed too. Ray is getting corrected but getting around with Tonie walker Walter came over to trim the fruit trees. Did a nice job. I wonder if will have many plums this year. Our apricots look good. At least Ray went outside to watch him awhile. Ray need to stay outside

2/26/06 Rain! and cold again. Went to church and Ray want to dress need to wear a flannel shirt. He want to let his T shirt on and a sleeveless sweater under his sweater and that was all he needed. Good all mighty. How can I get him to wear a shirt tomorrow. We are having lunch with Gay Conner. He slept all afternoon and when he got up and came to the kitchen I said "all you do is eat and sleep and he says, "Well can I do" I need to get him to Day Care if only the Dr. Will get the filled forms out to them. I will take awhile I'll bet for all the paperwork to be approved. Jri got so much to do I

DATE

really don't know when to start... Finished
reading Ray, Lastkill records, house
cleaning, Gardening etc. washing & ironing.
Tonight was the closing nite for the Olympics
in Torino Italy. I love watching the opening
and closing ceremonies on TV., Loved watching
Apolo Ohno get his gold on the 500 meter
race. Was great! Also to see the Japanese
skater win the gold.
She is a beautiful skater..

2/27/06 - Rainy again. Gay Connor took us
to lunch at the Olive Garden, The Alvin Garden at
where we went
Smithfield is nicer than the one in Fremont
My duck & mixed the food was delicious!
Ray Archer was fun to read, Gay seemed
sad though this was supposed to be a birthday
party for me. Kari's car really upset her
but I can't tell her that I don't have bad
bad feelings about her - how she

DATE

would call them up for every problem with Kari while Ted + Vic are at work. Would call to make them pick her + Kari up at the airport etc. She misses seeing the grandgirls, it seems when she asks about them. 7 times I need was pleasant and she seemed to be in a hurry to leave. Ray says we should take her to lunch abyss, Walter who turned out treer. 7 times Walt didn't do their work for nothing, I'm sure. 7 Will send a bill.

Trying to catch up on cleaning off my desk but it's slow. Need to see Ted Chay and I hope I hear from Jenny Phillips soon about Mechanic Bank.

2/20/06 Beautiful day after last nites wind and rain. I worked outside to clear some of the trash - put into large canister for pick up tomorrow. - Boy o I went to

DATE

(Well Jan hasn't called yet. Its 2 weeks)

Kansas Alzheimer caregiver meeting
Saw the movie "The Long Road?" (I can't
remember the title) Was good but too long
Nice discussion afterward. Everyone quite
Gabby. Ray couldn't help me put the
Garbage can out tonight. Wanted to take
her walker to clean tonight but I
couldn't fit it into the car trunk.
Ray is getting weather stripping to
use the treadmill every day. Uses Tom's
walker in the house all the time.
~~Got~~ Applied for passport today at 4C post
Office. Long wait. Good thing Ray
didn't want to come. He would
have been too tired standing in the
que to get to us..

Scott called today. Was coming for
lunch tomorrow - bringing sandwiches and
to help with the computer. I sure

DATE

miss the AOL that I've been griping about for the 5 years. The SBC I take and had to get used to, I can see

3/1/06 Finally getting myself together, putting things together like the Morgan Stanley material for Ray and the Phillips stuff. Ray seems to be getting weaker. He needs a walker that doesn't move so fast but I can't figure that out. Marking Joyce Harper at Kaiser to help me also for Lifeline information.

Nice to have Scott bring lunch. He also moved our bed closer to the Ray chest of drawers was a tough job but done well. Now Ray has some support to get up from the bed. Sometimes I think Scott is too inexperienced to do certain things but he does want to help and tries very hard. Nice visit from him, not long enough.

TIME

DATE

3/2/06 - Tried to call Chet & Jackie Chong again. They are gone for the day again. Wrote Jim Phillips and paid his bill. Saw some notes that Marion (Mike) Phillips sent me 20 years ago & more last nite. There a message there, I guess.

Robert and family are back from their vacation to Hawaii and then setting up a birthday & girls day party for this Friday 3/3. He is now the manager of the Hayward store in Hayward and Roy & I know he'll do a great job. He told us he wants the job too.

Bruce Kawamoto called and said he & Jo would like to come over on Saturday. We have a Hayward + KB A shareholders meeting that day. Unfortunately. They want to come and help this campaign. I think and it's so wonderful of them to think of us. They are such busy people.

Stuart called. Said he'd come over after Saturdays meeting to pick up some of

DATE

DATE

Raji took on Hydroponics. Did have to tell her to ask Ray if he can have them. Before ya know it he'll walk away with everything we have. He's a good guy but I need to watch him. He and Jean are alike. And Jean hasn't called this week either. She's a wicked person and her own enemy.

Dear Peter Stebbing sent us a card from Wash DC to thank us for the hospitality.

3/3 - To Roberts for Girls Day. Francis Maya are growing so fast. fast. They are at a very special and lovely age. Maya is in a dance contest tomorrow with a team of jazz dancers. She was a bit nervous this evening before we left. I should have told her to take a deep breath, breathe out slowly for 3 times then have a good time. Put my dolls out today and went to the cemetery.

3/4 meeting for Greenleaf & KB shareholders at Depot Cafe in Fremont. Stuart made a fine

TIME

DATE

To maintain show of courage, hope,
humor & love in the face of Dementia

---

report for KB, all typed out computer. Well agreed and presented well, & Knight. Robert Scott spoke and did well. Scotty really loves his job as CEO of Greenleaf. Better & keep my feeling about Tom Matthews cleverness to myself.

Sliced came over later to Lefgren - finished elec wall socket in Ray's office, put up grab bars in kitchen where Ray sits. Will make a ramp for Ray and his walker into the garage and from the patio down to the walkway in the back yard.

Sunday 3/5 - Ray slept until 9.45 Woke him to go to church. Nice Sermon. Today was coffee hr after church and was very nice. Thot I'd go to a concert in CV but stayed home. Stormy day.
Jean called for all things this evening after the Academy Awards presentation on TV. She seemed well and I told her everything going on here which I had not planned to do.

DATE

Notify in Case of emergency

Aileen Yamato

Koana Tanamachi Reynolds

Hisako Yokoyama

Dorothy
Kris Mazurkiewicz

Dr. Kathie Dorothy Reilly

Joseph S. Biderman

Dr Miki Dorothy Stebbins

DATE

0 26229 77316 7

MADE IN THE U.S.A.
HECHO EN E.U.A.
FABRIQUÉ AUX ETATS-UNIS

77316

NORCOM
Tools For Knowledge

NORCOM, INC.
NORCROSS, GA 30071
www.norcominc.com

2001

	S	M	T	W	T	F	S
JANUARY		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			
FEBRUARY					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28			
MARCH					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
APRIL	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
MAY			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
JUNE						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
JULY	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
AUGUST				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
SEPTEMBER							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23/30	24	25	26	27	28	29
OCTOBER		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			
NOVEMBER					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	
DECEMBER							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23/30	24/31	25	26	27	28	29

2002

	S	M	T	W	T	F	S
JANUARY			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
FEBRUARY						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28		
MARCH						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24/31	25	26	27	28	29	30
APRIL		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				
MAY				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
JUNE							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23/30	24	25	26	27	28	29
JULY		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			
AUGUST					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
SEPTEMBER	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
OCTOBER			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
NOVEMBER						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
DECEMBER	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

2003

	S	M	T	W	T	F	S
JANUARY				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
FEBRUARY							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	
MARCH							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23/30	24/31	25	26	27	28	29
APRIL			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			
MAY					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
JUNE	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
JULY			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
AUGUST						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24/31	25	26	27	28	29	30
SEPTEMBER		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				
OCTOBER					1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
NOVEMBER							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23/30	24	25	26	27	28	29
DECEMBER		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

PERFECT EDGE® PERFORATIONS • PERFORACIONES HOJA CON PERFORACION • PERFORATIONS

OMNI®

100 SHEETS/HOJAS/FEUILLES

7" x 5" • 17.8 x 12.7 cm

WIREBOUND ASSIGNMENT BOOK
LIBRETA DE ASIGNATURAS CON ESPIRAL
CARNET DE LEÇONS À SPIRALE