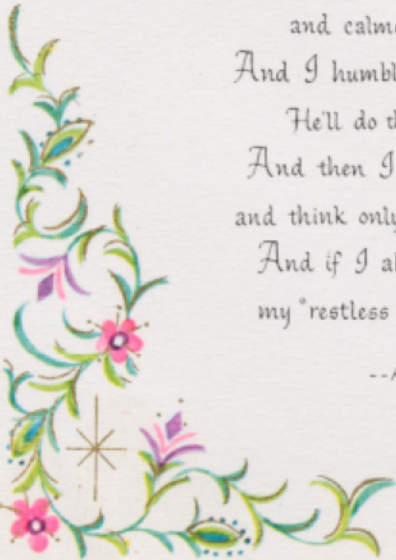



"Let Not
Your Heart Be
Troubled"

FROM
*THE INSPIRATIONAL
WRITINGS.*
OF HELEN STEINER RICE

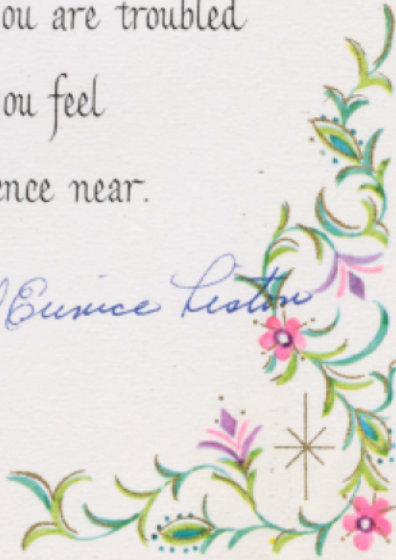

May the peace of Christmas
Fill your heart with quiet cheer,
And may these lines bring comfort
To you throughout the year.





Whenever I am troubled
and lost in deep despair
I bundle all my troubles up
and go to God in prayer...
I tell HIM I am heartsick
and lost and lonely, too,
That my mind is deeply burdened
and I don't know what to do...
But I know He stilled the tempest
and calmed the angry sea
And I humbly ask if in His love
He'll do the same for me...
And then I just KEEP QUIET
and think only thoughts of PEACE
And if I abide in STILLNESS
my "restless murmurings" cease.

--HELEN STEINER RICE



God bless you
at Christmas
And go with you
through the year,
And whenever you are troubled
May you feel
His presence near.

Bill & Eunice Lester

[redacted]
Texarkana, Texas.



Mr & Mrs Ken Kodama

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