

19 Scenic Drive
Portland, Ct. 06480
August 1, 1977

Dear Friends,

Last November, the National Institute of Mental Health funded the JACL to sponsor a nation-wide conference in San Francisco on Nisei Retirement. I was one of the participants who attended the work-shop to exchange ideas, cite needs and agree to return to our respective areas to hold similar get-togethers.

Findings from that conference reveal that 60% of the Nisei population are between 51 and 65 yrs. of age, and that they have certain similar traits - don't want to "rock the boat" or discuss "controversial" matters (sex, marriage, supplement), have difficulty communicating with children and/or spouse, don't want to depend on their children in retirement, etc.

In order to follow up on the San Francisco conference, a New England meeting is being considered. The purpose of our meeting will be to measure Nisei interest in retirement and to provide a forum for discussion from which participants can benefit.

Following are possible questions for discussion:

Adjusting to Retirement:

-Have you thought about it?
-What are the ramifications of retiring and old age?
-Are you prepared to make mental and emotional adjustments to both stages?
-Have you talked to your children or family members?
-Have you determined what your actual monthly income will be and how you will adjust to the reduced earnings?
-Where do you plan to live? Do you feel you have to move?
-What will you do at the point of utter dependence - live with your children? What are the options?
-Have you made a will?
-Will you be able to cope when and if:
 - your spouse dies and you have to live alone?
 - you lose your job unexpectedly before retirement?
 - your expectations alter (like moving near your children and they move or living with your child doesn't work out, etc.)?
 - you become seriously ill?

Uniqueness of New England Nisei in Retirement:

-Do you have anxieties regarding parents who live with you and feel isolated from their peers? ...who live in some distant area alone?
-Have you thought about moving to a warmer place..one that's familiar to you like the West Coast?
-How can we locate Issei and Nisei who are in need of support?
-Are we so assimilated now that we don't need even this type of dialogue?

I would appreciate your taking the time to complete the following and returning it to me by August 25th, 1977 so that we can determine the need for a future workshop. My address is - Nobu Hibino (Mrs. D. Y. Hibino)

19 Scenic Drive
Portland, Connecticut 06480

Thank you!
Nobu Hibino

I'm a Nisei, Issei-permanent resident....., Issei-employed by a Japanese firm....., Sansei.....

I'm married....., single....., widow....., widower.....

My spouse is Nisei....., Issei....., Sansei....., other.....

I'm retired....., approximately yrs. from retirement.

As an adult, have/had your parents ever lived with you?

Yes....., no..... Foryrs.

Do you live independently?.....with your child?.....

in Senior Citizens apartment?..... in nursing home?.....

Do you plan to retire where you live presently?..... Move back to

where you came from which is relocate

near where your children live which is

I would be interested in participating in a Nisei Retirement workshop

.....: on a Saturday....., on a Sunday

full day....., 1/2 day in the Boston area.....

I would not be interested

Do you know of any Issei and/or Nisei who may also be interested in this type of dialogue?..... Their names and addresses are:

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Do you know of any Issei and/or Nisei living alone or otherwise who can use support?..... Their names and addresses are:

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Topics I would like to have covered aside from those mentioned on the first page are

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Name:

Address:

Phone No.