

Liberties Union Backs Jap Suit

LOS ANGELES, Aug. 20.—(AP)—The American Civil Liberties Union has intervened for Mrs. Toki Wakayama, California-born Japanese interned at the Santa Anita reception center, against the constitutionality of Lieut. Gen. J. L. De Witt's internment order.

The union's petition, filed in United States District Court, states General De Witt's order was arbitrary and encroached upon the rights of civilian authorities. It asks that American-born Japanese,

as distinguished from enemy aliens, be allowed to move to unrestricted parts of the nation after concluding their business affairs here. Mrs. Wakayama is the wife of Ernest Wakayama, also an American citizen, who served in the First World War.

Because of a shortage of opticians and materials in a town near a large British prisoners-of-war camp in Germany, men needing spectacles are now permitted to get them from Great Britain through the Red Cross.

Eire's new hydroelectric project will provide Dublin with 30,000,000 units of electricity yearly.

Capra, Film Director, Gets Army Promotion

WASHINGTON, Aug. 20.—(AP)—The War Department yesterday announced the promotion of Maj. Frank Capra, motion-picture director, to the rank of lieutenant colonel, and of Capt. Robert E. Kintner, a former newspaper columnist, to the grade of major.

The department also announced that Dr. Paul A. Siple, Pa., who, as geographer with Rear Adm. Richard E. Byrd on three Antarctic expeditions, has been

Commissioned a Captain and Assigned to the Quartermaster Corps as Climatic Specialist and Adviser on Cold-Weather Clothing

He served several months last year in a similar capacity as a civilian.

Editor Resigns, Joins Navy
LOUISVILLE, Aug. 20.—(AP)—Resignation of Herbert Agar as editor of The Louisville Courier-Journal was announced yesterday by Mark Ethridge, general manager of The Courier-Journal and Times. Agar, who has been on leave of absence, was called to active duty with the Navy last week.

Swamps Searched For Attack Suspect

MEDIA, Pa., Aug. 20.—(AP)—Police aided by a posse of armed soldiers combed swamps and woodlands today for a "handyman" wanted in the beating and disrobing of Miss Marise Saitto, pretty 19-year-old daughter of a former Italian nobleman.

The attack Tuesday was the latest of a series of assaults on women—four of them unsolved slayings—which has terrorized this area.

Miss Saitto described her assailant as a Negro looking like a

Handyman, Roughly Clad Giant, Said She Recognized a Police Picture of the

roughly clad giant, and said she recognized a police picture of the handyman.

Army Solves Milk Problem
TACOMA, Aug. 20.—(AP)—Milk-supply problems that bothered Fort Lewis officials when deliveries from Oregon were cut off have been solved through purchase of milk from Southwest Washington dairy farms. Army officers said today.

Mexican troops recently frustrated a bandit raid on pines near Guanajuato City, the raiders dropping a large amount of stolen money and tools and fleeing to the hills when the soldiers opened fire.

More Boys, Girls Wanted at Camp

Several additional boys and girls can be taken care of at the Youth Farm Aid Camp near Auburn, Bernard LeMay, representative of the United States Employment Service at Auburn announced today.

Of 39 trucks sent to the camp yesterday by farmers, to transport harvest workers to their farms, 24 had to return empty.

The Auburn camp is equipped with recreational facilities and provides board and a room for 55 cents a day. Supervision is offered for

the young people who must be between the ages of 12 and 18. Those desiring to go to the camp should first consult the United States Employment Service at Seattle or Auburn.

Miss Hunter Nominated
Miss Lila A. Hunter, Franklin High School teacher who is in Gary, Ind., attending the annual convention of the American Federation of Teachers, has been recommended to the federation's executive council, the Associated Press reported today. John M. Fewkes, Chicago, was elected president of the federation.

SAFeway Homemakers' Guide

NUMBER 57 ★ Interesting facts about the world's most versatile food ★ Lists of real money-saving foods ★ A four-part story about a great discovery



Safeway prices are as low early in the week as they are on weekends

Let Safeway Save You Money on Your SOAP AND SHORTENING COUPONS

Things you may not know and should ... about tomatoes

An article prepared by the Safeway Homemakers' Bureau

Tomatoes are without question the most versatile of all foods. They have a place at every meal—tomato juice, soup, salad, sandwiches, sauces, relishes—and they are equally good cooked or uncooked.

Tomato connoisseurs say the best way to enjoy them is to first scald them, then chill, peel, slice, and salt them. But there are many other ways, too.

Tomatoes are wonderful for adding sparkle to other foods—meats, macaroni and spaghetti dishes, and vegetable casseroles. You'll find that round steak, pork or veal chops and steaks, shoulder lamb chops, and similar cuts of meat are more tender and flavorful when braised in tomato juice or tomato soup instead of water.

Another thing—tomatoes not only taste good, they're also rich in Vitamins A and C. Vitamin C, often so elusive, is protected by the natural tomato acid, so that you can scald, cook, and can tomatoes without sacrificing much of the vitamin.

This is the season when tomatoes are ripe and juicy in most parts of the country, and it's a good time to put up tomato juice. The juice is almost as versatile as tomatoes themselves. Serve it hot or cold, as is or highly seasoned, or combined with other liquids. For peppy flavor, add lemon juice and Worcestershire sauce. For different-tasting cocktails, combine tomato juice with equal amounts of chilled pineapple, grapefruit, or sauerkraut juice, or with hot or chilled clam juice, consommé, or bouillon. Or make tomato juice into aspic.

TOMATO JUICE
10 lbs. tomatoes 2 tps. salt
Wash and core but do not peel tomatoes. Cut in eighths. Place in large 8-qt. kettle; add 2 cups water; cover; boil 10 minutes. Put through sieve to remove seeds. Add salt and heat to boiling. Pour into hot sterilized jars or bottles; seal; and pasteurize (directions follow). Makes about 7 pts.

Bottling and Pasteurization: Do not use lids with zinc tops. Wash jars thoroughly; sterilize by placing in boiling water for 10 minutes. Heat juice to 175° F. to 180° F. Pour into hot jars, filling just to 1 1/2 inches from the top to allow room for expansion. Seal at once, according to type of lid. Place hot jars in water which has been heated to 160° F. to 185° F. Stand jars upright on rack; have completely covered with water. Heat water to 175° F. to 185° F. and hold temperature 30 minutes. Do not heat higher than 185° F. Remove immediately from hot water. Test seals for tightness. Let cool undisturbed in place free from draft. Then wipe off and store.

More About Tomatoes
Read more about the many uses of tomatoes in the Family Circle of August 21. The article is filled with cooking tricks and recipes. Family Circle comes out every Thursday—free at Safeway.

Safeway Homemakers' Bureau
JULIA LEE WRIGHT, Director

Dressings, Catsup, etc.

- MAYONNAISE, Nu-Made quart 43c
Top-quality, freshly made. (Print 25c)
- SANDWICH SPREAD quart 39c
"Lunch Box," with mayonnaise base. (Pt. 24c)
- HEINZ KETCHUP 2 for 35c
Made from pure red-ripe tomatoes; 14-oz. bottle.
- SNIDER'S CATSUP 14-oz. 15c
Pure tomato catsup from ripened tomatoes.
- OLD MILL VINEGAR quart 13c
50-Grain pure cider vinegar—full quart bottle.
- WHITE VINEGAR quart 16c
Heinz' pure apple cider or white vinegar.
- CIDER VINEGAR gallon 23c
"Our Choice" cider vinegar—1-gallon jug.

Canned Food Values

- CLING PEACHES 2 for 37c
"Castle Crest" yellow cling halves; 29-oz. tins.
- APPLE BUTTER 38-oz. jar 19c
"Misselmann's" tasty spread.
- TOMATOES 29-oz. tin 12c
Silver Dale brand, packed in puree.
- TOMATO HOT SAUCE 3 for 11c
Gardenide, spicy tomato sauce; 8-oz. tins.
- PUMPKIN, 28-oz. tins 3 for 25c
Invalde brand, for delicious pies.

Pet Foods

- BIRD SEED 10-oz. carton 11c
Fronch's famous bird seed mixture.
- KELLOGG'S GRO-PUP 23c
Kellogg's new dog food sensation. 25-oz. pkg.
- CENTENNIAL DOG MEAL 29c
Buy this large 5-pound economical package.
- KIBBLED DOG FOOD 55c
"Mankind" brand, for all dogs—5-lb.

North Star Kibbled Dog Food

3-lb. pkg. 29c
A convenient, tasty, nutritious food for all dogs... Your dog will welcome this fine treat.

Baby Foods, Canned Milk

- GERBER'S BABY FOOD, 12 for 79c
Gerber's baby or junior foods; 4 1/2-oz. tins.
- LIBBY'S BABY FOOD 12 for 75c
Libby's straight and combination; 4 1/2-oz. tins.
- HEINZ BABY FOOD 12 for 83c
Heinz strained assorted foods; 4 1/2-oz. tins.
- SOUP MIX, 1 1/2-oz. 2 for 15c
"Minute Man" dry soup mix; quick, economical.
- FEDERAL or CHERUB 6 for 49c
Canned Milk; tall 14 1/2-oz. tins (Case 3.92).
- CARNATION MILK CASE 7 tall 59c
Also Borden's, Pet and Special Morning.

Lard and Shortening

- ROYAL SATIN 3-lb. jar 58c
Pure vegetable shortening, in wide-mouth jar.
- CRISGO 3-lb. tin 69c
A light, fluffy vegetable shortening.
- PURE LARD 1-lb. 18c, 2-lbs. 35c
Pure, fresh kettle rendered lard.
- NUSPREAD, 13-oz. pkg. 2 for 49c
Pure vegetable margarine for cooking, table use.
- MAID-O-NUT, 13-oz. pkg. 2 for 49c
A Washington product, for cooking & table use.

Breakfast Cereals

- CORN FLAKES 6-oz. pkg. 5c
Kellogg's fresh, crisp corn flakes.
- WHEATIES, 8-oz. pkg. 2 for 21c
Try this "champion cereal" with fresh fruit.
- KELLOGG'S VARIETY PAK 23c
Or Post-Tens, 10 assorted individual cereals.
- HEINZ RICE FLAKES, 6 1/2-oz. 10c
Heinz famous rice cereal.
- RY KRISP 13-oz. pkg., 2 for 29c
Tasty, nutritious rye wafers, (12-oz. pkg. 22c)

GOOD TIMES AHEAD FOR ENTICING MENUS... FRESH ROASTING EARS... JUICY GREEN BEANS... LUSCIOUS CANTALOUPE AND WATERMELONS... SEED-LESS GRAPES... AND SOON WE'LL HAVE THE BEST OF ALL... WASHINGTON'S FAMOUS "ELBERTA" PEACHES!

GUARANTEED-FRESH PRODUCE

Selected by experts, then it's shipped direct to Safeway. If it fails to satisfy you completely, we'll refund all your money.

FRESH CORN

Garden grown golden bantam corn... juicy, tender kernels... steam them... enjoy them dripping with butter... boy!... what a treat!

2 1/2c PER EAR

- KLONDYKE WATERMELONS, Black Seeded... lb. 5c
- GRAVENSTEINS, extra fine apples for cooking Lb. 8c
- LARGE LEMONS, extra large juicy Sunkist Lb. 10c
- ORANGES, extra sweet Sunkist Valencias Lb. 7 1/2c
- HALE PEACHES, sweet ripe California grown Lb. 8c
- DRY ONIONS, Walla Walla, yellow dry onions Lb. 3c
- TOMATOES lb. 6c, 18-lb. box 98c, 16-lb. box 93c

GREEN BEANS

Now here's something! Fresh-picked, locally grown garden beans... try them cooked with slices of bacon... a can of tomato sauce... and a touch of garlic!

lb. 5c

Prices Subject to Market Change

GANTALOUPE
Extra sweet, juicy Yakima Cantaloupes
lb. 3 1/2c

FANGY GRAPES
Thompson Seedless Concordia Valley
lb. 12 1/2c

TOMATOES
No. 1 Outdoor Growth
Per pound... 6c
16-lb. box... 93c
18-lb. box... 98c

C-H-E-E-S-E

VICTORY FOOD SPECIAL for this week is CHEESE! A temporary surplus of CHEESE coupled with its highly nutritious qualities and its economical price make it a desirable food in today's menus. As a meat substitute, cheese holds first place! We are urged to use MORE cheese, and here's why: GOLDEN IN NUTRITION; PLENTIFUL for Everyone; EASY to Keep; ECONOMICAL to Use; FILLED with Energy; VARIETY in Flavors; READY to Serve!

CHEESE A VICTORY FOOD SPECIAL

"Darigold" or "Luxury" mild, full cream, American Cheddar cheese, properly aged. First quality mild American Cheddar cheese.

PER POUND 29c

RED SKIN CHEESE lb. 43c
Fancy, Aged, Sharp Wisconsin

KRAFT CHEESE 1/2-lb. pkg. 19c
Swiss, American, Velveeta, Limburger, Pimento and Brick.

KRAFT CHEESE 1-lb. pkg. 36c
Your choice of American, Brick, Swiss and Pimento.

PABST-ETT CHEESE 6 1/2-oz. pkg., 2/35c
Soft, creamy cheese food; Plain or Pimento.

KRAFT CHEESE FOOD SPREAD 5-oz. glass 14c
Made with Fine American Cheddar. Plain or Pimento.

COTTAGE CHEESE 1-lb. ctn. 18c
Kraft's country style, creamed, and with chives added.

KRAFT PHILADELPHIA 3-oz. pkg. 9c
Famous double creamed cheese. Plain or Pimento.

KRAFT'S SWANKY SWIG cheese spreads... double creamed... 4 kinds.
5-OZ. JAR 15c

KRAFT'S Process cheese... American, Swiss, Brick, Velveeta.
3-lb. PKG. 60c

RITZ CRACKERS National Biscuit Co. Famous Butter Wafers
1-lb. Pkg. 22c

Grapefruit Glenn Aire, fancy quality, whole segments of grapefruit.
20-oz. can 14c

Comfort Tissue Try this quality toilet paper in the family package.
4 rolls for 23c

Oxydol Soap Granulated soap, makes quick soft suds in any water.
24-OZ. PKG. 2 pkgs. for 45c

Borax Soap Chips A fast-acting soap for general household use—22-OZ. PKG.
2 pkgs. for 43c (Borax Powder, 2-lb. 24c)

Su-Purb Pure granulated soap, with a hand lotion ingredient.
24-OZ. PKGS. 2 pkgs. for 39c

SAFeway GUARANTEED MEATS

Regardless of cut or price Safeway meats are guaranteed to be tender and juicy—or all your money back.

- Prices Subject to Market Change
- FRESH HALIBUT, freshly caught Pacific Halibut Lb. 35c
 - FRESH SALMON, tasty deep-sea Salmon Lb. 35c
 - SLICED BACON, Hormel's 1/2-lb. cello wrapped Pkg. 21c
 - LAMB STEW, lean, meaty U. S. graded "good" Lb. 15c
 - LAMB CHOPS, rib or large loin cuts U. S. "good" Lb. 37c
 - VEAL STEAK, tender cuts of young veal Lb. 35c
 - VEAL STEW, lean meaty cubes of veal Lb. 19c
 - LEG OF VEAL ROAST, leg or rump cuts Lb. 36c
 - COLORED FOWL "Redi-Drawn" Lb. 52c
 - LEGHORN FOWL "Redi-Drawn" Lb. 49c

LOOK WHAT DIANE'S DISCOVERED!

WHY! WHY! WHY! MUST YOU ALWAYS DO ALL YOUR SHOPPING SATURDAY—THE ONE DAY WE'RE FREE TO DO WHAT WE WANT.

EVERY SATURDAY WE HAVE THE SAME ARGUMENT. HE SHOULD KNOW YOU HAVE TO SHOP ON SATURDAY IF YOU WANT TO SAVE MONEY.

OH, BUT YOU'RE WRONG HERE, DIANE. HERE, LET ME SHOW YOU TODAY'S SAFEWAY AD.

GOSH, SHARON, I WISH I'D BEEN TOLD ALL THIS SOONER.

SEE, SAFEWAY'S ADVERTISED SATURDAY PRICES ARE NOW GOOD EARLY IN THE WEEK AND LOOK HOW LOW THEY ARE!

GEE, DIANE, THIS IS SWELL SATURDAY SHOPPING DONE ALREADY. NOW COME SUCH A SMALL ORDER!

WELL, I READ SOMETHING THE OTHER DAY THAT TAUGHT ME A LESSON. NOW I GET MY "BIG ORDER" IN ON A WEEKDAY AT SAFEWAY AND THEN JUST RIL IN MY WEEK-END NEEDS ON SATURDAY. IT SAVES TIME, TROUBLE AND MONEY.

WHY DON'T YOU GET YOUR "BIG ORDER" ON A WEEKDAY, TOO?

Not only will you have more time to play on week-ends, but you'll be able to shop more leisurely if you get your big grocery order on a weekday. Safeway's specially low advertised prices, you know, are good early in the week just the same as on week-ends.

PRICES EFFECTIVE FRIDAY THRU THURSDAY—AUGUST 21-27

NO SALES TO DEALERS

SAFeway